



**INTRODUCTION:** This pamphlet provides a summary of information about MÜV Cannabis Products. Please read this pamphlet thoroughly and keep it with your medicine. If you have any questions, please consult your physician.

MÜV Premium Cannabis Flower originates from *Cannabis* spp. plants meticulously grown without the use of harmful pesticides and contains approximately 15-30% total cannabinoids by weight.

**IMPORTANT:** Your physician has recommended this medication for your use only.

**DO NOT LET ANYONE ELSE USE IT. KEEP THIS MEDICINE OUT OF THE REACH OF CHILDREN AND PETS.**

If a child puts contents on skin, eyes, or in mouth, remove immediately and contact a poison control center. Do not drive a car or operate heavy machinery until you know how this medication affects you. While taking this medication, do not drink alcohol or take other drugs that affect the central nervous system, such as antidepressants or sleep aids.

Unless advised by your physician, do not use this drug if you are pregnant or nursing.

**CLINICAL PHARMACOLOGY:** The endocannabinoid system is a series of receptors located throughout the body, which control important biological functions. Your body produces its own endocannabinoids, and cannabinoids like  $\Delta^9$ -tetrahydrocannabinol (THC) and cannabidiol (CBD) engage these receptors to produce various effects that can promote symptom relief. THC is an agonist of the CB<sub>1</sub> receptor located throughout the central nervous system (CNS) and brain. For this reason, THC is known as the psychoactive cannabinoid, which can produce euphoria or the “high” commonly associated with cannabis use. CBD works indirectly, as an antagonist, on the CB<sub>1</sub> and CB<sub>2</sub> receptors by interacting with other receptors to disrupt endocannabinoid function and binding. Because of its unique mode of action, CBD is non-psychoactive and can even reduce the side effects of THC.

**INDICATIONS AND USE:** MÜV Cannabis Products are ideally used for a fast acting, potent treatment option. Conditions for use include: cancer, glaucoma, HIV and AIDS, MS, hepatitis C, amyotrophic lateral sclerosis (ALS), Crohn’s disease, Parkinson’s disease, or any other debilitating medical condition that a physician believes would outweigh the potential risks for a patient. It can also be used as a palliative care treatment due to its improvements on general outlook including pain, spasticity, weight loss, anxiety, and sleep promotion.

**CONTRAINDICATIONS:** Patients known to be allergic to cannabis should not use cannabis products. Relative contraindications include: coronary heart diseases, hypotension, drug abuse, alcohol abuse, mania, depression, bipolar, schizophrenia, or a prior negative reaction to cannabis.

**WARNINGS AND PRECAUTIONS:** Be sure to notify your physician if you have any of the following:

- Have or had history of heart disorders because of occasional low blood pressure, high blood pressure, rapid heart rate, palpitations, or fainting;
- Present or past issues with drug abuse;
- Present or past issues with alcohol abuse;
- Have or had mental health problems (depression, mania, bipolar, or schizophrenia);
- Present or past history of epilepsy, seizure disorders, and/or seizure-like activity;
- Have any allergies to drugs;
- Are pregnant or nursing, or intend to become pregnant.

If you become pregnant while taking any MÜV cannabis-infused product, stop use immediately and consult with your physician.

MÜV Cannabis Products should be used with caution, particularly with children and elderly patients, as there are few studies in these patient populations. A physician should monitor children under the age of 18 closely as THC may have adverse effects on brain development.

When consulting with your physician, please include all current medications (both prescription and non-prescription) as MÜV Cannabis Products can theoretically interact with other drug therapies. Avoid grapefruit or grapefruit juice and other CYP450 inhibitors as these can adversely affect THC treatments. Adverse reactions could also occur with alcohol and other drugs that affect the CNS (such as Valium, Librium, Xanax, Seconal, Nembutal, or Phenobarbital).

**ADVERSE REACTIONS:** Tell your physician if any symptoms persist or worsen with time:

- Cardiovascular: palpitations, tachycardia, vasodilation, hypotension (low blood pressure);
- Digestive: dry mouth, abdominal pain, nausea, vomiting, diarrhea, constipation, anorexia, excessive appetite, hepatic enzyme elevation;
- Nervous System: euphoria, drowsiness, memory loss, confusion, anxiety, paranoia, depersonalization, hallucinations, poor balance, dizziness, somnolence, nightmares, depression, difficulty speaking;
- Musculoskeletal: myalgias;
- Skin: flushing, sweating, irritation;
- Ocular: conjunctivitis, impaired vision, irritation;
- Body: chills, headache, fatigue;
- Respiratory: cough, rhinitis, sinusitis.

