



## WHAT WE OFFER



Bringing healthcare closer  
to where you live

## ABOUT

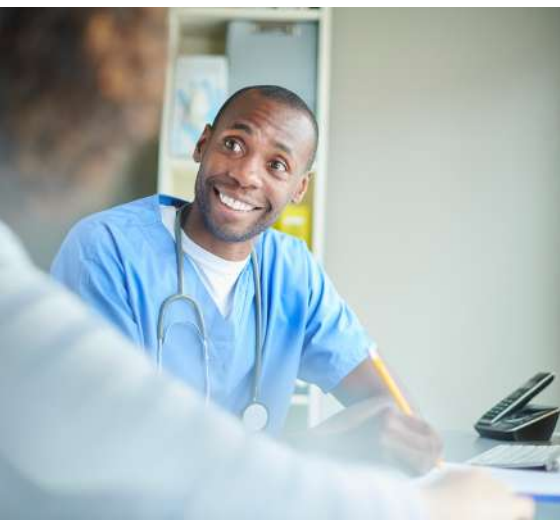
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We are a team of Consultant Surgeons and Healthcare managers working with the NHS to provide faster, local and expert care in Orthopaedics, Spinal, General Surgery and Gynaecology.

As an NHS designated body, our values are strongly aligned with NHS values and our services are provided principally through NHS e-Referral.

We treat approximately 10,000 new patients every year and have approximately 50 consultants working with us across various specialities.

Our patient pathway is based on providing outpatient care and physiotherapy rehabilitation locally, directing surgical patients to one of our local Hub independent sector hospitals.



## SURGICAL CATEGORIES

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### Orthopaedics

Orthopaedics is the branch of surgery that diagnoses, treats and cares for your musculoskeletal system. It covers a complex system that we all use constantly: from bones and joints to ligaments, tendons, muscles, and nerves.

### Spinal

Spine problems and back pain are common health issues that can prevent you living a full and rewarding life. Some spinal conditions may be sudden and surprising, like muscle strains or sports injuries, while others are less preventable, such as scoliosis, arthritis and osteoporosis.

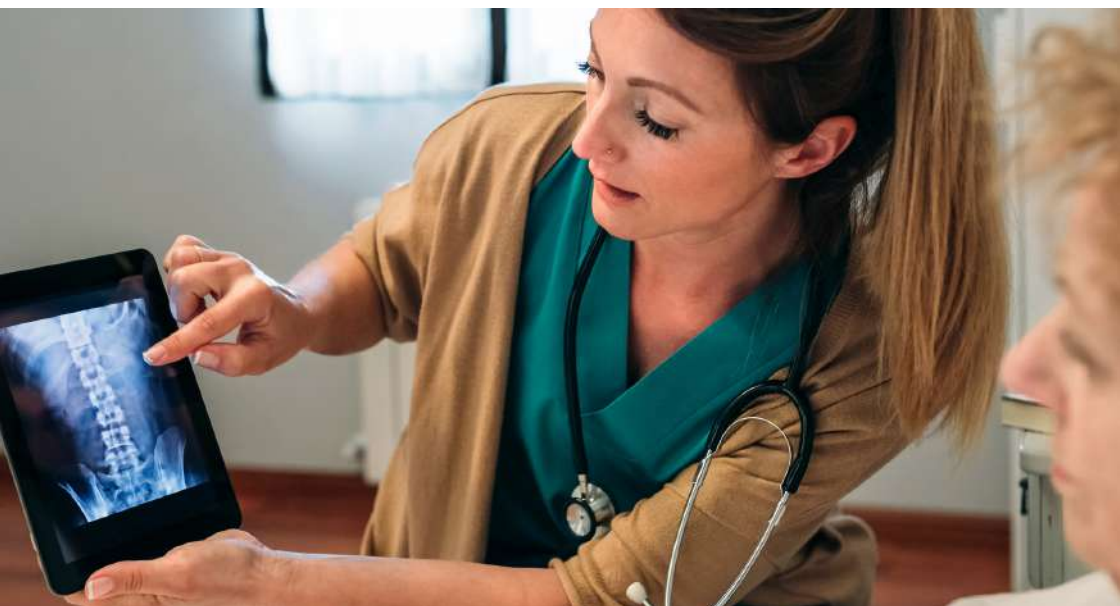


## **Gynaecology**

Gynaecology is the branch of medicine that covers the female reproductive system and treats gynaecological conditions such as fibroids, endometriosis and menstrual or menopause problems.

