



P-FIT: PRACTICE PIETRA FITNESS LOG

Print out a copy for each month.

NAME: _____ MONTH: _____

DATE	LEVEL & CLASS NAME
1 st	
2 nd	
3 rd	
4 th	
5 th	
6 th	
7 th	
8 th	
9 th	
10 th	
11 th	
12 th	
13 th	
14 th	
15 th	
16 th	
17 th	
18 th	
19 th	
20 th	
21 st	
22 nd	
23 rd	
24 th	
25 th	
26 th	
27 th	
28 th	
29 th	
30 th	
31 st	