



persiMon® and Cranberry Smoothie

This refreshing smoothie will deliver a jolt of energy in the morning. persiMon® is versatile and ideal for blending; it can be mixed with any other fruit for other delicious flavour combinations.

Makes 6 servings

Ingredients

- 2 diced persiMon®
- 1/2 cup (125ml) frozen cranberries
- 1/2 cup (125ml) Greek yogurt
- 4 tbsp (60 ml) almond butter
- 1 cup (250ml) almond milk
- 2 cups (500ml) whole milk
- a few ice cubes

Preparation

Place all the ingredients in a blender and mix until a smooth texture is achieved.

Add more milk if the texture is too thick.

Serve cold.