#### **INHALATION DELIVERY METHODS**

**DOSAGE AND ADMINISTRATION:** When starting a new dosing regimen, it is crucially important that medication is administered in small doses (known as titrating) to determine an effective dose and to minimize side effects. Patients with little or no prior cannabis experience should be particularly careful. It is best to start one inhalation or “puff” at first to know how this product will affect you before increasing the dose.

#### **MÜV Premium Cannabis Flower (3.5g) and 1g pre-roll**

**DOSING:** Use for inhalation as specified by licensed recommending physician. One package contains a total of 1 pre-roll or 3.5g cannabis flower. The flower generally has total cannabinoid potency between 15-30% by weight but will vary from strain to strain. The total THC and CBD content per package is displayed on the batch sticker.  
**INACTIVE INGREDIENTS:** None  
MÜV Premium Cannabis Flower is packaged in a child-resistant jar or pre-roll tube once opened the containers can be resealed.

#### **MÜV Flower Cups (3.5g),**

##### **Strain-specific Flower**

**DOSE:** 1 Flower Cup Containing ~1.2 g Trimmed Flower  
**TOTAL PRODUCT DOSES:** 1 Flower Cup contains a total of approximately 240 mg THC and <25 mg CBD, with approximately 18, 5-second inhalations per 1.2 g  
**INACTIVE INGREDIENTS:** None  
One Flower Cup contains 1.2 g of trimmed flower contained within a tamper-evident vessel, please do not attempt to open or break the vessel. The Easy Valve will be assembled with the Flower Cup as noted in the MÜV Vaporizer instruction manual with the metal cap directly on the heating surface of the Vaporizer. Turn the vaporizer on to a temperature of ‘6’ to start out, and allow the Vaporizer to preheat for approximately 5 minutes. The “CONTROL” light will turn on signaling the user to attach the balloon to the Easy Valve and turn on the ‘AIR’ to inflate the balloon with vapor. Before the balloon becomes fully inflated, turn off the ‘AIR’ and remove the balloon and attach the mouthpiece to begin dosing. Each balloon contains approximately six inhalations, and each Flower Cup can inflate three balloons.

#### **MÜV All-in One (0.3g)**

**DOSE:** 2.1mg THC per 3-second inhalation  
**TOTAL PRODUCT DOSES:** 1 cartridge contains a total of 210 mg THC and <10 mg CBD, with ~100 total doses per cartridge  
**INACTIVE INGREDIENTS:** Cannabis-Derived Terpenes

#### **MÜV Plus Vape Pens (0.5g), Strain-Specific**

**TOTAL PRODUCT DOSES:** 1 cartridge contains a total of 400 mg THC and <12.5 mg CBD, with ~167 total doses per cartridge  
**DOSE:** 3 mg THC per 3-second inhalation  
**INACTIVE INGREDIENTS:** Cannabis-Derived Terpenes

#### **MÜV PÜRE Vape Pens (0.5g)**

**Maui Wowie, Tangie, OG Kush, Blueberry, Black Mamba**  
**TOTAL PRODUCT DOSES:** 1 cartridge contains a total of 400 mg THC and <25 mg CBD, with ~167 total doses per cartridge

#### **Canna-Tsu (High CBD)**

**TOTAL PRODUCT DOSES:** 1 cartridge contains a total of 200 mg CBD and 200 mg THC, with ~167 total doses per cartridge  
**DOSE:** 3 mg per 3-second inhalation  
**INACTIVE INGREDIENTS:** Cannabis Derived and all

#### **MÜV Dart Vape Pods (500mg)**

**Super Silver Haze (Sativa), Grape Ape (Indica), Tropicana Cookies (Sativa), Northern Lights (Indica), Pineapple Express (Hybrid)**  
**TOTAL PRODUCT DOSES:**  
*500mg Dart Pod:* 1 pod contains a total of ~400 mg THC and <~12.5 mg CBD, with ~167 total doses per pod.  
**OG Kush (1:1)**

