

Michael E. Hamilton,
Ph.D., D.O.M., A.P., Lic. Ac., Dipl. Ac. (NCCAOM), C.M.T.

Work Experience

- 2010 - Current** **Tao of Mindfulness / Hwa Yu Health Institute / *Desert Hot Springs, Ca***
Director - Private Practice / Consultant / Personal Trainer / Lecturer / Teacher
- 2020 - 2020** **The Reserve Club / *Indian Wells, Ca***
- Instructor / Mindfulness Training thru Tai Chi Qigong / Meditation
- 2019 - 2020** **Morningside Country Club / *Rancho Mirage, Ca***
- Instructor / Mindfulness Training thru Tai Chi Qigong / Meditation
- 2017- Current** **Indian Ridge Country Club / *Palm Desert, Ca.***
- Instructor / Mindfulness Training thru Tai Chi Qigong / Meditation
- 2016 - 2020** **Sun City Shadow Hills / *Indio, CA.***
- Instructor / Mindfulness Training thru Tai Chi Chuan / Qigong / Meditation
- 2015 - Current** **University of California Riverside Extension Professional Studies
*Palm Desert, Ca***
- Instructor / Mindfulness Studies / "Transform Stress into Vitality"
- 2014 - Current** **Bighorn Golf Club / *Palm Desert, Ca***
- Instructor / Mindfulness Training thru Tai Chi Qigong / Meditation
- 2014 - 2017** **Two Bunch Palms Resort & Spa / *Desert Hot Springs, Ca***
Independent Contractor / Teacher / Therapeutic Consultant / Practitioner
- Created & implemented New Asian Therapy / Mindfulness programs
- Morning classes / Tai Chi Qigong (Therapeutic Body Mind Gymnastic)
- Evening classes / Mindfulness thru Breath Meditation
- Private Sessions / New Asian Therapeutic Bodywork Massage (Tui Na)
- 2014 - 2015** **The Reserve Club / *Indian Wells, Ca.***
- Instructor / Mindfulness Training thru Tai Chi Qigong / Meditation
- 2013 - 1016** **The Vintage Club / *Indian Wells, Ca.***
- Instructor / Mindfulness Training thru Tai Chi Qigong / Meditation
- 2012 - 1013** **The Hideaway Golf Club / *La Quienta, Ca.***
- Instructor / Mindfulness Training thru Tai Chi Qigong / Meditation
- 2012 - 1013** **Bella Monte Hot Springs Resort & Spa / *Desert Hot Springs, Ca.***
- Private Sessions - New Asian Therapeutic Bodywork & Massage,
- Tui Na / Chi Nei Tzang - Abdominal Internal Organ Massage
- 2011 - 2013** **Hacienda Resort and Spa / *Desert Hot Springs, Ca***
- Private Sessions - New Asian Therapeutic Bodywork & Massage,
- Tui Na / Chi Nei Tzang - Abdominal Internal Organ Massage

- 2004 - 2010 Hippocrates Health Institute / West Palm Beach, Florida**
 Consultant / Doctor of Oriental Medicine / Acupuncture Physician
- Developed morning Qigong therapy program
 - Developed morning “Mindfulness thru Breath” Meditation program
 - Private Sessions - Tui Na Therapeutic Bodywork & Massage, Chi Nei Tzang
 - Private Sessions - Acupuncture, Qigong, Meditation
 - Evening Lecture Series: “Transform Stress into Vitality”
- 2002 - 2003 We Care Holistic Health Center / Desert Hot Springs, California**
 Consultant / Therapist
- Private sessions - Tui Na Therapeutic Bodywork & Massage, Chi Nei Tzang
 - Weekly lecture - Chi Nei Tzang / Cleansing / Colon Therapy
 - Weekly lecture - Mindfulness Meditation “Transform Stress into Vitality”
- 2001 - 2002 Chiva-Som International Health Resort / Hua Hin, Thailand**
 Guest Consultant / Traditional Oriental Medicine for Health and Wellness
- Developed a consistent Tai Chi and Qigong program for Chiva-Som’s staff
 - Developed morning Tai Chi and Qigong program for Chiva-Som’s cliental
 - Private sessions - Tui Na Therapeutic Bodywork & Massage, Chi Nei Tzang
 - Private sessions - Tai Chi Chuan, Qigong and Meditation
 - Evening Lecture series - “Transform Stress into Vitality”
- 1999 - 2001 Hwa Yu Health Institute-Educational and Health Center / Chiang Mai, Thailand**
 Director / Workshops—Seminars—Classes—Private Practice in:
- Traditional Oriental Internal Medicine for Health, Wellness and Longevity
- | | | |
|---------------------------|-----------------------|-----------------------------------|
| Acupuncture | Tui Na | Chi Nei Tzang (Abdominal Massage) |
| Meditation | Qigong | Tai Chi Chuan |
| Sexual Energy Cultivation | Pranic Energy Healing | Qigong Healing |
- 1997 - 1999 Rocky Mountain Healing Tao Center / Hwa Yu Health Institute / Boulder, Co**
 Director & Senior Instructor
 Workshops / Seminars / Classes / Private Practice in:
- Oriental Internal Medicine for Health, Self-defense and Longevity
- | | | |
|-------------|-----------------------|-----------------------------------|
| Acupuncture | Tai Chi | Chi Nei Tzang (Abdominal Massage) |
| Tui Na | Qigong | Qigong Healing Therapy |
| Meditation | Pranic Energy Healing | Liu He Ba Fa Chuan |
- The Naropa Institute / Boulder, Colorado**
 - Teacher / Esoteric Taoist Studies for Health and Well-being
- Ruseto College of Acupuncture / Boulder, Colorado**
 - Teacher / Oriental Medicine - Philosophy & Theory
- Ralley Sport & Health Fitness Club / Boulder, Colorado**
 - Teacher / Tai Chi Chuan & Qigong
- Southwest Acupuncture College / Boulder, Colorado**
 - Teacher / Acupuncture & Meditation
- Boulder College of Massage / Advanced Body Work Studies, Colorado**
 -Teacher / Tui Na Therapeutic Bodywork, Chi Nei Tzang (Abdominal & Internal Organ Energy Transformational Massage)

