

SUN	MON	TUE	WED	THUR	FRI	SAT
<div>Clinic Hours</div> <div>Monday &amp; Friday</div> <div>9:00 a.m. to 11:00 a.m.</div> <div>Tuesday, Wednesday &amp; Thursday</div> <div>1:00 p.m. to 3:00 p.m.</div>	<div>New Year's Day</div> <div>Emancipation Proclamation Issued</div> <div>1</div> <div>New Years Day/Employee Holiday</div> <div>No Wellness Nurse, call 911 in case of an emergency</div> <div>The Receptionist is on duty from 8:00 a.m. to 6:00 p.m.</div> <div>No Land or Aquatics fitness classes.</div> <div>No Activities</div> <div>No Housekeeping</div> <div>The Bistro Hours are 11:30 a.m. to 1:30 p.m. (carry-out and dine-in, reservations are required.)</div> <div>Shuttle hours are 11:30 a.m. to 3:00 p.m.</div>	<div>9:15 Woodcarvers (AR)</div> <div>11:00 Catholic Service (T)</div> <div>2</div> <div>11:00 Walmart (I)**</div> <div>1:00 Brandermill Singers (IR)</div> <div>1:00 Resident Council (R)</div> <div>1:00 Social Bridge (GR)</div> <div>1:30 Wii Bowling (S)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Euchre (CR &amp; FS)</div>	<div>9:00 Nail Specialist Marcie** (SA)</div> <div>3</div> <div>9:30 CVS (I)**</div> <div>11:00 Food Lion (I)**</div> <div>1:00 Krafts w/Kathy** (AR)</div> <div>1:30 Billiards with Chase (S)</div> <div>1:30 Food Lion (I)**</div> <div>1:30 Mending Hearts Grief Support Group (R (Women) FS (Men))</div> <div>1:30 Spades (IR)</div> <div>1:30 The War: A Ken Burns Film (T)</div> <div>3:00 Chair Yoga (MR)</div> <div>3:00 Writers' Group (CR)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Pinochle (CR &amp; FS)</div>	<div>National Braille Day</div> <div>9:15 Woodcarvers (AR)</div> <div>10:30 Pottery (AR)</div> <div>4</div> <div>12:45 Book Club (R)</div> <div>1:00 Hand and Foot Card Game (CR)</div> <div>1:00 Mah Jongg (GR)</div> <div>2:00 Alzheimer's Caregivers Support Group (R)</div> <div>3:00 Dominoes (IR)</div> <div>3:00 Ernst Keller Trio (MR)</div> <div>3:00 IT Assistance with Chase (CC)</div> <div>4:00 Happy Hour (L)</div>	<div>9:45 Banks (I)**</div> <div>5</div> <div>11:00 Trader Joe's (I)**</div> <div>1:00 "Cool Dog Club" (R)</div> <div>1:00 Duplicate Bridge (IR)</div> <div>2:00 CVS (I)**</div> <div>3:00 Chair Yoga (MR)</div> <div>4:00 Happy Hour (L)</div>	<div>Feast of the Epiphany</div> <div>10:00 Painting Class (AR)</div> <div>10:00 The Geezers (R)</div> <div>6</div> <div>1:30 Movie - Jesus Revolution (T)</div> <div>4:00 Happy Hour (L)</div>
<div>Eastern Orthodox Christmas</div> <div>9:45 The Brandermill Church (I)**</div> <div>7</div> <div>1:30 Movie - Jesus Revolution (T)</div> <div>2:00 "99" Card Game (CR)</div> <div>2:00 Yarn Arts (GR)</div>	<div>8:30 Meditation (IR)</div> <div>8:35 Hair Stylist Stefanie** (SA)</div> <div>8</div> <div>11:00 Men's Club** (T)</div> <div>1:00 Duplicate Bridge (IR)</div> <div>1:00 History Club (R)</div> <div>1:00 Scrabble (CR)</div> <div>1:00 Hand &amp; Foot (GR)</div> <div>4:00 Happy Hour (L)</div> <div>4:30 Social Trivia (MR)</div> <div>6:15 Bingo (MR)</div> <div>6:45 Non-Denominational Christian Book Study (CR)</div>	<div>9:15 Woodcarvers (AR)</div> <div>9</div> <div>9:30 