**TOTAL PRODUCT DOSES:** 1 cartridge contains a total of 200mg CBD and 200 mg THC, with ~167 total doses per cartridge

**DOSE:** 3 mg per 3-second inhalation

**INACTIVE INGREDIENTS:** Cannabis-Derived and Botanical Terpenes

#### **MÜV Metered-Dose Inhaler**

##### **THC, CBD, and THC/CBD (1:1)**

**DOSE:** 2.0 mg per actuation  
**THC TOTAL PRODUCT DOSES:** 1 canister contains a total of 400 mg THC and <25 mg CBD, with ~150 total doses per device  
**CBD TOTAL PRODUCT DOSES:** 1 canister contains a total of 200 mg CBD and 200 mg THC, with ~150 total doses per device

**INACTIVE INGREDIENTS (All USP or Pharma-grade):**

HFA134a, Ethanol, All Natural Terpenes, and Sorbitan Trioleate

**Directions for use:**

1. Shake the inhaler well before use.
2. Remove the cap (if necessary).
3. Breathe out, away from your inhaler.
4. Bring the inhaler to your mouth. Place it in your mouth between your teeth and close your mouth around it.
5. Tilt your head upwards slightly and start to breathe in slowly. Press the top of the inhaler once and keep breathing in slowly until you have taken a full breath.
6. Remove the inhaler from your mouth, hold your breath for about 10 seconds, then breathe out. Note: You will not see any exhaled vapors.

#### **MÜV Concentrates (1.0g)**

##### **Shatter, Crumble, Rosin Coins (Live Ice Water Extracted)**

**DOSE:** 25 mg THC per rice-sized grain piece of concentrate  
**TOTAL PRODUCT DOSES:** 1 gram contains a total of approximately 750 mg THC and <25 mg CBD, with 40 total doses per 1 gram  
**INACTIVE INGREDIENTS:** None

#### **TOPICAL DELIVERY METHODS**

**DOSAGE AND ADMINISTRATION:** When starting a new dosing regimen, it is crucially important that medication is administered in small doses (known as titrating) to determine an effective dose and to minimize side effects. It is best to start with one quarter-sized portion of cream at first to know how this product will affect you before increasing the dose.

#### **MÜV Pain Relief Cream (50mL)**

**DOSE:** 2 mg THC and 2 mg CBD per 500 mg cream (about the size of a quarter)  
**TOTAL PRODUCT DOSES:** 1 bottle contains a total of 200 mg THC and 200 mg CBD, with 100 total doses per bottle  
**INACTIVE INGREDIENTS (All Natural):**  
Aloe Barbadensis Leaf Juice, Shea Butter, Vegetable Wax, Glycerin, Jojoba, Cannabis Extract, Bromelain, Ginger, Capsicum and Potassium Sorbate

#### **MÜV Hydrating Lotion (50mL)**

**DOSE:** 0.6 mg THC and 0.6 mg CBD per 500 mg lotion (about the size of a quarter)  
**TOTAL PRODUCT DOSES:** 1 bottle contains a total of 60 mg THC and 60 mg CBD, with 100 total doses per bottle  
**INACTIVE INGREDIENTS (All Natural):**  
Aloe Barbadensis Leaf Juice, Hi-Oleic Safflower Oil, Vegetable Emulsifiers, Organic Rose Hips Oil, Squalene, Shea Butter, Green Tea, Vitamin E, Potassium Sorbate, and Natural Fragrance

#### **MÜV Sports Gel (50mL)**

**DOSE:** 1 mg THC and 1 mg CBD per 500 mg gel (about the size of a quarter)  
**TOTAL PRODUCT DOSES:** 1 bottle contains a total of 100 mg THC and 100 mg CBD, with 100 total doses per bottle  
**INACTIVE INGREDIENTS (All Natural):**  
Aloe Barbadensis Leaf Juice, Oils of Coconut and Jojoba, Peppermint, Menthol, Camphor, Arnica, and Eucalyptus

