

WHY SERVICE MEMBERS & VETERANS WITH OSTEOARTHRITIS NEED Balanced Pain Management



1 in 3 service members develop arthritis.

Osteoarthritis is the **2nd leading** cause of **medical discharge** from the military.



Opioids are often prescribed for osteoarthritis pain.

But opioid exposure could lead to abuse and misuse.

Service members and veterans with osteoarthritis need **personalized, integrative treatment** that includes non-opioid options like:

- ▶ NSAIDs
- ▶ Physical and occupational therapy
- ▶ Corticosteroid injections
- ▶ Joint replacement



Balanced pain management helps **reduce osteoarthritis pain safely and effectively.**