- 1986 - 1996 Healing Tao Center of Los Angeles / Hwa Yu Health Institute
Santa Monica, Ca.**
- Director & Senior Instructor / Workshops - Seminars - Classes - Private Practice
in the Oriental Internal Medical Arts for Health, Self-defense, Longevity
- 1994 - 1995 Emperor's College of Traditional Oriental Medicine / Santa Monica, Ca**
- Teacher / Tai Chi Chuan, Qigong, Meditation
- 1992 - 1993 Samura University of Traditional Oriental Medicine / Los Angeles, Ca**
- Teacher / Philosophy of Oriental Medicine, Meditation, Tai Chi Chuan, Qigong
- 1982 - 1985 California Acupuncture College / Los Angeles, California**
- Department Director & Teacher / Tai Chi Chuan, Qigong, Meditation
- 1977 - 1981 Hwa Yu Health Institute / Boston, Massachusetts**
Owner & Director / Appointed successor, to Grand Master John Chung Li, of the
Hwa Yu Health Institute, by Master Li.
- 1977 - 1978 Brown University, Dept. of Physical Education / Providence, RI**
- Teacher / Taoist Philosophy, Tai Chi Chuan, Qigong, Meditation
- 1975 - 1976 Emerson College, Dep. of Philosophy & Religion / Interdisciplinary Studies**
- Teacher / Taoist Philosophy, Tai Chi Chuan, Qigong, Meditation

FORMAL EDUCATION

- 2000 Nanjing University of Traditional Chinese Medicine / Nanjing, China**
- Graduate / Advanced Course Practicum / Acupuncture / Moxibustion
- 1999 Nanjing International Acupuncture Training Center / Nanjing, China**
- Didactic Acupuncture Program in Clinical Practice
- 1993 The Open International University for Complementary Medicines
affiliated to Medicina Alternativa Institute / Colombo, Sri Lanka**
- Doctorate of Philosophy
- 1985 California Acupuncture College / West Los Angeles, California**
- Graduate / Certificate of Acupuncture
- 1985 Nanjing College of Traditional Chinese Medicine / Nanjing, China**
- Graduate / Advanced Course Practicum / Acupuncture / Moxibustion / Tui Na
- 1984 Nanjing College of Traditional Chinese Medicine / Nanjing, China**
- Graduate / Basic Course Practicum / Acupuncture / Moxibustion / Tui Na
- 1978 Emerson College, Boston, Mass.**
- Graduate / B.S. -. Speech Communication / Business Organizational Communication

