

CINQ MÔNDES  
PARIS

# Treatment menu

HAPPINESS IN YOUR SKIN

“ Cinq Mondes offers you the opportunity to deeply regenerate your body and mind, to get back to a perfectly balanced state of being, even down to the cells in your skin:

Happiness  
in your skin. ”





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# The Cinq Mondes Adventure

Since its inception in Paris in 2001, CINQ MONDES has resolutely specialized in professional spa treatments inspired by traditional medicines. The brand revamps beauty rituals from around the world with its characteristic refinement, efficacy, and appeal to the senses. Its treatments address not just the skin and body, but also energies and emotions. Our team of spa-therapists and facialists have adapted these regenerating and balancing techniques, originally from various different continents, to offer you a fully immersive, holistic break from your everyday life.



# the face

Each of our Facials is a technical yet relaxing experience that brings out the beauty in everyone. Each of the Cinq Mondes products used during the treatment respects the principle of Skin Dietetics®, offering targeted and tailored effectiveness. An exclusive manual, needle-free acupuncture technique called Dermapuncture® paired with massage techniques from traditional medicine around the world will relax the features of the face, neck, and chest deeply.

# KO BI DO Facials

You can only find this incredible Facial at our Spas. As its name implies, it is an extremely sophisticated facial massage originally from Japan. Ko means old, Bi means facial beauty, and Do means the right action.

**KO BI DO** 1hr20 - €204

## **GLOBAL ANTI-AGING**

This exceptional treatment combines powerful Géo extract with Dermapuncture® techniques and a jade Ridoki roller for a truly natural facelift.

**KO BI DO** 50min - €136

## **RESENSIFICATION**

This wrinkle-reducing treatment acts deeply on the face and neck, leaving the skin toned, smoothed, and plumped.

**KO BI DO** 20min - €68

## **INSTANT YOUTHFULNESS**

This treatment using natural facelift techniques, is suitable for the face's most delicate areas, and provides immediate results.



# Facials

## **Balinese Flowers and Fruits Massage** 1hr20 - €204

### **PERFECT RADIANCE**

This treatment will leave the skin truly blemish free and the complexion radiant, thanks to oxygenation techniques that combine natural active ingredients from tropical flowers and fruit acids (AHAs).

## **Five Balinese Flowers Massage** 50min - €136

### **PLUMPING MOISTURIZER**

Originally from Bali, this treatment's blend of five tropical flowers moisturizes deep down, balances out the skin's microbiota, and brightens the skin. Massaging the face, neck, and trapezius muscles releases all the tension from everyday life.

## **Balinese Flowers Massage** 20min - €68

### **RADIANCE BOOST**

Enjoy this radiance-boosting treatment's delicate tropical flower fragrance and discover the benefits of primary treatments, for cleansed skin and a radiant complexion.



# the body

Invite your senses to discover the benefits of the best massages from around the world, passed down over many generations. Each one will carry your senses away, across time and space, to Bali, India, North Africa, and more. They will leave you deeply renewed in body and mind. Let yourself be transported by the heady fragrances and enchanting textures, for a long-lasting feeling of calm.

# Preparatory Treatments

## **Spiced Aromatic Scrub** 20min - €68

### **ENERGIZING**

Treat yourself to this exfoliating treatment inspired by the island of Java. It uses spices and sea salts, whose delicate fragrances will captivate you and leave your skin soft and silky smooth.

## **Papaya Purée Scrub** 20min - €68

### **SENSORY**

Discover this exfoliating treatment from Siam that uses our smooth' fine-grained Papaya Purée. It will exfoliate your skin gently and leave it softer than ever.

## **Sublime Tahitian Monoi Scrub** 20min - €68

### **SUBLIME SMOOTHING**

Treat yourself to this skin-smoothing treatment with organic Monoi, Tiaré flowers, sugar, and coconut powder, inspired by Polynesia and suitable for sensitive skin.

*The Sublime Scrub, Sublime Body & Hair Oil, and Sublime Body Balm are Cosmébio labeled.*



# Full-Body Massage

**Traditional Oriental Massage** 20min/50min - €68/136

## SENSORY

This full-body massage with warmed argan oil will transport you to the heart of North African tradition. You will be wrapped with slow, deep movements that will make you feel true bliss.

**Indian Ayurvedic Massage** 50min - €136

## PROFOUNDLY INVIGORATING

Enjoy this invigorating hot-oil massage inspired by traditional Abhyanga. The energetic, alternating pace will release any tension and relax your muscles.

