



# Europe x Japan

## Transactional Analysis in Counselling

Cultural Exchange and Supervision Days

Four times on Saturdays across 2021

**Online over Zoom**



## **Why**

Transactional Analysis is a humanistic psychology that roots in western culture. In this supervision our goal is to develop ways together, in which TA can be applied to Counselling in Japan. Participants will develop the ability to adapt TA concepts to their cultural and working context aiming to support their clients on their way to a healthy coping mechanism regarding their challenges of their personal and professional lifes.

## **Who**

You are working as a counsellor in Japan. You have the experience of at least 100 hours of TA training. You are curious to learn and discuss TA models in the context of counselling. You want to be part of a group that explores ways to utilize TA within your cultural context. This group will consist of four TA students.

## **What**

Together we will create a safe learning space in an atmosphere of productive curiosity. The structure of each session will include an input and discussion about one TA concept and one or two supervision sessions for participants who are bringing a view topics about their counselling practise.

The curriculum will be scheduled as soon as four group members are being found, as each participant will be invited to vote for one TA concept that is of interest to them.

## **How**

This co-creative approach might already be a challenge to the Japanese culture and could be a good source of discussion within the first workshop. We will be working in Japanese translating to English.

## **Where & When**

### **Location**

We will be working online using Zoom as a platform.

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### **Dates**

We'll be meeting four times on Saturdays across 2021, on March 27th, June 5th, August 21st and on November 27th.

### **Times**

Each session is scheduled from:  
9 AM - 1 PM MEZ - German time  
5 PM - 9 PM JST - Japanese time

### **What it costs**

The annual fee is 240.00 € plus valid VAT. That equals 60.00 € plus valid VAT per day. The costs for the translator will be shared among all participants. All sessions are recognised by the DGTA, EATA and ITAA as TA training hours.

I look forward to your presence and your topics!

Warm regards

A handwritten signature in blue ink that reads "Nicole Leunert".

**Register Online**

[WWW.BIT.LY/AMAE-REGISTRATION](http://WWW.BIT.LY/AMAE-REGISTRATION)

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