#### **MÜV Evolve Transdermal Gels (15mL)**

**THC, CBD, and THC/CBD 1:1**  
**THC and 1:1 DOSE:** One pump delivers 8 mg active dose  
**CBD DOSE:** One pump delivers 15 mg active dose  
**THC TOTAL PRODUCT DOSES:** 1 bottle contains a total of 500 mg THC and <25 mg CBD, with 33 total doses per bottle  
**CBD TOTAL PRODUCT DOSES:** 1 bottle contains a total of 500 mg CBD and <25 mg THC, with 33 total doses per bottle  
**THC/CBD TOTAL PRODUCT DOSES:** 1 bottle contains a total of 250 mg THC and 250 mg CBD, with 33 total doses per bottle  
**INACTIVE INGREDIENTS (All USP or Pharma-grade):**  
Purified Water, Ethanol, Oleic Acid, Polysorbate 20, Propylene Glycol, Triethanolamine, Natural Fragrance, Carbomer

#### **MÜV THC, CBD, THC/CBD 1:1 72 Hour Extended Release Transdermal Patches (0.5g)**

**THC DOSE:** One Patch delivers 20 mg THC and <5 mg CBD  
**CBD DOSE:** One Patch delivers 20 mg CBD and <5 mg THC  
**THC/CBD (1:1) DOSE:** One Patch delivers 10 mg THC and 10 mg CBD  
**TOTAL PRODUCT DOSES:** 1 Patch (18 cm<sup>2</sup>)  
**INACTIVE INGREDIENTS (All USP or Pharma-grade):** Water, Ethanol, Acrylates Adhesive, Diethylene Glycol Monoethyl Ether, Polysorbate 20, and Hydroxyethyl Cellulose within an Ethylene Vinyl Acetate Membrane and Polyethylene Backing

Transdermal administration of THC can produce euphoria that accompanies other delivery methods (inhaled, oral, sublingual, etc.), but effects can vary person to person. Typically, transdermal delivery of THC does not produce the same level of euphoria when delivered via other dosing methods. Unlike oral dosing, transdermal delivery negates the hepatic first-pass effect and minimizes the metabolic byproduct, 11-hydroxy THC, which has significantly higher psychoactivity than its predecessor, THC.

The Evolve Encapsulation Technology used in this product is a patent-pending encapsulation of cannabis-derived compounds using FDA-approved ingredients that quickens onset time and improves the overall bioavailability of cannabinoids. Common effects of THC include euphoria, relaxation, sedation, increased appetite, and nausea reduction while side effects can include decreased blood pressure, anxiety, or paranoia. Lethal overdose has never been reported with THC or cannabis use.

#### **ORAL DELIVERY METHODS**

**DOSAGE AND ADMINISTRATION:** When starting a new dosing regimen, it is crucially important that medication is administered in small doses (known as titrating) to determine an effective dose and to minimize side effects. Patients with little or no prior cannabis experience should be particularly careful as little as one drop should be recommended for new patients.

#### **MÜV EnCaps Tinctures**

**300 mg THC, 300 mg CBD, and 150 mg THC and 150 mg CBD (1:1)**

DOSE: 1 drop equals 0.5 mg or 10 mg/1 mL

THC TOTAL PRODUCT DOSES: 1 bottle contains 300 mg THC and <25 mg CBD, with 30 1 mL doses per bottle

THC/CBD PRODUCT: 1 bottle contains 150 mg THC and 150 mg CBD, with 30 1 mL doses per bottle

CBD TOTAL PRODUCT DOSES: 1 bottle contains 300 mg CBD and <25 mg THC, with 30 1 mL doses per bottle

INACTIVE INGREDIENTS (All Natural): Vegetable Glycerin, Ethanol, Medium Chain Triglycerides, Water, Sunflower Oil, Oleic Acid, Natural Terpenes, and Quillaja saponaria extract ~CONTAINS ALCOHOL~

**INDICATIONS AND USE:** MÜV Tinctures are ideally used sublingually for a fast acting treatment option; some medication will be swallowed and undergo slower gastrointestinal tract (GIT) absorption. Shake your MÜV Tinctures well before each use and draw up the desired dose into the dropper. Dispense the medication under your tongue and hold for 10-20 seconds prior to swallowing. The unique formulation of this product also means that it can be added and mixed into your favorite food or water-based beverage. This allows for greater product flexibility and minimizing dosing taste. Mix well if incorporated into food or beverages.

#### **MÜV Strain-Specific Cannabis Tincture RSO**

DOSE: 1 drop equals ~1mg THC; 1mL equals ~20mg THC

TOTAL PRODUCT DOSES: 1 bottle contains 600mg THC and <50mg CBD, with 30 1 mL doses per bottle.

