



CUSTOM FIT MOUTHGUARD IN MINUTES

YOU WILL NEED: Instructions, Zone-Fit Material, Impact Frame, Clock or Stopwatch, and Mirror (if available)

NOTE: PLEASE READ INSTRUCTIONS CAREFULLY BEFORE YOU BEGIN. NOT FOR USE WITH BRACES.

⚡ More Instructional videos can be found at zonemouthguard.com and on Youtube at the Zone Mouthguard channel

1. PREPARE

BRUSH TEETH, RINSE MOUTH, WASH HANDS, AND PUT ON GLOVES

Wash hands thoroughly with soap and water and dry hands. Put on the provided nitrile gloves before opening putty.

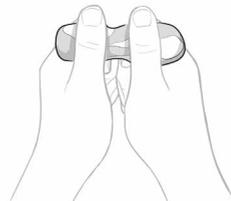


This is important as oils from your skin can affect the setting of the Zone-Fit Material. Remove any lipstick, lip balm, etc.

2. MIX

SET A TIMER FOR 20 SECONDS

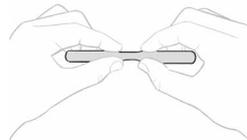
Open putty containers, start clock, and knead together both pieces of Zone-Fit Materials, stretching and folding together like shown. **DO THIS UNTIL A UNIFORM COLOR IS REACHED.**



****This should take 20 SECONDS**
Please note: Material will begin to cure if mixing goes past 30 seconds

3. ROLL

Roll the Zone-Fit Material into one uniform tube as shown.



Then pull out from the middle to lightly thin out a section in the center.

4. FORM

A



Pack the Zone Fit Material into the top side of the frame.

Make sure the Zone-Fit Material is below the top of the frame.

B



The Zone-Fit Material should be pressed firmly into the frame, so that it just starts coming through the bottom of the frame and nothing is spilling over the top edges.

C



Bite to create a custom mold, and hold for **TWO FULL MINUTES**

5. CURE Optimal curing temperature is 72 degrees Fahrenheit. (>72 = Faster curing <72 = Slower curing) Curing time is approximately 5 minutes

A. After two minutes have passed, gently remove the mouthguard from your mouth and let it sit untouched for five minutes. This time allows the Zone-Fit Material to cure properly into a more solid-state.

B. If there is excess or overflow material in the center (tongue region) of the mouthguard, you may carefully cut it out. **DO NOT** cut or remove material that has been pushed through the webbing on the bottom of the mouthguard, as it helps to provide protection to the user.

C. If you are using the Tether, it can be attached at this time.



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Are you a FLUBBER? MESSED IT UP? No worries!

Submit a photo of the botched attempt to customerservice@zonemouthguard.com along with your shipping address and we will send you a new package of putty for free!

Zone \$15,000 Dental Warranty

This warranty covers substantial defects in materials and workmanship that cause damage or injury to a User's sound, natural teeth when this mouthguard is fitted and used in accordance with the printed directions in a supervised athletic contest or in a coach-supervised training session. A "User" means either the purchaser of the mouthguard or a minor of whom the purchaser of the mouthguard is the parent or legal guardian.

Zone will reimburse the User for the lesser of the following: (1) the actual dental expense incurred by the User; or (2) \$450 per injured or replaced tooth, up to a maximum liability of \$15,000 per mouthguard.

This warranty lasts for one (1) year from the date of purchase.

Please visit zonemouthguard.com/warranty for full details.

Thank you for your purchase!