

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Laura Millett 9/3 Rose Stageberg 9/5 Keitha Tate 9/13 Ana Ferrer 9/16 J Mothersole 9/17 Frances Morgeson 9/21 Doris Wortz 9/22 Bertie Lawrence 9/27		9:00 Lets go Cardio 10:00 Snack Social 10:15 Game Stations 1:00 Bingo/ Arts& Crafts 2:00 Noodle Ball 3:00 Fancy Nail 4:00 Dance Therapy 6:30 Outside Ring Toss	9:00 Moving & Grooving 10:00 Music Therapy 10:30 Uno/Dominoes 11:00 Trivia 1:00 Kick Ball 2:00 Game Tv Network 3:00 Snack Social 4:00 Indoor Bowling	9:00 Lets Exercise 10:00 Snack Social 10:15 Arts & Craft 1:00 Puzzles/Crosswords 2:00 Table Ball 3:00 Hand Massages 4:00 Dance Therapy 6:30 Patio Popsicles	9:00 Silver Sneakers 10:00 Fancy Fun Friday Hair, Nails & Makeup 1:00 Hall Mark Movies 3:00 Puff Ball Social 4:00 Current Events 6:30 Covid 19 Dance Social	9:00 Morning Walk 10:00 Snack Social 10:15 Story Time 1:00 Indoor Basketball 2:00 What's The News 3:00 Table Games 4:00 Lets Chat 6:30 Freestyle Painting
9:00 Big Group Exercise 10:00 Praise n' Worship/Tv 1:00 Gospel Music 2:00 Bible Trivia 3:00 Sunday Tea Social/Snack 4:00 Noodle Ball 6:30 Patio Kickball	Labor Day 9:00 Chair Yoga 10:00 Chat n Snack 10:15 Labor Day Crafts 1:00 Holiday Trivia 2:00 Labor Day Lounging 3:00 Monday Meditation 4:00 Chalk Art 6:30 Outside Enrichment <small>Labor Day</small>	9:00 Wheel Chair Aerobics 10:00 50's Diner Music 10:15 Activity Table Switch 1:00 Covid 19 Talk Updates 2:00 News You Can Use 3:00 Snack Social 4:00 Beading 6:30 Park it on the Patio	9:00 Easy Weight Lifting 10:00 Making Posters for Grandparents Day Parade 2:00 Big Book Club 3:00 Refreshing Refreshments 4:00 Washer Toss 6:30 Patio Chill Time	9:00 Morning Walk 10:00 Making Posters for Grandparents Day Parade 2:00 News Watch 3:00 Soda Pop Social 4:00 Lazy Lacing 6:30 Through Back Thursday! Old Movie Night	9:00 Get Fit Friday 10:00 Snack n Chat -911 10:15 Big Card Game 1:00 Corn Hole 2:00 Gone Noodles 3:00 Sing a Longs 4:00 Dance Therapy 6:30 Back Yard Bubbles	9:00 Zumba Gold Rock n' Roll! 10:00 Baby Sitters Club 11:00 Dominoes/Connect4 1:00 Centers 3:00 Sip n' Social 4:00 Hallmark Channel 6:30 Lrg Grp Balloon Toss
9:00 Parachute Exercise 10:00 Praise n' Worship/Tv 1:00 Church Hymns 2:00 All About the Bible 3:00 Sunday Tea Time/Snack 4:00 Gospel Show 6:00 Evening Outback <small>Grandparents Day</small>	9:00 Stretching w/Streamers 10:00 Chat n' Snack 10:15 Bounce Back 1:00 Current Events 2:00 Big Band Music 3:00 Sweet Treats 4:00 Grocery List	9:00 Wheelchair Exercise 10:00 Word Scramble 11:00 Hang Man 1:00 BINGO 2:00 News Paper 3:00 Snack n' Chat 4:00 Soft Music/Coloring 6:30 Fun in the Sun	9:00 Mother May I Exercise 10:00 Snack with Us 10:15 Wheelchair Relays 1:00 Trampoline Ball 2:00 Letgo my Lego/Nails 3:00 Residents Birthday Celebration for September 6:30 Bobbing Apples/Patio	9:00 Breathing Exercises 10:00 Sing Along 10:15 Hola Hoop Toss 1:00 Fun Funnies 2:00 Big Book Stories 3:00 Snack Time w/Friends 4:00 Dancing w/Friends 6:30 Water Balloon Toss	9:00 50's Rock Chair Exercise 10:00 Fun Snack 10:15 BINGO 1:00 Trivia 2:00 Fancy Nails 4:00 Sot Music 6:30 Hallmark Movie Night <small>Rosh Hashanah Begins</small>	9:00 Chair Jazzercise 10:00 Music Therapy 1:00 Indoor Basketball 3:00 Snack Social 4:00 Table Games 6:30 Patio Clean Jokes <small>Oktoberfest Begins</small>
9:00 Easy Senior Exercise 10:00 Praise n' Worship 1:00 Gospel Music 3:00 Sunday Snack Social 4:00 Gospel Hymns 6:30 Table Ball	9:00 Beer Barrel Polka 10:00 Snack Social 10:15 Activity Table Switch 1:00 News Paper 2:00 Weather Talk 4:00 Color 6:30 Arts n' Craft/Beading	9:00 Chair Dancing 10:00 Rock Painting 1:00 Movie Trivia 2:00 Hand Massages 3:00 Leading Ladies DVD/w snack 6:30 Roll the Dice Trivia Big Group <small>Autumn Begins</small>	9:00 Stretch to the Beat 10:00 Snack 10:15 Musical Crossword Puzzles 1:00 Making Cards/Senior to Senior 2:00 Nails 4:00 Music Meditation	9:00 Easy Exercise 10:00 Wheelchair 4sqare 11:00 Card Games/Centers 1:00 Coloring n' Convo 2:00 Guessing Game 4:00 Who's who? 6:30 Outdoors/Noodle ball	9:00 Exercise 10:00 Snack 10:15 Favorite Songs/Large group 1:00 Travel Talk 3:00 Kickball 4:00 Table Games	9:00 Chair Zumba 10:15 Centers 1:00 Think Fast 2:00 Newspaper 3:00 Snack n' Chat 4:00 Bingo 6:00 Patio Vibes
9:00 Big Group Exercise 10:00 Praise n' Worship 1:00 Gospel Music 3:00 Sunday Social 4:00 Bible Trivia 6:30 Outside/Big books <small>Yom Kippur Begins</small>	9:00 Chair Exercise 10:00 Snack 10:15 Word Play/Rhyming 1:00 Flashcards 2:00 News/Current Events 3:00 Sweet Treats 4:00 Washer Toss	9:00 Beer Barrel Polka 10:00 Sing Along 1:00 Crazy Crosswords/Centers 3:00 Snack 4:00 50's Rock /Dancing 6:30 Cool Treat/Unwind	9:00 Easy Weight Lifting 10:00 Snack 10:15 Big Group 1:00 News Paper 3:00 Crafts 4:00 BINGO 6:30 Lacing			