

EMPLOYEE ASSISTANCE PROGRAMME

IMMEDIATE ACCESS TO COUNSELLING,
LEGAL AND FINANCIAL ADVICE, AND
HEALTH AND WELLBEING SUPPORT TO HELP
YOU WORK THROUGH LIFE'S CHALLENGES.

OVERVIEW

Balancing the pressures of work with the needs of home and personal life can be stressful. Orbital Rewards' health and wellbeing support service, delivered by Health Assured, will help you deal with problems that might adversely impact work performance, life, health, and wellbeing.

Whether it's legal issues, financial problems, stressful situations relating to family or a physical or emotional health concern, you will have access to a range of support services as well as an in-house team of expert counsellors and advisors to help you work through any problems you may have.

KEY FEATURES

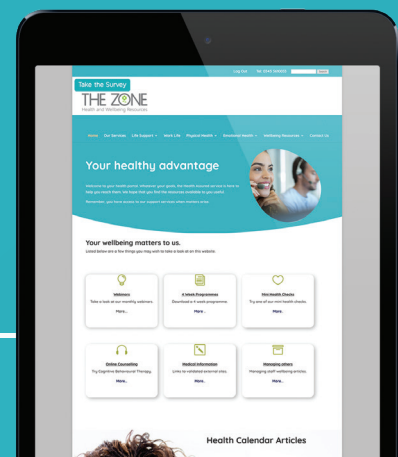
- The Health e-hub app and online portal
- 24-hour helpline
- Face-to-face and telephone counselling sessions: you can work through your problems with a therapist accredited by the British Association for Counselling and Psychotherapy (BACP) in a private and confidential setting.
- You also get access to: a Health Risk Assessment, Online CBT, Four Week Programmes, Wellbeing videos, Medical Information, Webinars and Mini Health Checks.

HOW IT WORKS

- 1 To get access to the online service, simply register or log into Orbital Rewards.
- 2 Once logged in, you will find a link and an access code which will take you directly to the health and wellbeing support page.

You will then have access to Health Assured's

- 3 full range of features and be able to utilise any of the services whenever they're needed.



For more information please visit: www.orbitalservices.co.uk
Call us: 01226 444445 or email: info@orbitalservices.co.uk



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