


SUN	MON	TUE	WED	THUR	FRI	SAT
<p><b>LOCATION KEY</b> AR - Activity Room AR - Art Room CR - Card Room CR &amp; FS - Card Room and Four Seasons CC - Communication Center FS - Four Seasons GR - Game Room IR - Ivy Room LR - Living Room L - Lounge MR - Meeting Room R - Reflections</p>	<p>R (Women) FS (Men) - Reflections (Women); Four Seasons (Men) SA - Salon S - Shindigz T - Theater</p> <p><b>Call to Sign Up!</b> <b>Blue** Ext. 209</b> <b>Red** Ext. 250</b></p>	 <p><b>BLACK HISTORY MONTH</b></p>		<p><b>National Freedom Day</b> <b>8:30-10:30 COVID Vaccine Clinic (L, FS &amp; CR)</b> 9:15 Woodcarvers (AR) 10:30 Pottery (AR) <b>12:45 Book Club (R)</b> 1:00 Hand and Foot Card Game (CR) 1:00 Mah Jongg (GR) 2:00 Alzheimer's Caregivers Support Group (R) 3:00 Dominoes (IR) 3:00 IT Assistance with Chase (CC) 4:00 Happy Hour (L) <b>6:45 Ed Pettersen, Secular, Contemporary Christian Singer (MR)</b></p>	<p><b>Groundhog Day</b> <b>National Wear Red Day</b> <b>9:45 Banks (I)**</b> <b>11:00 Trader Joe's (I)**</b> <b>11:00 Vertically Challenged Social (GR)</b> 1:00 Duplicate Bridge (IR) <b>1:30 Movie - Groundhog Day (T)</b> <b>2:00 CVS (I)**</b> 3:00 Chair Yoga (MR) 4:00 Happy Hour (L) <b>6:45 The Bradley Davis Band (MR)</b></p>	<p>10:00 Painting Class (AR) 10:00 The Geezers (R) <b>1:30 Movie - The Tuskegee Airmen (T)</b> 4:00 Happy Hour (L)</p>
<p><b>9:45 The Brandermill Church (I)**</b> <b>1:30 Movie - The Tuskegee Airmen (T)</b> <b>2:00 "99" Card Game (CR)</b> 2:00 Yarn Arts (GR)</p>	<p><b>Tu Bishvat</b> 8:30 Meditation (IR) <b>1:00 Dietician - Colleen LaMere (L)</b> 1:00 Duplicate Bridge (IR) 1:00 Resident Council (R) 1:00 Scrabble (CR) 1:00 Hand &amp; Foot (GR) 4:00 Happy Hour (L) <b>4:30 Resident/Team Member Trivia (MR)</b> <b>6:30 Pokeno w/ Mo and Vern (MR)</b> 6:45 Non-Denominational Christian Book Study (FS)</p>	<p><b>Tu Bishvat</b> 9:15 Woodcarvers (AR) 11:00 Catholic Service (T) <b>11:15 Lunch Bunch: Bonchon (I)**</b> <b>1:00 Brandermill Singers (IR)</b> 1:00 Social Bridge (GR) <b>1:30 Josh Pachter: "The Beginnings of Silent Comedy" (T)</b> 1:30 Wii Bowling (S) <b>2:30 Valentine's Card Making Craft (AR)</b> 3:00 Parkinson's Chair Exercise (MR) 4:00 Happy Hour (L) 6:30 Euchre (CR &amp; FS)</p>	<p><b>Massage Therapist</b> <b>9:30 CVS (I)**</b> <b>10:00-2:00 Jewelry Sale with Sarita (L)</b> <b>11:00 Food Lion (I)**</b> <b>1:00 Art Factory** (AR)</b> 1:30 Billiards with Chase (S) <b>1:30 Food Lion (I)**</b> 1:30 Mending Hearts Grief