

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

| | | | | | | | | | | | | | |
|--|----|--|----|--|----|---|----|---|----|--|----|---|----|
| | | | | | | <p>10:00 Donut Social</p> <p>10:30 Snack & Daily Devotional</p> <p>1:30 Pass the Hot Potato</p> <p>3:00 Coloring & Conversation</p> <p>New Year's Day</p> | 1 | | | | | | |
| <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>1:30 Card Games</p> <p>3:00 Songs to Remember</p> | 2 | <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>2:00 Tai Chi w. Cindy/AR</p> <p>3:00 Puzzles</p> | 3 | <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>1:30 Scenic Ride w. Mel</p> <p>3:00 Movie & Relaxation</p> | 4 | <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>1:30 Arts & Crafts</p> <p>3:00 Music & Movement</p> | 5 | <p>10:00 Hope Church w. Pastor Bob</p> <p>1:30 Music. W. Autumn/AR</p> <p>3:00 Nostalgic TV</p> | 6 | <p>10:00 Bible Study w. Bob/AR</p> <p>10:30 Snack & Church Hymns</p> <p>2:00 Trivia & Reminisce</p> <p>3:00 World Tour Video</p> | 7 | <p>10:30 Snack & Daily Devotional</p> <p>1:30 Parachute Fun</p> <p>3:00 World Tour Video</p> | 8 |
| <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>1:30 Card Games</p> <p>3:00 Songs to Remember</p> | 9 | <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>2:00 Tai Chi w. Cindy/AR</p> <p>3:00 Coloring & Conversation</p> | 10 | <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>2:00 Story Time</p> <p>3:00 Movie & Relaxation</p> | 11 | <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>1:30 Polish & Chat</p> <p>3:00 Music & Movement</p> | 12 | <p>10:00 Fitness 1st floor</p> <p>10:30 Snack & Daily Devotional</p> <p>2:00 Music w. Kathy/AR</p> <p>3:00 Nostalgic TV</p> | 13 | <p>10:00 Bible Study w. Bob/AR</p> <p>2:00 Hand Lotion Massages</p> <p>3:00 Chair Exercise on NHL</p> | 14 | <p>10:30 Snack & Daily Devotional</p> <p>1:30 Toss the Beach Ball</p> <p>3:00 Coloring & Conversation</p> | 15 |
| <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>1:30 Card Games</p> <p>3:00 Songs to Remember</p> | 16 | <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>2:00 Tai Chi w. Cindy/AR</p> <p>3:00 Puzzles</p> <p>Martin Luther King Jr. Day</p> | 17 | <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>1:30 Scenic Ride w. Mel</p> <p>3:00 Movie & Relaxation</p> | 18 | <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>1:30 Arts & Crafts</p> <p>3:00 Music & Movement</p> | 19 | <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>1:30 Music. W. Autumn/AR</p> <p>3:00 Nostalgic TV</p> | 20 | <p>10:00 Bible Study w. Bob/AR</p> <p>10:30 Snack & Church Hymns</p> <p>3:00 World Tour Video</p> | 21 | <p>10:30 Snack & Daily Devotional</p> <p>1:30 Ring Toss</p> <p>3:00 World Tour Video</p> | 22 |
| <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>1:30 Card Games</p> <p>3:00 Songs to Remember</p> <p>Activity Professionals Week</p> | 23 | <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>2:00 Tai Chi w. Cindy/AR</p> <p>3:00 Coloring & Conversation</p> | 24 | <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>2:00 Story Time</p> <p>3:00 Movie & Relaxation</p> | 25 | <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>1:30 Polish & Chat</p> <p>3:00 Music & Movement</p> | 26 | <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>1:30 Songs to Remember/AR</p> <p>3:00 Nostalgic TV</p> | 27 | <p>10:00 Bible Study w. Bob/AR</p> <p>2:00 Hand Lotion Massages</p> <p>3:00 Chair Exercise on NHL</p> | 28 | <p>10:30 Snack & Daily Devotional</p> <p>1:30 Balloon Volleyball</p> <p>3:00 Coloring & Conversation</p> | 29 |
| <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>1:30 Card Games</p> <p>3:00 Songs to Remember</p> | 30 | <p>10:00 Fitness</p> <p>10:30 Snack & Daily Devotional</p> <p>2:00 Birthday Bash & Music w. Don/AR</p> <p>3:00 Puzzles</p> | 31 | <p>HAPPY BIRTHDAY!!!</p> <p>Jackie</p> | | | | | | | | | |