



**Life, Halls  
& Health  
Survey  
Report**

# Dig-In's Life, Halls & Health Stats

Have you ever had a big fall-out with a roommate?

48% NO! NO DANGER OF THAT HAPPENING!

23% YEAH BUT IT'S FINE NOW

15% YES AND NOW WE HATE EACH OTHER.

14% NO, BUT I CAN FEEL ONE COMING...

# 41%

of students say **feeling part of a community** has the most impact on their wellbeing

# 55%

of students say **having access to supported events and activities** has the most impact on their wellbeing

## How much impact does the space that you live in have on your wellbeing?

59% HIGH IMPACT

32% A LOT OF IMPACT

7% SOME IMPACT

1% LITTLE IMPACT

1% NO IMPACT

## Would you expect a landlord to create a space that has a positive impact on wellbeing?

85% YES 15% NO

# Would you ever hook up with a roommate?

64% ABSOLUTELY NOT!

26% YEAH SURE WHY NOT?

5% I ALREADY HAVE AND I'M GLAD I DID!

4% I ALREADY HAVE AND I'M NOT PROUD...

2% DEFINITELY!

62%

of students say a **good nights sleep** has the most impact on their wellbeing

37%

of students say a **access to outdoor space** has the most impact on their wellbeing



# What annoys you most about roommates?

73%

Hooking up too much

42%

Not washing/cleaning up

30%

Stealing your food

27%

Poor hygiene & being noisy

49% of students say what you eat has the most impact on your sleep

30% of students say anxiety levels has the most impact on your sleep

**90% of students expect a landlord to provide affordable living spaces to support their wellbeing**

**77%**

of students expect a landlord to **provide well-designed light and space** to support their wellbeing

**70%**

of students expect a landlord to **provide strong customer service** to support their wellbeing

**71%**

of students expect a landlord to **provide places to study** to support their wellbeing

**63%**

of students expect a landlord to **provide places to socialise** to support their wellbeing

**Where are students currently living...**

**33%** In a rented shared private house

**28%** In a purpose-built block of student accommodation (private)

**26%** In a purpose-built block of student accommodation (university)

**9%** At parent's home

**4%** Other

**60%** of students say drinking alcohol has the most impact on their sleep

**Want  
to know  
more?**



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