Support Group (R (Women) FS (Men)) <b>1:30 Russia: Land of the Tsars (T)</b> 1:30 Spades (IR) 3:00 Chair Yoga (MR) <b>3:00 Writers' Group (CR)</b> 4:00 Happy Hour (L) 6:30 Pinochle (CR &amp; FS)</p>	<p>9:15 Woodcarvers (AR) 10:30 Pottery (AR) <b>12:30 Poker Interest Meeting (L)</b> <b>1:00 Chat with Charmaine (MR)</b> 1:00 Hand and Foot Card Game (CR) 1:00 Mah Jongg (GR) 2:00 Caregivers Support Group (R) 3:00 Dominoes (IR) 3:00 IT Assistance with Chase (CC) 4:00 Happy Hour (L) <b>4:30 Resident Pot Luck (MR)</b></p>	<p><b>9:45 Banks (I)**</b> <b>11:00 Target &amp; Dollar Tree (I)**</b> 1:00 Duplicate Bridge (IR) <b>1:30 Stroke Support Group (R)</b> <b>1:30 The Crown Season 5 (T)</b> <b>2:00 CVS (I)**</b> 3:00 Chair Yoga (MR) 4:00 Happy Hour (L) <b>6:30 Movie - The Joy Luck Club (T)</b></p>	<p><b>Chinese New Year</b> <b>Lunar New Year</b> <b>10:00 Giant Crosswords with Myra (L)</b> 10:00 Painting Class (AR) 10:00 The Geezers (R) <b>1:30 Movie - Draft Day (T)</b> 4:00 Happy Hour (L)</p>
<p><b>Name Tag Week Begins</b> <b>9:45 The Brandermill Church (I)**</b> <b>1:30 Movie - Draft Day (T)</b> <b>2:00 "99" Card Game (CR)</b> 2:00 Yarn Arts (GR) <b>6:00 Super Bowl Party (MR)</b></p>	<p><b>No Aquatics Class</b> 8:30 Meditation (IR) <b>8:40 Hair Stylist Stefanie** (SA)</b> <b>11:00 Men's Club** (T)</b> 1:00 Duplicate Bridge (IR) <b>1:00 History Club (R)</b> 1:00 Scrabble (CR) 1:00 Hand &amp; Foot (GR) 4:00 Happy Hour (L) 4:30 Social Trivia (MR) 6:45 Non-Denominational Christian Book Study (FS)</p>	<p><b>Mardi Gras</b> 9:15 Woodcarvers (AR) <b>11:00 Tea with Kip (I)**</b> <b>1:00 Brandermill Singers (IR)</b> 1:00 Social Bridge (GR) <b>1:00 Virtusense Balance Screening** (R)</b> 1:30 IT Assistance with Chase (CC) <b>1:30 Josh Pachter: "The Beginnings of Silent Comedy" (T)</b> 3:00 Parkinson's Chair Exercise (MR) 4:00 Happy Hour (L) 6:30 Euchre (CR &amp; FS)</p>	<p><b>Valentine's Day</b> <b>Massage Therapist</b> <b>Ash Wednesday</b> <b>Birthday of Frederick Douglass</b> <b>9:00 Nail Specialist Marcie** (SA)</b> <b>9:30 CVS (I)**</b> <b>11:00 "Movers &amp; Shakers" (GR)</b> <b>11:00 Food Lion (I)**</b> 1:30 Billiards with Chase (S) <b>1:30 Food Lion (I)**</b> 1:30 Mending Hearts Grief Support Group (R (Women) FS (Men)) <b>1:30 Russia: Land of the Tsars (T)</b> 1:30 Spades (IR) <b>2:00 Reader's Theatre (IR)</b> 3:00 Chair Yoga (MR) 4:00 Happy Hour (L) <b>6:45 Kristin Eye, Harpist (MR)</b></p>	<p><b>Birthday of Susan B. Anthony</b> <b>Nirvana