



Let God do What He Needs to Do

PRAYER INTENTIONS, SIGN OF THE CROSS & OPENING PRAYER (Standing or kneeling*) *Glory to you, Lord. "Make my body healthy and agile, my mind sharp and clear, my heart joyful and contented, my soul faithful and loving."¹ Let my heart, therefore be holy, true to you O Lord my God, so that all may know I belong to You². Have mercy on us, and be with us today as we contemplate letting God do what He needs to do to make things grow.*

INTRODUCE TOPIC & SCRIPTURE (1 Corinthians 3:6-7) **"I planted, Apollos watered, but God caused the growth. Therefore, neither the one who plants nor the one who waters is anything, but only God, who causes the growth."**

BREATH-WORK & GRATITUDE

BODILY PRAYER VERSE (Psalm 92) ***Lord, it is good to give thanks to You.***

MEDITATION "Every gardener and farmer can tell you that we have to be patient and let life take its course. Expectant parents can tell you the same thing. The baby will come when he/she is good and ready. It's not that we don't have anything to do as we wait; the ground has to be tilled, seeds have to be planted, watered, nurtured, tended, and eventually harvested. As we wait for the child to be born, mothers go on special diets, clothing has to be gathered, rooms prepared, houses made "baby-proof," and safe. It takes work and effort, but the gift of life, the imperceptible growth (in the soil and in the womb), THAT is the work of God. Seeds are planted, we don't see them grow, yet, night and day, imperceptibly, they put down roots, they mature, they sprout, they flower, they produce fruit, and they scatter other seeds. Sometimes we must let God do what God needs to do, after all, it is God who makes things grow."³

RESOLUTION (Re-read Scripture.) "It will be the same in the home, in the lives of our children, our families, our friends, and our own lives. Given the opportunity, God can bring forth life even when we can't see it, even when we don't know it is there. Seeds, growth, life, require patience even as we do what we can and what we should, to support what God needs to do."⁴ Come Holy Spirit...

ENDING PRAYER (Kneeling*) *Lord, we thank you for this opportunity to be able to come together - to work on ourselves and strengthen ourselves, physically as well as spiritually. May all I do, glorify You. Mary, Mother of the Word Incarnate: **pray for us**; St. Joseph: **pray for us**; St. of the day: **pray for us**. In the name of the Father, and of the Son, and of the Holy Spirit, Amen.*

¹ St. Thomas Aquinas

² Based on 1Kings 8:61 and 43

³ Fr. Ben O'Cinnsealaigh, Pastor of Our Lady of Victory Parish, Cincinnati, OH, based on his column for the week of June 13, 2021.

⁴ ibid

*Modifications include raised -knee position or sitting with legs extended. *Cross legged seated position is not to be used during prayer.*

