

## He Told You So

### Scripture Reference:

**Luke 24:1-12 (NIV):** On the first day of the week, very early in the morning, the women took the spices they had prepared and went to the tomb. <sup>2</sup> They found the stone rolled away from the tomb, <sup>3</sup> but when they entered, they did not find the body of the Lord Jesus. <sup>4</sup> While they were wondering about this, suddenly two men in clothes that gleamed like lightning stood beside them. <sup>5</sup> In their fright the women bowed down with their faces to the ground, but the men said to them, “Why do you look for the living among the dead? <sup>6</sup> He is not here; he has risen! Remember how he told you, while he was still with you in Galilee: <sup>7</sup> ‘The Son of Man must be delivered over to the hands of sinners, be crucified and on the third day be raised again.’” <sup>8</sup> Then they remembered his words. <sup>9</sup> When they came back from the tomb, they told all these things to the Eleven and to all the others. <sup>10</sup> It was Mary Magdalene, Joanna, Mary the mother of James, and the others with them who told this to the apostles. <sup>11</sup> But they did not believe the women, because their words seemed to them like nonsense. <sup>12</sup> Peter, however, got up and ran to the tomb. Bending over, he saw the strips of linen lying by themselves, and he went away, wondering to himself what had happened.

**Main Idea:** Peter and the other disciples were searching for the dead body of their friend Jesus. The scripture informs us that Peter was wondering what happened. The pain and grief they felt when Jesus was killed left them in a mental state that did not allow them to recall the words of Jesus before this all happened: “I will rise again.” God is continually revealing aspects of His glorious plan to His children. A challenge that we encounter is remembering what God has spoken when we have grief heavy on our hearts and minds.

### Three Ways We Remember What God Said:

- 1. Grieve With Hope—** One charge we have as a believer is to grieve with those who are grieving. However, we are taught to grieve in a manner that shows we are still hopeful. When we grieve with hope, we are not overcome with a spirit of grief that clouds our minds and causes us to forget what the Lord has declared.

**1 Thessalonians 4:13 (NIV):** *Brothers and sisters, we do not want you to be uninformed about those who sleep in death, so that you do not grieve like the rest of mankind, who have no hope.*

**Question: Although you have given your life to Christ, do you still struggle to be hopeful when you grieve?**

**2. Knowing God Can Do the Impossible**— The enemy uses the cares of this life and the grief associated with them to keep us from remembering God’s words. When we enter every season of life knowing that situations that are impossible for us are possible for God, it allows us to remain grounded in what God already declared amid our pain and our doubts.

**Matthew 19:26 (NIV):** *Jesus looked at them and said, “With man this is impossible, but with God all things are possible.”*

**Question: In the moment, sometimes we overlook the significance of an event. Looking back however, can you confidently say you witnessed God do something that would have truly been impossible for men in their own strength?**

**3. Understanding I Went In Anointed** – Whatever God has anointed us to do, He has also anointed us to come out of. The anointing gives us not only the ability to execute God’s will in a situation but to also exit the situation with clarity in God’s sovereign timing.

**Luke 1:18 (NIV):** *The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free,<sup>19</sup> to proclaim the year of the Lord’s favor.”*

**2 Corinthians 1:21-22 (NIV):** *Now it is God who makes both us and you stand firm in Christ. He anointed us,<sup>22</sup> set his seal of ownership on us, and put his Spirit in our hearts as a deposit, guaranteeing what is to come.*

**Mark 14:8 (NIV):** *She did what she could. She poured perfume on my body beforehand to prepare for my burial.*

**Question: Since God has anointed us to be able to leave a situation that feels like death, why does He lead us to the situation in the first place? Why bother?**

**Closing Thoughts:** The Resurrection of Jesus from the dead is the most important event in human history. This event can only impact me in a meaningful way if I allow myself to be immersed in the why of this event. He died and rose so that I could be justified in my past, present, and future. Jesus went to the cross remembering what God said. Perhaps we have

trouble taking up our cross because at our core we are not sure that we can believe that God will deliver us. Faith comes by hearing, and hearing by His word. May we consistently repeat God's words over and over to ourselves so that we believe Him when He tells us that we can enter dead situations and still come out alive.

**Call to Action:** When the disciples remembered what God said and believed He was alive, it changed how they interacted with each other and the world. This week allow God's Spirit that raised Jesus from the dead to lead you into situations in which you can bring hope and joy back to someone in the same manner Christ did with His resurrection power.