

Workshops for Emergency First Responders

These workshops are designed to help emergency service workers understand how to manage high risk situations, the impact of their work, and learn healthy ways to care for themselves.

Workshops are available to EAN all client companies. Please contact us to schedule a training date.

Pre-Critical Incident Stress Management: This workshop helps emergency service workers understand the impact that responding to traumatic situations can have on them, their co-workers, and their family members. Participants will also learn about healthy ways to care for themselves and co-workers before and after a traumatic call.

Managing High Risk Situations: Potential risk of violence, suicide and substance abuse are all concerns that managers hope to never have to deal with. But when you do, there is help available. In this workshop, we will review ways to respond in high risk situations and how to access resources.

Creating a Respectful Work Environment in a Multi-generational Workplace: As efforts are being made to increase awareness on how workplace culture impacts First Responders, training on how to recognize, identify, and mitigate issues is important. This workshop provides definitions and information that leaders and employees need while also focusing on ways to create a work environment and culture that does not allow harassment to thrive. This workshop also provides an overview on the outlook and experiences of different generations to help promote a culture of respect within a multi-generational workplace.



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