

Have fun learning and playing
with your preschooler!

First, watch
this week's
video!



Bible Story

Armor of God
(Ephesians 6:10-17)

Remember This

"Trust in the Lord
with all your heart."
Proverbs 3:5, NIV

Say This

Who can trust God?
I can trust God.

Activity

Aluminum Armor

What You Need

Bible, scissors, and rolls of aluminum foil

What You Do

Choose one family member to be the soldier. As a family, dress that person in aluminum armor. You will create a breastplate, shield, and helmet with aluminum foil.

Say, "In our Bible story, we heard about a special armor. It's kind of like what a soldier wore a long time ago when they would go to battle. Let's use this aluminum foil to make some pretend armor. *(Make the aluminum armor together.)*

"This is a helmet. *(Put on the aluminum helmet.)* When we trust that God loves us so much He sent Jesus to be our friend forever, it's like wearing a helmet to protect us.

"And this is a breastplate. *(Put on the aluminum breastplate.)* When we trust God and go His way, it's like wearing a breastplate to protect us.

"This is a shield. *(Hold up the aluminum shield.)* When we trust God, it's like holding up a shield to protect us from danger.

"And this *(hold up a Bible)* is the . . . *(pause)*. Yes! This is the Bible. The Bible is like a sword. When we trust God and follow what He says, it helps us battle what is wrong and do what is right.

"When we trust God, He gives us special armor to protect us. It's not the armor we wear like clothes. It's a very special armor that protects us when we trust God and go His way. Tell me, **who can trust God? I can trust God!** Yay! I can trust God!"

Prayer

Dear God, thank You for giving us so many special things to remind us that we can trust You. Thank You for the helmet that reminds us that Jesus wants to be our friend forever, the breastplate to remind us that going Your way will protect us, and the shield to remind us that trusting You will protect us. And thank You for giving us the Bible to teach us how to go Your way. We love You, God. In Jesus' name, amen.

MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn



1. PILLOW HUNT

[HEAR FROM GOD | MEMORY VERSE REVIEW]

WHAT YOU NEED: Heart-shaped pillow

WHAT YOU DO:

BEFORE THE ACTIVITY: Hide the pillow around the activity area. Ask the children to look for the pillow.

DURING THE ACTIVITY: When a child finds the pillow, ask them to hold it while you say the memory verse with the class. Repeat several times.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Today, we're going to go on a pillow hunt! I hid a heart pillow in our room! Let's see who can find it!" (*Do activity.*)

DURING THE ACTIVITY: "Yay! [Child's name] found the pillow. [Child's name] may hold the pillow tight while we say our memory verse together! (*Continue activity.*) Great job! Let's do it again!" (*Finish activity. Help other children find the pillow so others have a turn.*)

AFTER THE ACTIVITY: "Our memory verse tells us that we can always trust God! **Who can trust God? I can trust God!**"

BIBLE STORY

God helps me stand strong.

ARMOR OF GOD
EPHESIANS 6:10-17

MEMORY VERSE

"Trust in the Lord with all your heart."

PROVERBS 3:5, NIV

KEY QUESTION

Who can trust God?

BOTTOM LINE

I can trust God.

BASIC TRUTH

God loves me.

MADE TO CREATE

an activity that allows preschoolers to review the Bible story, bottom line, or memory verse by creating a craft to take home



5. PARTS OF ARMOR

[LIVE FOR GOD | APPLICATION ACTIVITY]

WHAT YOU NEED: "Soldier" and "Parts of Armor" Activity Pages; cardstock; safety scissors; glue sticks; and a permanent marker

WHAT YOU DO:

BEFORE THE ACTIVITY: Copy "Soldier" and "Parts of Armor" on cardstock, one each per child. Write child's name on their "Soldier" paper.

DURING THE ACTIVITY: Have children cut the "Parts of Armor" out and glue to their "Soldier." Optional: Leader precuts the pieces.

AFTER THE ACTIVITY: Review the Bible story.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Hello, friends. Come sit with me, and let's dress our soldier."

DURING THE ACTIVITY: "Everyone has a soldier (*hold up the soldier*) and a page of the soldier's armor. (*Hold up the "Parts of Armor."*) Cut the armor out and glue it to your soldier to keep him protected. (*Pause.*) Nice job! Let's talk about the armor your soldier has.

"What does he have on his head? (*Pause.*) A helmet, that's right! And what does the helmet do? (*Pause.*) It protects his head. Pretend to put on your helmet. (*Pause.*) When we remember that Jesus is our friend forever, it's like we put on a helmet that protects our head. What does the soldier have on his chest? (*Pause.*) It's his breastplate. Pretend to put on your breastplate. (*Pause.*) God says that when we choose to go His way, it's like we wear a breastplate to protect our heart.

"What is the soldier wearing on his arm? (*Pause.*) Exactly! A shield! Pretend to hold your shield. (*Pause.*) God says that when we trust Him, it's like we hold up a shield to keep us from getting hurt. Last is the Bible. The Bible is God's Word. When we read God's Word, it teaches us how to go God's way."

AFTER THE ACTIVITY: "With the armor of God, we can always remember that Jesus is our friend, God's way is perfect, and to always trust God. We can trust God and go His way because God's way is the best way! **Who can trust God? I can trust God.**"

BIBLE STORY

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Soldier • B&W • *Parts of a Soldier* • July Week 3

Copy on cardstock. One per child.

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