CVS (I)**</div> <div>11:00 Food Lion (I)**</div> <div>1:00 Brandermill Singers (IR)</div> <div>1:00 Social Bridge (GR)</div> <div>1:00 Virtusense Balance Screening** (R)</div> <div>1:30 Food Lion (I)**</div> <div>1:30 IT Assistance with Chase (CC)</div> <div>3:00 Parkinson's Chair Exercise (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Euchre (CR &amp; FS)</div>	<div>Massage Therapist</div> <div>10</div> <div>9:30 Shopping at Great Harvest Bakery &amp; Coalfield Station Antiques (III)**</div> <div>11:00 "Movers &amp; Shakers" (GR)</div> <div>1:30 Author Libby McNamee, Talk &amp; Book Sale (T)</div> <div>1:30 Billiards with Chase (S)</div> <div>1:30 Mending Hearts Grief Support Group (R (Women) FS (Men))</div> <div>1:30 Spades (GR)</div> <div>2:00 Reader's Theatre (IR)</div> <div>3:00 Chair Yoga (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Pinochle (CR &amp; FS)</div>	<div>9:15 Woodcarvers (AR)</div> <div>11</div> <div>10:30 Pottery (AR)</div> <div>11:00 Activities Plans (L)</div> <div>1:00 Hand and Foot Card Game (CR)</div> <div>1:00 Mah Jongg (GR)</div> <div>1:30 Movie - Oppenheimer (T)</div> <div>2:00 Caregivers Support Group (R)</div> <div>3:00 Dominoes (IR)</div> <div>3:00 IT Assistance with Chase (CC)</div> <div>4:00 Happy Hour (L)</div> <div>6:45 Carol Covell, Jazz Singer (MR)</div>	<div>No Aquatics Classes</div> <div>12</div> <div>9:45 Banks (I)**</div> <div>11:00 Target &amp; Dollar Tree (I)**</div> <div>1:00 Duplicate Bridge (IR)</div> <div>1:30 Movie - Oppenheimer (T)</div> <div>1:30 Stroke Support Group (R)</div> <div>2:00 CVS (I)**</div> <div>3:00 Chair Yoga (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Movie - Red Joan (T)</div>	<div>Korean American Day</div> <div>10:00 Giant Crosswords with Myra (L)</div> <div>13</div> <div>10:00 Painting Class (AR)</div> <div>10:00 The Geezers (R)</div> <div>1:30 Movie - Evita (T)</div> <div>4:00 Happy Hour (L)</div>
<div>Name Tag Week Begins</div> <div>9:45 The Brandermill Church (I)**</div> <div>14</div> <div>1:30 Movie - Evita (T)</div> <div>2:00 "99" Card Game (CR)</div> <div>2:00 Yarn Arts (GR)</div>	<div>Martin Luther King Jr. Day</div> <div>15</div> <div>Makar Sankranti</div> <div>8:30 Meditation (IR)</div> <div>11:30 Women's Club** (MR)</div> <div>1:00 Duplicate Bridge (IR)</div> <div>1:00 Scrabble (CR)</div> <div>1:00 Hand &amp; Foot (GR)</div> <div>1:30 Movie - Selma (T)</div> <div>4:00 Happy Hour (L)</div> <div>4:30 Social Trivia (MR)</div> <div>6:45 Non-Denominational Christian Book Study (CR)</div>	<div>National Religious Freedom Day</div> <div>16</div> <div>9:00 Virginia Executive Mansion &amp; State Capitol Tour, Lunch at Meriwether Café (III)** (OFC)</div> <div>9:15 Woodcarvers (AR)</div> <div>11:00 Catholic Service (T)</div> <div>1:00 Brandermill Singers (IR)</div> <div>1:00 Social Bridge (GR)</div> <div>1:30 Wii Bowling (S)</div> <div>3:00 Parkinson's Chair Exercise (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Euchre (CR &amp; FS)</div>	<div>Massage Therapist</div> <div>17</div> <div>9:00 Nail Specialist Marcie** (SA)</div> <div>9:30 CVS (I)**</div> <div>11:00 Food Lion (I)**</div> <div>1:30 Billiards with Chase (S)</div> <div>1:30 Food Lion (I)**</div> <div>1:30 Mending Hearts Grief Support Group (R (Women) FS (Men))</div> <div>1:30 Spades (IR)</div> <div>1:30 The War: A Ken Burns Film (T)</div> <div>3:00 Chair Yoga (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Pinochle (CR &amp; FS)</div>	<div>9:15 Woodcarvers (AR)</div> <div>18</div> <div>10:30 Pottery (AR)</div> <div>1:00 Chat with Charmaine (MR)</div> <div>1:00 Hand and Foot Card Game (CR)</div> <div>1:00 Mah Jongg (GR)</div> <div>2:00 Alzheimer's Caregivers Support Group (R)</div> <div>3:00 Dominoes (IR)</div> <div>3:00 IT Assistance with Chase (CC)</div> <div>3:00 Out of Time, Folk Band (MR)</div> <div>4:00 Happy Hour (L)</div>	<div>11:00 Publix (I)**</div> <div>19</div> <div>1:00 Duplicate Bridge (IR)</div> <div>2:00 Blossoming Roots Farm Talk w/ Conner Parrish (I)</div> <div>2:00 CVS (I)**</div> <div>3:00 Chair Yoga (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Pokeno w/ Mo and Vern (MR)</div>	<div>10:00 Painting Class (AR)</div> <div>20</div> <div>10:00 The Geezers (R)</div> <div>12:45 Broadway in Richmond: Annie (II)** (OFC)</div> <div>1:30 Movie - Jules (T)</div> <div>4:00 Happy Hour (L)</div>
<div>9:45 The Brandermill Church (I)**</div> <div>21</div> <div>1:30 Movie - Jules (T)</div> <div>1:45 Symphony Sunday Series: Brahms, The Romantic (II)** (OFC)</div> <div>2:00 "99" Card Game (CR)</div> <div>2:00 Yarn Arts (GR)</div>	<div>Audiologist</div> <div>22</div> <div>National Sanctity of Human Life Day</div> <div>8:30 Meditation (IR)</div> <div>8:35 Hair Stylist Stefanie** (SA)</div> <div>1:00 Duplicate Bridge (IR)</div> <div>1:00 Scrabble (CR)</div> <div>1:00 Hand &amp; Foot (GR)</div> <div>2:30 Annual Residents Association Meeting (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:15 Bingo (MR)</div> <div>6:45 Non-Denominational Christian Book Study (CR)</div>	<div>Dermatologist</div> <div>23</div> <div>8:30 - 11:30 COVID Clinic (L, FS, CR)</div> <div>9:15 Woodcarvers (AR)</div> <div>12:15 Library of Virginia Indigenous People Exhibition (III)** (OFC)</div> <div>1:00 Brandermill Singers (IR)</div> <div>1:00 Social Bridge (GR)</div> <div>1:00 Virtusense Balance Screening** (R)</div> <div>1:30 IT Assistance with Chase (CC)</div> <div>2:00 Select Rehab Talk (R)</div> <div>3:00 Parkinson's Chair Exercise (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Euchre (CR &amp; FS)</div>	<div>Massage Therapist</div> <div>24</div> <div>Tu Bishvat</div> <div>9:30 CVS (I)**</div> <div>11:00 "Movers &amp; Shakers" (GR)</div> <div>11:00 Food Lion (I)**</div> <div>1:30 Billiards with Chase (S)</div> <div>1:30 Food Lion (I)**</div> <div>1:30 Mending Hearts Grief Support Group (R (Women) FS (Men))</div> <div>1:30 Spades (IR)</div> <div>1:30 The War: A Ken Burns Film (T)</div> <div>3:00 Chair Yoga (MR)</div> <div>4:00 Happy Hour (L)</div> <div>4:30 Dinner Diners: Angelo's (I)** (OFC)</div> <div>6:30 Pinochle (CR &amp; FS)</div>	<div>Mahayana New Year (Buddhist)</div> <div>25</div> <div>Tu Bishvat</div> <div>9:15 