INACTIVE INGREDIENTS: Medium Chain Triglycerides, Sunflower Oil, Peppermint Essential Oil  
The Strain-Specific Cannabis Tincture can be dosed orally, or taken with food or beverage and will be absorbed by the GIT. Oral ingestion of cannabinoids undergoes a first-pass effect in the liver, causing oxidation of THC to 11-hydroxy-THC, a constituent that is significantly more psychoactive than THC itself. The effects of oral delivery can be delayed up to 2 hours and can last 4-6 hours. Common effects of THC include euphoria, relaxation, sedation, increased appetite, and nausea reduction while side effects can include decreased blood pressure, anxiety, or paranoia.

**DIRECTIONS FOR USE:** Shake bottle well before use and draw up the desired dose into the dropper. Dispense the medication under your tongue, or add to food or beverage.

#### **CAPSULES**

**DOSAGE AND ADMINISTRATION:** When starting a new dosing regimen, it is crucially important that medication is administered in small doses (known as titrating) to determine an effective dose and to minimize side effects. Patients with little or no prior cannabis experience should be particularly careful; one capsule should be recommended for new patients. Each capsule can be identified by its corresponding colored band THC (green), THC/CBD (blue), and RSO (red).

#### **MÜV Powdered EnCap Capsules THC (13.5g)**

DOSE: 1 capsule equals 10 mg THC and <1 mg CBD

TOTAL PRODUCT DOSES: 1 bottle contains 30 capsules and a total of 300 mg of THC and <30 mg CBD

#### **MÜV Powdered EnCap Capsules THC/CBD (13.5g)**

DOSE: 1 capsule equals 10 mg THC and 10 mg CBD

TOTAL PRODUCT DOSES: 1 bottle contains 30 capsules and a total of 300 mg of THC and 300 mg CBD

#### **MÜV Powdered EnCap Capsules RSO (13.5g)**

DOSE: 1 capsule equals 25 mg THC and <5 mg CBD

TOTAL PRODUCT DOSES: 1 bottle contains 30 capsules and a total of 750 mg of THC and <150 mg CBD

INACTIVE INGREDIENTS: cellulose, oleic acid, polysorbate 80, ethanol, water, and magnesium stearate in a vegetable (HPMC) capsule

The EnCaps are to be swallowed and will be absorbed by the gastrointestinal tract (GIT). Oral ingestion of cannabinoids undergoes a first-pass effect through the liver, causing oxidation of THC to 11-hydroxy-THC, a constituent that is significantly more psychoactive than THC itself. The effects of oral delivery can be delayed as much as 1-2 hours and generally last 4-6 hours.

Swallow the capsule as quickly as possible after placing in mouth. Swallow the capsule whole and do not crush, chew, break, or open it. Capsule may take 1 or more hours to take effect

#### **MÜV Oral Spray**

**(5mL)**

DOSE: 1.9 mg per spray

THC TOTAL PRODUCT DOSES: 1 bottle contains a total of 150 mg THC and <25 mg CBD, with 75 total doses per bottle

INACTIVE INGREDIENTS: (All Natural) Medium Chain Triglycerides, Ethanol, Natural Terpenes, and Propylene Glycol

The Oral Spray can be dosed sublingually, under the tongue, but some of the medication will be swallowed and be absorbed by the gastrointestinal tract (GIT). Oral ingestion of cannabinoids undergoes a first-pass effect in the liver, causing oxidation of THC to 11-hydroxy-THC, a constituent that is significantly more psychoactive than THC itself. The effects of oral delivery can be delayed up to 2 hours and can last 4-6 hours.

#### **MÜV Measured Distillate Syringe (1.0mL)**

DOSE: 25 mg per "drop"

TOTAL PRODUCT DOSES: 1 syringe contains a total of 1000 mg active ingredient, with 40 total doses per syringe

INACTIVE INGREDIENTS: Reintroduced Cannabis Terpenes

#### **MÜV Measured RSO Syringe (1.0mL)**

DOSE: 25 mg per "drop"

TOTAL PRODUCT DOSES: 1 syringe contains a total of 1000 mg active ingredient, with 40 total doses per syringe.

INACTIVE INGREDIENTS: None

**INDICATIONS AND USE:** MÜV Metered Syringes are used sublingually for a fast-acting treatment option; some medication will be swallowed and undergo slower GIT absorption.