HEALING ARTS EDUCATION

Meditative / Healing Arts`

- 2016** **Jonathan Tomas**
Del Mar, San Diego, Ca.
- Liu Family Tui Na
- 2015** **Dr. Aihan Kuhn**
Chinese Medicine for Health, Holliston & Boston, Mass.
- Tui Na Wellness therapy
- 2002 - 2003** **Dr. Rosita Arvigo, D.N.**
Center for Cultural Evolution / Caltrain, Mass.
- The Arvigo Techniques of Maya Uterine & Abdominal Massage
- Certified Professional Practitioner
- 1999 - 2001** **Master Xia Ming**
Xin Fa Center for Neigong & Qigong Studies / Chiang Mai, Thailand
- Zhi Yue He Ming Gong - Open the 27 Taiji's - Qigong / Neigong
- Wu Xin - Activate the 5 Forces - Qigong / Neigong
- Wu Xuan - Commune with the 5 Animals - Qigong / Neigong
- Gui Gong Ba Gua - Spiritual Ba Gua - Qigong / Neigong
- Qigong Energy Healing
- 1999** **Master Hyunmoon Kim**
Sun Do Main Center / West Hartford, Connecticut
- Sun Do / Korean Taoist Yoga Healing System
- 1998** **Cecilia Hubene / Flemish Born - Renaissance Woman**
Entered into Sacred Matrimony / Wat Tam Sa Da (Three Eye Cave Temple)
- Mountain Village Wedding / Northwest Thailand
- 1985 - 1996** **Masters Mantak and Maneewan Chia**
Taoist Esoteric Yoga Center & Foundation / Huntington, New York
International Healing Tao / Chiang Mai, Thailand
- Senior Instructor / Internal Alchemy Arts for Health, Rejuvenation, Longevity
- 1992, 1994, 1996** **Venerable Ajahn Buddhadasa Bhikku**
Venerable Ajahn Poh (Bodhi Buddhadhammo)
Wat Suan Mokkhabalarama / Chai, Surat Thani, Thailand
- Anapanasanti Vipassana (Mindfulness in Breath Meditation)
- Vipassana / 15 day Silent Retreat
- 1993, 1994, 1995** **Venerable Ajahn Nuttesapol / Shaman-Braham Priest**
Mind Science Center, Chiang Mai, Thailand
Mentorship studies - Esoteric Shaman Healing Tradition
- Trinity Mantra Meditations I & II
- Maha Chakra Meditation
- Mantra / Citta Spiritual Healing
- Received Transmission from Nuttesapol's teacher

- 1993, 1994, 1996** **Venerable Ajahn Leung Por Mee / Buddhist Monk / Rishi - Shaman Priest**
Wat Tam Sam Da (Three Eye Cave Temple), Mae Hong Seong, Thailand
 - Deep Immersion in Cave Meditation Practice
 - One Promise Meditation
 - Metta Bhavana Meditation
 - Aids Research and Therapy / Northwest Thai Village
 - Citta - Spiritual Healing Sojourns / Leprosy Village, Northwest, Thailand
- 1994 - 1995** **Dr. Heming Gu / Santa Monica Ca.**
 - Zhang Zhuang / I Chuan Standing - Meditation
- 1993** **Master Choa Kok Sui / Master Stephen Co**
Institute for Inner Studies, Inc / Makati, Metro Manila, Philippines affiliate to
American Institute of Asian Studies / Los Angeles, Ca
 - Pranic Energy Healing
 - Advanced Pranic Healing
 - Pranic Psychotherapy
- 1992** **Master Larry Sang**
American Feng Shui Institute / Los Angeles, Ca
 - Basic Feng Shui Studies
 - Advanced Feng Shui Studies
- 1989** **Kahu Abraham / Aua'ia Maka'i'ole Kawai'i**
Kaua'i, Hawaii / Na Pua 'Olohe - Kahuna Principle
 - Romi Kaparere - Kahuna Bodywork / Temple-style Lomi Massage
 - Huli Hona & Kuhikuhipu'eoneone / Hawaiian Geomancy / Feng Sui

Martial / Healing Arts

- 1978 To Date** **Founding Zen Master, Chang Sik Kim**
Three year Residential / Mentorship studies
Shim Gum Do American Zen Buddhist Temple / Brighton, Massachusetts
 - Shim Gum Do / Zen Sword (Mind Sword Path) - Third Degree Black Belt
 - Shin Bop / Zen Karate (Body Dharma), - First Degree Black Belt
 - Zazen Meditation / Chanting / Bowing / Cooking / Cleaning
- 2003 - 2004** **Master Lu Feng-Lin**
Santa Monica, California
 - Liu He Ba Fa Chuan (Six Harmonies / Eight Methods)
- 1983 - 1984** **Master York Why Loo**
Los Angeles, California
 - Liu He Ba Fa Chuan (Six Harmonies / Eight Methods)
- 1977 - 1978** **Grandmaster Tung Tai Liang (T.T. Liang)**
Chinatown / Boston, Massachusetts
 - Yang Style Tai Chi Chuan

- 1974 - 1982 Grand Master John Chung Li**
Hwa Yu Health Institute / Boston, Massachusetts
Three year Residential / Mentorship studies
- Liu He Ba Fa (Six Combinations / Eight Methods) Water Boxing
- Hwa Yu Tai Chi Kung Fu,
- Wu Style Tai Chi Chuan
- I Chuan / Qigong
- Taoist Meditations of Internal Alchemy
- 1971 - 1973 Sifu George Mattson**
Mattson's Academy of Karate / Boston, Massachusetts
- Uechi Ryu Karate / Kung Fu
- 1970 - 1971 Sifu Ted Kresge**
University of Karate and Kung Fu / St. Petersburg, Florida
- Uechi Ryu Karate / Kung Fu, Meditation
- 1968 - 1969 Osan, South Korea**
United States Air Force
- Karate, Meditation