



Catch up

with Kathryn Homes

That's the name of the game

The wellbeing of our residents is our number one priority, and our Wellbeing Leads develop a programme of activities that help to support both physical and mental wellbeing whilst ensuring fun is had by all. This includes taking the time to enjoy some classic games.

Residents at Rose Court have been showing their competitive side with a game of skittles, while Anna at Magherafelt Manor has been enjoying playing dominoes, a favourite pastime of hers.

At Oak Tree Manor, residents have been having fun in the sun blowing bubbles and seeing how far they could go without popping.

Get Growing

A number of our residents grow their own produce, including potatoes, apples, and herbs!

Growing food is a great way to encourage social interaction, enhance the wellbeing of our residents, and give them a sense of contentment.



Welcome



Welcome to the first edition of Catch Up with Kathryn Homes, a regular update with all the latest news and events that are happening in our twelve homes across Northern Ireland.

It's been an exciting few months in my new role as Director of Operations.

I've thoroughly enjoyed visiting each of our care homes and getting to know our managers, support staff and residents as we work together to provide exceptional care to all.

I would like to thank you all for your cooperation as we navigate through the pandemic. The safety of our residents and staff remains our top priority and we continue to follow the latest government guidance in relation to visiting and testing.

If you have any queries about the safety measures in place, please contact your Home Manager for more information.

Andrea Feeney

Andrea Feeney, Director of Operations, Kathryn Homes

Walking on Sunshine

We've had some fantastic weather across Northern Ireland this summer, and our residents have enjoyed making the most of it, from gardening to sunbathing and days out by the sea.



Say Cheese!

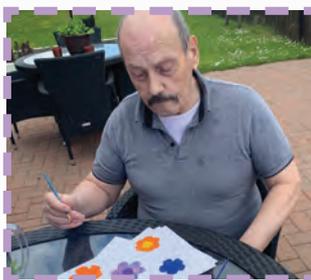


To celebrate World Photography Day, we gave cameras to our residents to take photos of themselves and each other. Here are a few snaps from the residents at Carrickfergus Manor, Glenabbey Manor, and Meadow View!



Crafty Corner

Our residents certainly are a creative bunch. From knitting to arts and crafts, our residents are always proud of their artistic creations.





City View Court

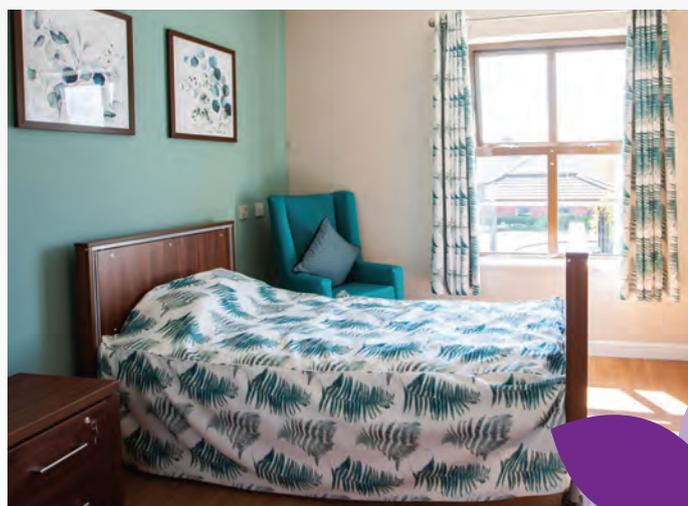
completes £1 million renovation

Work has completed at our City View Court care home in Belfast.

The renovation included an upgrade to our bedrooms, living areas, corridors, and dining areas, bringing a fresh and modern atmosphere to the home.

One of our residents at City View Court, Jimmy Maldoon, said: "I think this is one of the best nursing homes in Northern Ireland!

"They look after you well, and I would recommend it to anybody. The rooms are fabulous."



Birthday celebrations

Happy birthday to all the residents that have celebrated their special day recently.

Maria, Kintullagh House, Bertha, Madelayne Court, and Margaret, Weavers House, all turned 100 and marked the occasion with loved ones, a lovely cake, and presents.

Hannah, Oak Tree Manor, was virtually reunited with her twin sister to celebrate their 90th birthday.

Oak Tree Manor Home Manager Tracey Anderson said:

"We wanted to do something really special for Hannah to celebrate her 90th birthday so as a surprise we set up a video call with her sister in Canada.

"It was an honour to enable them to celebrate their big day together as best we could under the current circumstances."



EGG-cellent work at Weavers House

Residents at Weavers House have been helping to raise chickens! Looking after animals can improve self-esteem while also encouraging independence and providing our residents with a sense of accomplishment.