**Sublime Polynesian Massage** 50min/1hr20\* - €136/204

## LET IT ALL GO

A massage passed down by Polynesian healers with the slow rhythms of Lomi-Lomi. The delicate notes of the Tiaré flower will accompany you all throughout this relaxing experience.  
*Massage done with heated Sublime Body & Hair Oil and Sublime Body Balm, which are Cosmébio labeled.*

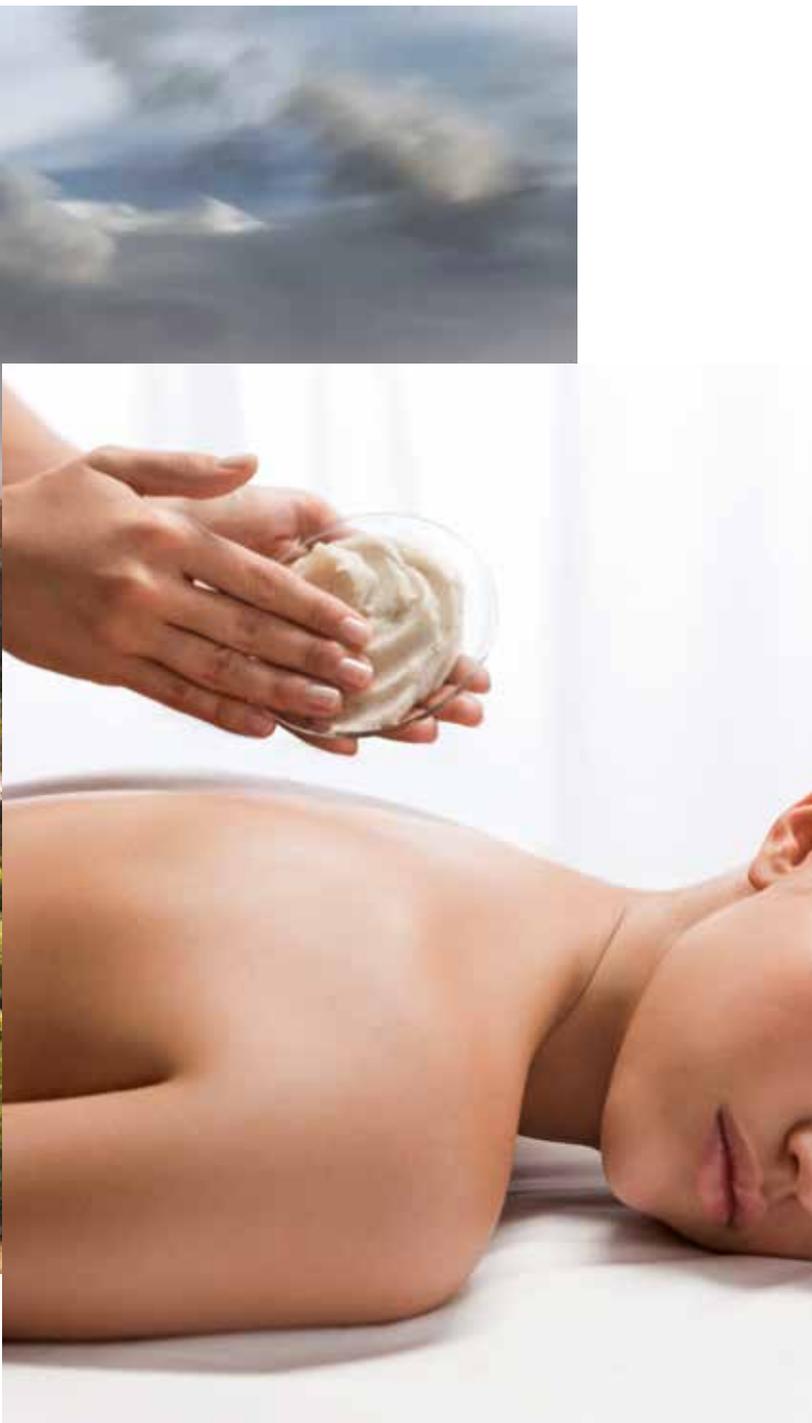
**Back's Delight Massage** 20min - €68

## SOOTHING

Discover this relaxing hot-oil massage. This treatment pays particular attention to your back and neck muscles to release tension and leave you feeling blissful.

\*Not available until masks are mandatory during treatments for spa therapists.





# grand treatment rituals

Experience something unique and unforgettable that combines happiness with a beauty treatment for your face and body! These Treatment Rituals give you the opportunity to enjoy a combination of treatments depending on what benefits you are looking for. Let yourself be guided by traditional medicines from around the world, their secrets and unforgettable fragrances for two hours of pure bliss...

## SPA ACCESS 1H BEFORE OR AFTER THE GRAND RITUAL

### **Grand Imperial Youthfulness Ritual** 1hr50 - €270

#### **SUPREME KO BI DO**

Stemming from ancestral Japanese beauty methods, this ritual comprises techniques known to this day as the most effective ways to restore and prolong the youthfulness of the face, neck, and chest.

- Ko Bi Do Facial - Global anti-aging
- Back's Delight Massage

### **Grand Sublime Ritual from Polynesia** 1hr50/2hr20 - €270/335

#### **ULTIMATE RELAXATION**

This ritual, inspired by Polynesian beauty traditions, will help you let go of it all and will reboot your physical and mental energies.