## **General**

General Surgery treats the most common health conditions of the upper and lower gastro-intestinal system, such as hernias, diverticular disease or gallstones.





## T R E A T M E N T S

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### Back & Spine

- Spinal Decompression
- Microdiscectomy
- Lumbar fusion



### Colorectal

- EUA (Examination under anaesthetic)
- Haemorrhoidal Artery Ligation (HALO)
- Haemorrhoidectomy
- Excision of pilonidal sinus



### Foot & Ankle

- Total Ankle Replacement
- Claw Toe Correction
- Achilles Tendon repair



### Gastrointestinal

- Colonoscopy
- Flexible colonoscopy
- Gastroscopy
- Laparoscopic Cholecystectomy

## **Gynaecology**

- Laparoscopy
- Hysteroscopy
- Hysterectomy
- Pelvic floor repair

## **Knees**

- Total Knee Replacement
- Knee Arthroscopy
- ACL reconstruction

## **Head & Neck**

- Anterior Cervical Disectomy & Fusion

## **Hernias**

- Inguinal hernia repair
- Umbilical Hernia repair
- Epigastric hernia repair

## **Hips**

- Total Hip Replacement
- EUA arthrogram and injection

## **Elbow**

- Tennis elbow repair surgery
- Elbow Replacement

## **Hand & Wrist**

- Carpal Tunnel Release
- Trigger finger
- Trapeziectomy
- Excision of Lipoma/Ganglion

## **Shoulder**

- Subacromial Decompression
- Rotator cuff repair
- Shoulder Capsular release

## LOCATIONS

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### **Somercotes Medical Centre**

Alfreton

### **South Yorkshire Physio**

Barnsley

### **The Glass Yard**

Chesterfield

### **Barlborough Treatment Centre**

Barlborough

### **Central Health**

Derby

### **Bransholme Health Centre**

Hull

### **The Surgery @ Aylestone Clinic**

Leicester

### **Grantham Health Centre**

Grantham

### **John Coupland Hospital**

Gainsborough

### **Johnson Community Hospital**

Spalding

### **North Hykeham Health Centre**

Lincoln

### **Skegness Hospital**

Skegness

### **St Hugh's Hospital**

Grimsby

### **Riverside Surgery**

Brigg

### **Sage Therapy Centre**

Nottingham

### **Ossett Surgery (formerly Church Street Surgery)**

Ossett

### **Chapman Physiotherapy**

Doncaster

### **DRG Health Clinic**

Doncaster

### **Kinvara Hospital**

Rotherham

### **Morthen Road Surgery**

Rotherham

### **One Health Group - Head Office**

Sheffield

### **Thornbury Hospital (formerly BMI Thornbury)**

Sheffield

### **White House Clinic**

Sheffield

### **Back In Action**

Wakefield

### **Huddersfield Hospital**

Huddersfield

### **Oaklands Health Centre**

Holmfirth

### **Spire Elland Hospital**

Elland



## HOW TO GET REFERRED

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1. If you live in South Yorkshire, Derbyshire, Nottinghamshire, West Yorkshire, Lincolnshire & Hull, you can use OHG. You can choose to be referred to OHG for your consultation and any subsequent treatment.
2. As an NHS patient, you have the right to choose where and with whom you have your treatments. If you require a surgical referral, simply ask your GP to ensure it's booked with One Health or tear off the referral slip below and take it with you.
3. If for some reason your GP won't assist with this, please contact our Patient Liaison Team who will be able to help you.



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## OUR ADDRESS

131 Psalter Ln, Nether Edge,  
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**0114 250 5510**

**[onehealth.co.uk](http://onehealth.co.uk)**