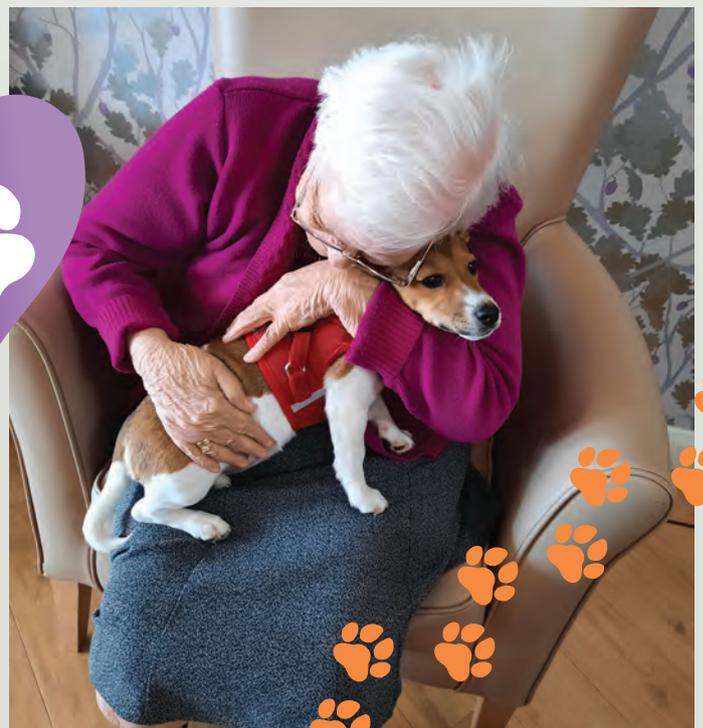


Puppy LOVE

We had some furry friends come to visit us when restrictions were lifted! As you can see from the photos, our residents loved spending time with them.

Lisa Gray, Home Manager at Meadow View, said:

"Animal therapy can benefit our residents by providing a calming effect, which in turn helps reduce blood pressure, heart rate, and anxieties, while improving verbal communication and increasing mobility."



We're hiring!

Kathryn Homes is currently recruiting for a number of roles across Northern Ireland, including:

- Care Assistants
- Registered Nurses
- Domestic Assistants
- Kitchen Roles
- Well-being Leads



For more information and to apply, visit www.kathrynhomes.co.uk/careers

New recruits

Leanne McGaffin Regional Operations Director

Prior to starting this role, Leanne was Home Manager at Orchard Lodge for five years and has a great knowledge of our staff, residents, and commitment to delivering exceptional person-centred care.



Hugh Stewart Director of Estates and Facilities

Hugh has joined Kathryn Homes with the responsibility of managing the maintenance of our homes and working with external partners to make sure everything is in tip top condition.



Congratulations!

A big congratulations to Weavers House and Meadow View, which have been rated as two of Northern Ireland's best care homes by carehomes.co.uk!

The Top 20 list is compiled by leading care home review platform, carehome.co.uk, based on feedback from residents and their loved ones.

Andrea Harkness, Home Manager at Weavers House, said:

"Our residents benefit from the right care delivered by our experienced team who are kind and compassionate, with the best interests of our residents at the heart of all we do. It means a lot to me and the whole team here at Weavers House that our residents and their loved ones have taken the time to leave such kind feedback at carehome.co.uk"

Lisa Gray, Home Manager of Meadow View, said:

"It is a huge honour to be named as a Top 20 Care Home and a real testament to the hard work and dedication of our staff."



Meet the team

Tracey Anderson, Care Home Manager, Oak Tree Lodge

Meet our newest care home manager, Tracey Anderson, who joins Oak Tree Manor with following a remarkable ten years' in the nursing home sector and prior experience working with mental health services.

What do you like about Oak Tree Manor?

From day one I was made to feel like part of the family.

I enjoy how homely Oak Tree Manor is for the residents, and that there is a very supportive environment. Ultimately, the residents are our top priority, and the staff all want them to have the best care possible.

Have you made any major changes since joining Oak Tree Manor?

I have focused on establishing good relationships with the staff, which has enabled me to nurture and support them whilst implementing the best practice in dementia care. We



have also been working to improve the communication with the resident's families to create an open and transparent service.

What do you believe makes 'good care'?

It is vital that our residents receive holistic care that includes having fun, keeping up with their hobbies and social links, spiritual care, and much more. Good care means all aspects of the person is cared for, and that they are included in their choices.

Connect with us on social media!

Be sure to follow us on Facebook, LinkedIn, and Twitter to stay up to date with the latest news and photos from all our care homes.

If you have any photos or stories that you would like included on our social media pages or newsletters, please send them to your Home Manager.



Kathryn Homes NI



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