



## PROFESSIONAL PROFILE

### Personal Details

Name	Jordan Welborn
Position	Specialist Occupational Therapist
Office Address	Well Way Rehab Solutions   19 Chesworth Road   Harwood Park   Bromsgrove   B60 2HF
Contact Details	P: <a href="mailto:jordan@wellwayreabsolutions.com">jordan@wellwayreabsolutions.com</a> A: <a href="mailto:admin@wellwayreabsolutions.com">admin@wellwayreabsolutions.com</a>

Jordan Welborn is a qualified, HCPC registered Occupational Therapist who graduated from Coventry University with a BSc with Hons in Occupational Therapy, and is a general member of the RCOT, with additional memberships within the specialist sections relating to Housing and Neurological Practice. Prior to commencing his degree, Jordan successfully achieved an access to higher education diploma in health studies, forming a solid base of knowledge in human anatomy, physiology, psychology and sociology that put him in a great position to work effectively with individuals with disabilities, illnesses and injuries. Throughout

his employment as an Occupational Therapy Assistant and Specialist Occupational Therapist, Jordan has applied his diverse skillset to the treatment of individuals with dysfunction resulting from stroke, trauma, acquired brain injury and traumatic brain injury in addition to providing management and supervision to an array of assistant practitioners and professionals alike. Jordan has a special interest in housing adaptations, providing occupational therapy input throughout all stages of adapted property development, liaising with the patient, family, statutory services, multi professionals, contractors and specialist equipment suppliers to ensure any adaptations are completed with the patients' needs and wants at the core of the project, ensuring the environment and equipment promotes optimal occupational functioning.

Jordan spent 7 years working as a chef and kitchen manager, taking responsibility for several team members, as well as managing the high demands that come with working within a busy environment. He draws meaning and purpose from cooking, with fine consideration to the nutritional value of food/meals. Participating in this occupation generates empathy for the importance of cooking as a meaningful occupation and emphasises the fundamental need for engagement in meaningful and purposeful activities, despite the form they take. Jordan also enjoys physical pursuits that have direct health related benefits to him such as cycling, resistance-based gym work, functional strength training, running, badminton, table tennis and swimming.

Throughout his student and professional practice, Jordan has gained experience in paediatrics, acute mental health, acute medicine and neurology. He is experienced in working with complex brain injuries, stroke, spinal cord injury and other complex physical and cognitive individuals.

Jordan is a forward thinking, dynamic Occupational Therapist who is creative in his approach to treating individuals and welcomes challenges that may arise from working with individuals with complex care needs. It is his sole aim to enable individuals to perform to the best of their ability and achieve goals that have been set collaboratively, all to improve functioning, independence and achieve fulfilment from life.

Jordan's ethos to rehabilitation is, 'Let's develop an already meaningful activity and discover the rehabilitation opportunities within, as opposed to taking a rehabilitation focused activity in the hopes that it eventually becomes meaningful'.

## Key Skills

- Brain Tree Cognitive Rehabilitation
- Brain Tree Insight Training
- Assessment and application to practice of ReWalk robotic exoskeleton - ReWalk™
- Assessment and fitment of orthotics – DM Orthotics™
- Application of Canadian Model of Occupational Performance & Engagement (CMOP-E) to practice
- Pragmatic approach to functional performance

- ATACP Accredited Aquatic Therapist
- Certified Rebound Therapy™ provider
- Hands on rehabilitation
- Provision of boxing as a therapeutic intervention
- ADL equipment prescriber
- Wheelchair assessment
- Minor and major property adaptations
- Time management
- Personable
- Adaptable
- Excellent interpersonal and communication skills
- Flexible

### Areas of expertise / other useful information

- Brain Injury
- Stroke and Neurology
- Complex Rehabilitation
- Upper limb rehabilitation
- Fatigue Management
- Housing adaptations
- Posture and seating

### Education

- Coventry University – Occupational Therapy BSc (Hons)
- Braintree – Understanding Cognitive Rehabilitation
- Braintree – Insight Workshop
- Rebound Therapy™ - Becoming a rebound therapist
- ATACP certified Aquatic Therapist
- Walsall College - Level 3 qualification in Nutrition
- Access to Higher Education at Walsall College – Certification achieved at Distinction standard

## Employment History

- Specialist Occupational Therapist - Well Way Rehab Solutions 2020
- Director & Clinical Lead - NPP Rehab Assist 2018 - Present
- NPP Occupational Therapy 2015 – 2020
- Whitbread Plc - Lead chef 2013 – 2017
- Punch Breweries - Kitchen manager 2011-2013