- Balinese Flowers Facial Massage
- Sublime Tahitian Monoi Scrub
- Sublime Polynesian Massage

### **Grand Happiness Couples Ritual** 1hr20 - €400

#### **DUO RELAXATION**

Share a blissfully relaxing and unforgettable moment together. This ritual gives you the opportunity to experience something unique that leaves you feeling energized and harmonious.

- Facial Massage 20min of your choice
- Body Massage 50min of your choice

### **Grand Traveler's Ritual** 1hr50 - €270

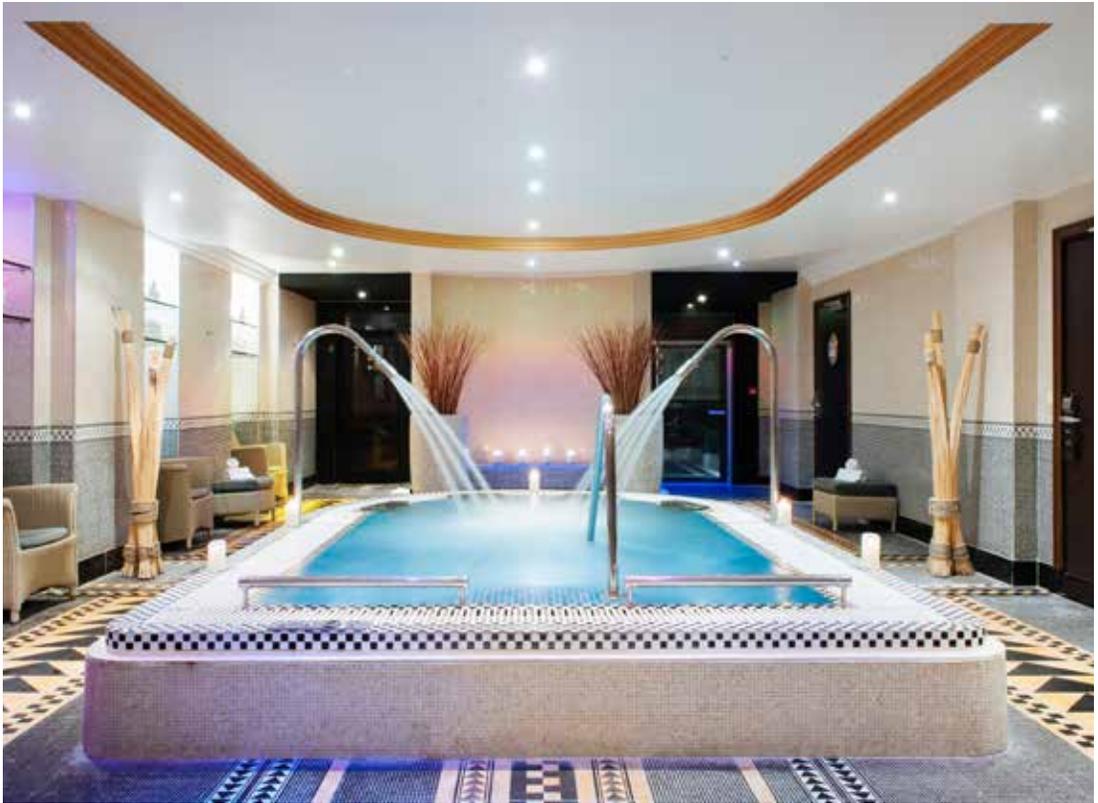
#### **ANTI-JETLAG**

Reach deep down to refuel your energy stores and reset your internal clock with this special treatment routine.

- Balinese Flowers Facial Massage
- Heat envelopment
- Back's Delight Massage
- Legs and Feet Reflexology Massage



# The Cinq Mondes World



## Spa Access

**In addition to a treatment** • 1hr - €15

**Access only** • 2hr - €45

**Monthly Fitness membership + 2 Spa accesses 1h/month**

**between 10am and 1pm** • €120/month

**Annual Fitness membership + 1 Spa access 1h/month**

**between 10am and 1pm** • €1200/year

## Spa Gift Certificate

Discover the joy of a Cinq Mondes experience by offering a treatment to your guest your guest with our Gift Invitations\*. Your guest can choose his or her treatment according to the duration you have selected. You can also personalize your invitation your invitation with a box of cosmetic products to carry your guest around to transport your guest into the world of Spa and well-being.

*\*Nominative and numbered; non-refundable and valid for a minimum of 50 minutes of treatment within one year of purchase. The client can choose to take products instead of doing the treatment.*

**Spa Access** • 2hr - €45

**Gift Invitation 50min/1hr20 + 1hr Spa Access** • €151/219

**Duo Gift Invitation - 50min/1hr20 + 1hr Spa Access** • €302/438

**Grand Ritual Gift Invitation - 1hr20/1hr50/1hr20**

**+ 1hr Spa Access** • €400/270/335

# CINQ MŌNDES

PARIS

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