

**Pathway –  GP unable to either palpate or remove a Nexplanon Subdermal Implant (SDI)**

**1)Refer by letter to:**

Paula Sowter Nurse Consultant

Department of Sexual Health

c/o either:

Avenue House Station Plaza Health Centre

1A The Avenue Station Approach

Eastbourne Hastings

BN21 3XY TN34 1BA

**2) The patient will then be contacted by letter offering an initial assessment appointment**

**3) SDI will be removed at assessment appointment if possible**

**4) Nurse Consultant will arrange all necessary xray examinations to confirm implant positioning and insitu and order a blood test for etonogestrel assay to confirm implant present**

**5) If unable to be removed at initial assessment then patient will be placed on the deep implant removal clinic list which takes place within Sexual Health Department 2-3 monthly according to demand.**

**All removal procedures are performed using Local anaesthetic and are guided using USS by practitioner trained in deep implant removal.**

G Hamer Service Manager for Sexual Health. East Sussex Healthcare NHS Trust, May 2022.