

SENIOR LIVING COMMUNITY SEARCH CHECKLIST

Senior living communities offer a wide range of benefits for older adults. You can enjoy an independent and vibrant lifestyle along with the security of knowing caring staff are available when you need them. Independent living, assisted living and memory care communities provide plenty of social opportunities, services and amenities that can support healthier, happier golden years.

The first step in enjoying these benefits is choosing the right senior living community. Use the checklist of questions below as you consider options during your senior living search.

Where do you want to live? Look for a senior living community that meets some of these criteria:

- Is located in a climate you enjoy
- Is near to friends and family to better support visits
- Is in your hometown or a town you're comfortable with
- Provides access to attractions you're interested in

What services do you need?

Communities offer a range of care levels, so look for one that meets your needs when it comes to managing chronic conditions, medication or daily assistance requirements

What activities are you interested in?

Are you looking for a quiet lifestyle with only a few other residents? Or do you want to socialize regularly and participate in robust game nights? You can find communities that support all types of personal preferences

Do you want to live in a faith-based community?

If your faith is important to you, living in a community where worship services and other activities are a priority may be a good option

What level of independence do you want to support?

Do you still drive, and is it important that you're able to maintain this level of independence? Do you want to clean your own home and cook all your own meals, or are you looking for assistance with housekeeping and restaurant-style dining options? Answers to these types of questions help you find the right community

What preferences do you have for living accommodations?

Some communities offer everything from private rooms to whole cottages. Others have one- or two-bedroom apartments. Knowing what you want helps you quickly determine if a community offers the kind of floor plans that are right for you

Are you looking for long-term care options?

If you prefer to choose a community and stick with it for many years to come, you might want to look for one that offers various levels of care. This lets you enjoy life in the same community and with the same amenities for longer

