

SUN	MON	TUE	WED	THUR	FRI	SAT
9:45 Brandermill Church (I)** 1:30 "Pinch" (T) 2:00 Yarn Arts (GR) 4:00 Church Service with Ted Fuson (MR)	8:30 Meditation (R) 9:00 Nail Specialist Marcie** (SA) 1:00 Dietician - Colleen LaMere (L) 1:00 Duplicate Bridge (IR) 1:00 Resident Council (R) 1:00 Hand & Foot (GR) 1:30 Scrabble (CR) 2:00 Ernst Keller Trio Band (MR) 4:00 Happy Hour (L) 4:30 Social Trivia (MR) 7:00 Spiritual Book Study (R)	9:30 Woodcarvers (W) 11:00 Catholic Service (T) 11:00 Lunch Bunch (I)** (O'Tooles) 1:00 Social Bridge (IR) 1:30 "Books That Matter: Dual Sovereignty" (T) 1:30 Wii Bowling (S) 3:00 Parkinson's Dance Group (MR) 4:00 Foundation Scholarship Cocktail Party (Meeting Room/Reflections) 4:00 Happy Hour (L)	Coast Guard Established 1790 Chair Yoga Canceled 7:30 Brandermill Walkers 9:00 Massage Therapist Anne Ferrucci** (Wellness Clinic) 9:00 CVS (I)** 11:00 Food Lion (I)** 1:00 Food Lion (I)** 1:30 Mending Hearts Grief Support Group (Reflections (Women) Four Seasons (Men)) 2:15 Bunco (GR) 3:00 Chair Yoga (MR) 3:00 Henry Nebel, Pianist (MR) 3:00 Writers' Group (CR) 4:00 Happy Hour (L)	9:30 Woodcarvers (W) 10:30 Pottery (AR) 1:00 Hand and Foot Card Game (CR) 1:30 Activities Planning Meeting (L) 1:30 Mahjongg (GR) 2:00 Care Partners Support Group (FS) 3:00 Dominoes (IR) 4:00 Happy Hour (L) 6:45 Claudia Carawan, Singer (MR)	7:30 Brandermill Walkers 9:45 Banks (I)** 11:00 Wegmans (I)** 1:00 Duplicate Bridge (IR) 1:30 "Moving Art: New Zealand" (T) 2:00 CVS (I)** 3:00 Chair Yoga (MR) 4:00 Happy Hour (L) 7:00 "When in Rome" (T)	10:00 Painting Class (AR) 10:00 The Geezers (R) 1:30 "August Rush" (T)
Olympic Closing Ceremony 9:45 Brandermill Church (I)** 1:30 "August Rush" (T) 2:00 Yarn Arts (GR) 4:00 Church Service with Ted Fuson (MR)	Fitness Classes on Video 8:30 Meditation (R) 11:00 Men's Club** (Theater Followed by lunch in Oscar's) 1:00 Duplicate Bridge (IR) 1:00 Hand & Foot (GR) 1:30 Scrabble (CR) 4:00 Happy Hour (L) 4:30 Social Trivia (MR) 7:00 Spiritual Book Study (R)	9:00 Hair Stylist Stefanie** (SA) 9:30 Woodcarvers (W) 1:00 Coloring Club (CR) 1:00 Social Bridge (IR) 1:30 "Books That Matter: Popular Sovereignty and States' Rights" (T) 1:30 Wii Bowling (S) 3:00 Parkinson's Dance Group (MR) 4:00 Happy Hour (L) 4:00 Sing-a-long (L) 4:30 Dinner Diners (I)** (O'Tooles)	7:30 Brandermill Walkers 9:00 CVS (I)** 11:00 Food Lion (I)** 1:00 Food Lion (I)** 1:30 FBI Richmond Community Outreach (T) 1:30 Mending Hearts Grief Support Group (Reflections (Women) Four Seasons (Men)) 2:00 Reader's Theatre (IR) 3:00 Chair Yoga (MR) 4:00 Happy Hour (L) 6:30 BINGO (MR)	9:30 Woodcarvers (W) 10:30 Pottery (AR) 1:00 Hand and Foot Card Game (CR) 1:30 Mahjongg (GR) 2:00 Chat with Charmaine/Fire Safety with Chesterfield EMS (MR) 2:00 Care Partners Support Group (FS) 3:00 Dominoes (IR) 4:00 Happy Hour (L) 6:45 Craig Anders, Keyboardist & Singer (MR)	7:30 Brandermill Walkers 9:00 Massage Therapist Anne Ferrucci** (Wellness Clinic) 9:45 Banks (I)** 11:00 Westchester Commons (I)** 12:00 Neighborhood Harvest Lunch** (GR) 1:00 Duplicate Bridge (IR) 1:30 "Moving Art: Hakkaido" (T) 2:00 CVS (I)** 3:00 Chair Yoga (MR) 4:00 Happy Hour (L)	10:00 Painting Class (AR) 10:00 The Geezers (R) 11:15 Giant Crosswords (L) 1:30 "The Fisherman's Friends" (T)
9:45 Brandermill Church (I)** 1:30 "The Fisherman's Friends" (T) 2:00 Yarn Arts (GR) 4:00 Church Service with Ted Fuson (MR)	Fitness Classes on Video National Airborne Day 8:30 Meditation (R) 9:00 Nail Specialist Marcie** (SA) 1:00 Duplicate Bridge (IR) 1:00 Hand & Foot (GR) 1:30 "Flags of Our Fathers" (T) 1:30 Scrabble (CR) 4:00 Happy Hour (L) 4:30 Social Trivia (MR) 7:00 Spiritual Book Study (R)	9:30 Woodcarvers (W) 11:00 Catholic Service (T) 12:30 Colonial Downs Live Horse Racing and Gaming Emporium (III)** 1:00 Social Bridge (IR) 1:30 "Books That Matter: The Separation of Powers" (T) 1:30 Wii Bowling (S) 2:30 New Resident Meet & Greet (MR) 3:00 Parkinson's Dance Group (MR) 4:00 Happy Hour (L)	7:30 Brandermill Walkers 9:00 Massage Therapist Anne Ferrucci** (Nurse's Office) 10:00 CVS (I)** 1:00 Food Lion (I)** 1:30 Mending Hearts Grief Support Group (Reflections (Women) Four Seasons (Men)) 2:00 Libbie McNamee Book Talk (T) 2:00 Poetry Plaza (CR) 3:00 Chair Yoga (MR) 4:00 Happy Hour (L) 6:30 Pokeno (L)	9:30 Woodcarvers (W) 10:30 Pottery (AR) 1:00 Hand and Foot Card Game (CR) 1:30 Mahjongg (GR) 2:00 Care Partners Support Group (FS) 2:30 Birthday & Anniversary Social** (MR) 3:00 Dominoes (IR) 4:00 Happy Hour (L) 4:30 Dinner Diners (I)** (Palermo) 6:45 Frank Sings Frank (MR)	7:30 Brandermill Walkers 9:45 Banks (I)** 11:00 Hancock Village (I)** 1:00 Duplicate Bridge (IR) 1:30 Health Talks with Chantelle** (T) 2:00 CVS (I)** 2:15 Bunco (GR) 3:00 Chair Yoga (MR) 4:00 Happy Hour (L) 7:00 "The Last Full Measure" (T)	10:00 Painting Class (AR) 10:00 The Geezers (R) 1:30 "Genius" (T)