Woodcarvers (AR)</div> <div>10:30 Don Vaught, Financial Advisor (T)</div> <div>10:30 Pottery (AR)</div> <div>1:00 Hand and Foot Card Game (CR)</div> <div>1:00 Mah Jongg (GR)</div> <div>2:00 Alzheimer's Caregivers Support Group (R)</div> <div>2:00 Resident Pool Games (Pool)</div> <div>3:00 Dominoes (IR)</div> <div>3:00 Resident Swap Item Drop Off (R)</div> <div>4:00 Happy Hour (L)</div>	<div>International Customs Day</div> <div>26</div> <div>9:00 - 1:00 Resident Swap (R)</div> <div>9:45 Banks (I)**</div> <div>11:00 Wegman's (I)**</div> <div>1:00 Duplicate Bridge (IR)</div> <div>1:30 Tea Drinkers (GR)</div> <div>2:00 CVS (I)**</div> <div>3:00 Chair Yoga (MR)</div> <div>4:00 Happy Hour (L)</div>	<div>International Holocaust Remembrance Day</div> <div>27</div> <div>10:00 Painting Class (AR)</div> <div>10:00 The Geezers (R)</div> <div>1:30 Movie - Queen Bee (T)</div> <div>4:00 Happy Hour (L)</div>
<div>9:45 The Brandermill Church (I)**</div> <div>28</div> <div>1:30 Movie - Queen Bee (T)</div> <div>2:00 "99" Card Game (CR)</div> <div>2:00 Yarn Arts (GR)</div>	<div>29</div> <div>8:30 Meditation (IR)</div> <div>1:00 Duplicate Bridge (IR)</div> <div>1:00 Scrabble (CR)</div> <div>1:00 Hand &amp; Foot (GR)</div> <div>2:00 Birthday/Anniversary Social (MR)</div> <div>4:00 Happy Hour (L)</div> <div>4:30 Social Trivia (MR)</div> <div>6:45 Non-Denominational Christian Book Study (CR)</div> <div>6:30 Pokeno w/ Mo and Vern (MR)</div>	<div>Podiatrist</div> <div>30</div> <div>9:15 Woodcarvers (AR)</div> <div>12:15 CBS Station Tour (III)** (OFC)</div> <div>1:00 Brandermill Singers (IR)</div> <div>1:00 Social Bridge (GR)</div> <div>1:30 New Resident Meet &amp; Greet (L)</div> <div>1:30 Wii Bowling (S)</div> <div>3:00 Parkinson's Chair Exercise (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Euchre (CR &amp; FS)</div>	<div>Massage Therapist</div> <div>31</div> <div>9:30 CVS (I)**</div> <div>11:00 Food Lion (I)**</div> <div>1:30 Billiards with Chase (S)</div> <div>1:30 Food Lion (I)**</div> <div>1:30 Mending Hearts Grief Support Group (R (Women) FS (Men))</div> <div>1:30 Spades (IR)</div> <div>1:30 The War: A Ken Burns Film (T)</div> <div>3:00 Chair Yoga (MR)</div> <div>4:00 Happy Hour (L)</div> <div>6:30 Pinochle (CR &amp; FS)</div>	<div>LOCATION KEY</div> <div>AR - Art Room</div> <div>CR - Card Room</div> <div>CR &amp; FS - Card Room and Four Seasons CC</div> <div>- Communication Center</div> <div>GR - Game Room</div> <div>IR - Ivy Room</div> <div>L - Lounge</div> <div>MR - Meeting Room</div> <div>OFC - Off Campus</div> <div>R - Reflections</div> <div>R (Women) FS (Men) - Reflections (Women); Four Seasons (Men)</div>	<div>SA - Salon</div> <div>S - Shindigz</div> <div>T - Theater</div> <div>Call to Sign Up!</div> <div>Blue** Ext. 209</div> <div>Red** Ext. 250</div>	<div>Hair Stylist, Stefanie 804.873.3369</div> <div>Nail Specialist, Marcie 804.237.2355</div> <div>Massage Therapist, Anne 804.317.2177</div> <div>Audiologist, 804.818.000</div> <div>Dermatologist 877.345.5300</div> <div>Podiatrist &amp; Nurses Ext. 203</div> <div>Select Rehab 804.794.4597</div>