Day (Buddhist)</b> 9:15 Woodcarvers (AR) 1:00 Hand and Foot Card Game (CR) 1:00 Mah Jongg (GR) 2:00 Alzheimer's Caregivers Support Group (R) <b>3:00 Billy Mitchell, Singer (MR)</b> 3:00 Dominoes (IR) 3:00 IT Assistance with Chase (CC) 4:00 Happy Hour (L) <b>6:15 Bingo (MR)</b></p>	<p><b>9:45 Banks (I)**</b> <b>10:30-12:30 Cabi Clothing Sale (R)</b> <b>11:00 Publix (I)**</b> 1:00 Duplicate Bridge (IR) <b>1:30 The Crown Season 5 (T)</b> <b>2:00 CVS (I)**</b> 3:00 Chair Yoga (MR) 4:00 Happy Hour (L) <b>6:30 Movie - Maestro (T)</b></p>	<p>10:00 Painting Class (AR) 10:00 The Geezers (R) <b>1:30 Movie - The Love Punch (T)</b> 4:00 Happy Hour (L)</p>
<p><b>9:45 The Brandermill Church (I)**</b> <b>1:30 Ft. Gregg Adams (Lee Theater): Clue on Stage (II)**</b> <b>1:30 Movie - The Love Punch (T)</b> <b>2:00 "99" Card Game (CR)</b> 2:00 Yarn Arts (GR)</p>	<p><b>President's Day</b> 8:30 Meditation (IR) <b>11:30 Women's Club** (MR)</b> 1:00 Duplicate Bridge (IR) 1:00 Scrabble (CR) 1:00 Hand &amp; Foot (GR) <b>1:30 Steve Hawkins, George Washington Impersonator (T)</b> <b>3:00 Ernst Keller Trio (MR)</b> 4:00 Happy Hour (L) 6:45 Non-Denominational Christian Book Study (FS)</p>	<p><b>World Day of Social Justice</b> <b>9:00 - 9:30 Meet Homecare (LR)</b> <b>10:00 - 10:30 Meet Homecare (LR)</b> 9:15 Woodcarvers (AR) 11:00 Catholic Service (T) <b>12:15 Behind the Scenes Tour of the Richmond SPCA (III)**</b> <b>1:00 Backgammon Interest Meeting (L)</b> <b>1:00 Brandermill Singers (IR)</b> 1:00 Social Bridge (GR) 1:30 Wii Bowling (S) 3:00 Parkinson's Chair Exercise (MR) 4:00 Happy Hour (L) 6:30 Euchre (CR &amp; FS)</p>	<p><b>Massage Therapist</b> <b>9:30 CVS (I)**</b> <b>11:00 Food Lion (I)**</b> 1:30 Billiards with Chase (S) <b>1:30 Food Lion (I)**</b> 1:30 Mending Hearts Grief Support Group (R (Women) FS (Men)) <b>1:30 Russia: Land of the Tsars (T)</b> 1:30 Spades (IR) 3:00 Chair Yoga (MR) 4:00 Happy Hour (L) <b>6:45 European Wind Ensemble (MR)</b></p>	<p>9:15 Woodcarvers (AR) <b>10:30 Don Vaught, Financial Advisor (T)</b> 10:30 Pottery (AR) 1:00 Hand and Foot Card Game (CR) 1:00 Mah Jongg (GR) 2:00 Alzheimer's Caregivers Support Group (R) <b>2:30 Talk by Resident Jim Hodge: Australia (MR)</b> 3:00 Dominoes (IR) 3:00 IT Assistance with Chase (CC) 4:00 Happy Hour (L) <b>4:30 Dinner Dinners: Pakwaan Indian Restaurant (I)**</b></p>	<p><b>International Stand Up to Bullying Day</b> <b>9:45 Banks (I)**</b> <b>11:00 Walmart (I)**</b> 1:00 Duplicate Bridge (IR) <b>1:30 Tea Drinkers (GR)</b> <b>1:30 The Crown Season 5 (T)</b> <b>2:00 CVS (I)**</b> 3:00 Chair Yoga (MR) 4:00 Happy Hour (L) <b>4:30 The R &amp; R Band (L)</b> <b>6:30 Pokeno w/ Mo and Vern (MR)</b></p>	<p>10:00 Painting Class (AR) 10:00 The Geezers (R) <b>1:30 Movie - A Million Miles Away (T)</b> 4:00 Happy Hour (L)</p>