9:45 Brandermill Church (I)** 1:30 "Genius" (T) 2:00 Yarn Arts (GR) 4:00 Church Service with Ted Fuson (MR)	8:30 Meditation (R) 1:00 Duplicate Bridge (IR) 1:00 Hand & Foot (GR) 1:30 Cool Concessions (AC) 1:30 Scrabble (CR) 4:00 Happy Hour (L) 4:30 Social Trivia (MR) 7:00 Spiritual Book Study (R)	9:00 Hair Stylist Stefanie** (SA) 9:15 Richmond SPCA: Behind the Scenes Tour (II)** 9:30 Woodcarvers (W) 1:00 Coloring Club (CR) 1:00 Social Bridge (IR) 1:30 "Books That Matter: The Federal Legislature" (T) 1:30 Wii Bowling (S) 3:00 Parkinson's Dance Group (MR) 4:00 Happy Hour (L) 4:00 Sing-a-long 7:00 Euchre (CR)	7:30 Brandermill Walkers 9:00 Massage Therapist Anne Ferrucci** (Wellness Clinic) 10:00 CVS (I)** 1:00 Food Lion (I)** 1:30 Krafts with Kathy (AR) 1:30 Mending Hearts Grief Support Group (Reflections (Women) Four Seasons (Men)) 3:00 Chair Yoga (MR) 4:00 Happy Hour (L)	National Women's Equality Day 9:30 Woodcarvers (W) 10:30 Don Vaught, Financial Advisor (T) 10:30 Pottery (AR) 1:00 Hand and Foot Card Game (CR) 1:00 iPad Class with Steve Dunlap** (T) 1:30 Mahjongg (GR) 2:00 Resident Pool Games (Pool) 2:00 Care Partners Support Group (FS) 3:00 Dominoes (IR) 4:00 Happy Hour (L) 6:45 Beat the Heat with Steel Drums (Courtyard)	7:30 Brandermill Walkers 9:45 Banks (I)** 11:00 Trader Joe's (I)** 1:00 Duplicate Bridge (IR) 1:30 "Moving Art: Machu Picchu" (T) 1:30 Tea Drinkers (GR) 2:00 CVS (I)** 3:00 Chair Yoga (MR) 3:00 Cheese Tasting** (L) 4:00 Happy Hour (L)	10:00 Painting Class (AR) 10:00 The Geezers (R) 1:30 "Suffragette" (T)
9:45 Brandermill Church (I)** 1:30 "Suffragette" (T) 2:00 Yarn Arts (GR) 4:00 Church Service with Ted Fuson (MR)	Audiologist 8:30 Meditation (R) 9:00 Hair Stylist Stefanie** (SA) 1:00 Duplicate Bridge (IR) 1:00 Hand & Foot (GR) 1:30 Scrabble (CR) 2:00 Dog Days of Summer Dog show (MR) 4:00 Happy Hour (L) 4:30 Social Trivia (MR) 7:00 Spiritual Book Study (R)	Podiatrist 9:30 Woodcarvers (W) 1:00 Social Bridge (IR) 1:30 "Books That Matter: The President of the United States" (T) 1:30 Wii Bowling (S) 3:00 Parkinson's Dance Group (MR) 4:00 Happy Hour (L) 6:15 Pontoon Boat Ride (Swift Creek Reservoir)	LOCATION KEY AC - Around Campus AR - Art Room CR - Card Room FS - Four Seasons GR - Game Room IR - Ivy Room L - Lounge MR - Meeting Room R - Reflections SA - Salon S - Shindigz T - Theater W - Wood Carving Room	Massage Therapist Anne Ferrucci August 4, 13, 18, 25 Call: 804-317-2177	Audiologist Monday, August 30 Call 818-0000 for an appointment Podiatrist Tuesday, August 31 Call ext. 203 for an appointment.	Nurse Hours in Clinic 9:00 - 11:00 a.m. Monday and Friday 1:00 - 3:00 p.m. Tue. Wed. and Thurs Genesis Rehab On-Site Therapy Department Call 269-0034

August 2021
Independent Living
(804) 744-1173 ext. 261

For activities in **BLUE**** sign up at **ext. 209.**
For activities in **RED****, sign up at **ext. 250.**