**DOSAGE AND ADMINISTRATION:** When starting a new dosing regimen, it is crucially important that medication is administered in small doses (known as titrating) to determine an effective dose and to minimize side effects. Patients with little or no prior cannabis experience should be particularly careful; "one rice-size piece" is a recommended starting dose of 25 mg active ingredient.

#### **EDIBLE DELIVERY METHODS**

**DOSAGE AND ADMINISTRATION:** When starting a new dosing regimen, it is crucially important that medication is administered in small doses (known as titrating) to determine an effective dose and to minimize side effects. Patients with little or no prior cannabis experience should be particularly careful; 1 lozenge should be recommended for new patients. Wait at least one hour before consuming more product.

#### **Wana Soft Chews (45.0g)**

**Blueberry (Indica), Mango (Sativa),**

**Watermelon (Hybrid),**

**Strawberry Lemonade (THC/CBD 1:1)**

DOSE:

*Blueberry, Mango, Watermelon:* 1 chew ~10 mg THC

*Strawberry Lemonade:* 1 chew ~10mg THC, 10mg CBD

TOTAL PRODUCT DOSES:

*Blueberry, Mango, Watermelon:* 1 package contains

~100mg THC, with 10 doses per package.

*Strawberry Lemonade:* 1 package contains ~100mg THC and

~100mg CBD, with 10 doses per package.

INACTIVE INGREDIENTS: Sugar, Corn Syrup, Pectin, Citric Acid, Natural Flavoring, Sodium Citrate, Terpenes  
Wana Soft Chews are dosed orally and will be absorbed by the gastrointestinal tract (GIT). Oral ingestion of cannabinoids undergoes a first-pass effect in the liver, causing oxidation of THC to 11-hydroxy-THC, a constituent that is significantly more psychoactive than THC itself. The effects of oral delivery can be delayed up to 2 hours and can last 4-6 hours.

#### **MÜV Lozenges**

**Green Apple, Orange, Wildberry (THC/CBD 1:1)**

DOSE:

Green Apple, Orange: 1 lozenge equals 10 mg THC

Wildberry 1:1 THC/CBD 1 lozenge equals 5 mg THC and 5

mg CBD

TOTAL PRODUCT DOSES:

*Green Apple, Orange:* 1 package contains ~100 mg THC with 10 doses per package.

*Wildberry 1:1 THC/CBD:* 1 package contains ~50mg THC and ~50 mg CBD with 10 doses per package.

INACTIVE INGREDIENTS:

Green Apple: Sugar, Powdered Corn Syrup, Water, Natural and Artificial Flavors

Orange: Sugar, Powdered Corn Syrup, Water, Natural Flavors, Malic Acid

Wildberry 1:1 THC/CBD : Sugar, Powdered Corn Syrup, Water, Natural and Artificial Flavors

#### **MÜV Chocolates**

**Milk Chocolate, Dark Chocolate**

DOSE: 1 piece equals 10 mg THC

TOTAL PRODUCT DOSES: 1 package contains ~100 mg of THC with 10 doses per container.

INACTIVE INGREDIENTS: Milk Chocolate: Sugar, Cocoa Butter, Cocoa Mass, Milk Powder, Soy Lecithin (Emulsifier), Vanilla Extract. \*\* Dark Chocolate: Cocoa Mass, Sugar, Cocoa Butter, Soy Lecithin (Emulsifier), Vanilla Extract, Salt\*\*  
\*\*May contain traces of milk, tree nuts and gluten

#### **MÜV Meltaways**

**Wintermint, Tangerine 1:1 THC/CBD**

DOSE: Wintermint: 1 Meltaway equals 5 mg THC.

Tangerine 1:1 THC/CBD 1 Meltaway equals 2.5 mg THC and 2.5 mg CBD

TOTAL PRODUCT DOSES: Wintermint: 1 package contains ~100 mg THC with 20 doses per package. Tangerine 1:1 THC/CBD : 1 package contains ~50 mg THC and ~50 mg CBD with 20 doses per package.

INACTIVE INGREDIENTS: Wintermint: Sorbitol Powder, Sugar, Magnesium Citrate, Menthol Crystals  
Tangerine 1:1 THC/CBD Sorbitol Powder, Sugar, Natural Flavors, Magnesium Citrate, Menthol Crystals