<p><b>9:45 The Brandermill Church (I)**</b> <b>1:30 Movie - A Million Miles Away (T)</b> <b>1:45 Symphony Sunday Series: Tchaikovsky's First Concerto (II)**</b> <b>2:00 "99" Card Game (CR)</b> 2:00 Yarn Arts (GR)</p>	<p><b>Audiologist</b> 8:30 Meditation (IR) <b>8:40 Hair Stylist Stefanie** (SA)</b> 1:00 Duplicate Bridge (IR) 1:00 Scrabble (CR) 1:00 Hand &amp; Foot (GR) 1:30 Pottery (AR) <b>2:00 Birthday/Anniversary Social (MR)</b> 4:00 Happy Hour (L) 4:30 Social Trivia (MR) 6:45 Non-Denominational Christian Book Study (FS)</p>	<p><b>Podiatrist</b> <b>Dermatologist</b> 9:15 Woodcarvers (AR) <b>9:30 CVS (I)**</b> <b>11:00 Food Lion (I)**</b> <b>1:00 Brandermill Singers (IR)</b> <b>1:00 Movie - Killers of the Flower Moon (T)</b> 1:00 Social Bridge (GR) <b>1:00 Virtusense Balance Screening** (R)</b> <b>1:30 Food Lion (I)**</b> 1:30 IT Assistance with Chase (CC) <b>2:00 Select Rehab Talk (R)</b> 3:00 Parkinson's Chair Exercise (MR) 4:00 Happy Hour (L) 6:30 Euchre (CR &amp; FS)</p>	<p><b>Massage Therapist</b> <b>9:00 Nail Specialist Marcie** (SA)</b> <b>11:00 "Movers &amp; Shakers" (GR)</b> 1:30 Billiards with Chase (S) <b>1:30 Lefty Talk (MR)</b> 1:30 Mending Hearts Grief Support Group (R (Women) FS (Men)) <b>1:30 Russia: Land of the Tsars (T)</b> 1:30 Spades (IR) 3:00 Chair Yoga (MR) <b>3:45 Kindred Spirit Brewery Tour and Tasting (III)**</b> 4:00 Happy Hour (L) 6:30 Pinochle (CR &amp; FS)</p>	<p><b>Leap Day</b> 9:15 Woodcarvers (AR) 10:30 Pottery (AR) 1:00 Hand and Foot Card Game (CR) 1:00 Mah Jongg (GR) 2:00 Alzheimer's Caregivers Support Group (R) <b>2:00 Resident Pool Games (Pool)</b> <b>3:00 Company's Coming, Band (MR)</b> 3:00 Dominoes (IR) 4:00 Happy Hour (L)</p>	<p><b>Clinic Hours</b> <b>Monday &amp; Friday</b> <b>9:00 a.m. to 11:00 a.m.</b> <b>Tuesday, Wednesday &amp; Thursday</b> <b>1:00 p.m. to 3:00 p.m.</b></p>	<p><b>Hair Stylist, Stefanie 804.873.3369</b> <b>Nail Specialist, Marcie 804.237.2355</b> <b>Massage Therapist, Anne 804.317.2177</b> <b>Audiologist 804.818.0000</b> <b>Dermatologist 877.345.5300</b> <b>Podiatrist &amp; Nurses Ext. 203</b> <b>Select Rehab 804.794.4597</b></p>