



FLEET BEAT

VOL. 33 No. 5

THE FLEET LANDING RESIDENTS' NEWSPAPER

June 2023

Memorial Day Ceremony

By Enith Vardaman

Photos by Ed Hollender and Janet Silvester



Bob Neal (l) and Beryl Hubbard



Left: Bob Peterson and Eileen Theis. Right: Pat Kluever.



Brian Weiss (l) and John Rogerson

"Celebrate Honor Remember," the theme for the May 29 Memorial Day ceremony, was observed even as attendees arrived at Johnson Hall and were presented with the traditional red poppy along with the program for the event. A photo loop of Fleet Landing veterans in uniform was running before the ceremony started.

In her welcoming remarks, Residents' Council President Eileen Theis described the ceremony as remembering and paying tribute to those who lost their lives while serving in the military and their families, as well as those veterans who bear the physical and emotional wounds of war.

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FLiCRA Holds Annual Meeting

By Enith Vardaman

Pat Kluever, president of the Fleet Landing chapter of the Florida Life Care Residents Association (FLiCRA), presided over the chapter's Annual Meeting on May 1 in Johnson Hall. Resident Beryl Hubbard delivered an invocation.

The business portion of the meeting began with the treasurer's report. Kluever said that Treasurer Ernie Bio could not be present, and that resident Dave Lynch had reviewed the chapter's financial records and found everything to be in order. He thanked Joan Carver, Jim Kolster, and Debbie Springer, whose terms on the chapter's board were expiring, for their service. The slate of candidates to replace them, Ann Butler, David Miron, and Carol Smith, was elected unanimously. Kluever, who has served as chapter president for five years, will reach board membership term limits next year. He paid tribute to the neighborhood representatives, who play a crucial role in membership recruitment: Marilyn Heberling, Dave and Mary Pat Lynch, John Coman, Peggy Steck, Andy Granuzzo, Jean Welch, Suzi Miller, Chet Davis, Carol Sheil, Tom King, Beryl Hubbard, Lew Connell, Kurt Medina, Peter Lendrum, Eve Doherty, Bunky Johnson, Ernie Bio, Pat Murray, and Laurie Page.

Kluever introduced the featured speaker, FLiCRA



Region 2 Director Gary Hughes, a resident of the Penney Retirement Community. Fleet Landing's chapter is one of six FLiCRA chapters in Region 2. The remarks by Hughes were helpful to all present, and especially to newer Fleet Landing residents, who may not be familiar with FLiCRA. He began by stating that FLiCRA's mission was to promote and protect the interests of the residents of continuing care retirement communities (CCRCs). He stressed that FLiCRA is the voice in Tallahassee of all CCRC residents,

not just the organization's membership of about 14,000. The financial benefit of FLiCRA's efforts during its 25 plus years of existence has resulted in estimated savings of \$11,000 a year for residents. Successes include defeating a bed tax on CCRC nursing home beds and preserving sales tax exemptions for entrance fees, monthly maintenance fees, and resident meals.

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May Residents' Council Meeting

By Howard Burdick

The May 16 meeting was the first with the new Residents' Council. Eileen Theis, who was reelected as president, convened the meeting in Johnson Hall. She announced that Fleet Landing's Salvation Army bell ringing team, led in 2022 by Kathy and Walter Kraslawsky, again won first place for Northeast Florida. She also introduced new and continuing members of the council, as noted below.

Management Review. Executive Director Josh Ashby noted that with the departure of Chief Operating Officer Travis Schryer, he was fulfilling multiple roles; and that Executive Assistant Jennifer Arsenault was acting in the Charitable Gift Planning role after the departure of Olivia Bush. [Those two positions have now been filled by Brian Weiss and Kathy DeSiena respectively.] He also briefed residents on the planning for a resistance swimming pool in the Preble Aquatic Center and provided updates on hurricane season planning, replacing Coleman Center planters, new concrete work and striping, and the annual Golf Classic. [The last named was subsequently postponed because of inclement weather.]

Council Reports.

Vice President and new member Bob Peterson reviewed plans for our Memorial Day celebration and activities. (See articles on page 1 and on page 13.)

Treasurer. Charles Winton reported positive financial results. Cash on hand and debt service coverage ratio were well above requirements. Details may be reviewed in the library.

Human Resources and Marketing. New member Ernie Bio introduced the April Staff Member of the Month, Campus Services Coordinator Danielle Hesbacker, who has served in several positions over a period of 20 years at Fleet Landing. She is a favorite of residents and management alike. He also described a referral bonus program for employees who recommend new hires. Lobster Tales for April numbered a record 364. Total staff now number 460. Staff have a monthly newsletter called *Campus Chronicles*. Occupancy in all areas remains strong. He also reported on the recent Ambassador meeting. (See article on page 17.)

Safety and Security. Peterson presented amusing scenarios to illustrate the use of defibrillators and to remind residents of campus speed limits and the danger of jaywalking.

Wellness, Transportation, and Clubs. Nancy Russell discussed the recent highly successful Club Fair that featured more than 40 Fleet Landing clubs, and she previewed the "Splash Into Summer" half-day event scheduled for June 9.

Dining and Housekeeping. New member Lynette Beitz noted the recently instituted Monday to Friday breakfast service now available in Currents, and she encouraged residents to use this enhancement. She also

reported that over 75 percent of Currents meals are for takeout, and encouraged more in-restaurant socializing. The current takeout containers will be replaced with biodegradable containers.

Healthcare. New member Ann Bell (whose late husband, Larry, also served on the council, and whose mother, Ruth Payne, was a reporter for *FLEET BEAT*) reviewed briefly new technology initiatives underway in the healthcare facilities.

Facilities. New member Ken Hollinga displayed an organizational chart for facilities operations. He named Zone Representatives, noted their quarterly meetings with facilities staff, and discussed procedures for reporting maintenance problems. He also mentioned the recent apartment building fire drills.

Resident Suggestions. Reelected Secretary Judy Poppell reported 14 suggestions for which there had been responses. They can be reviewed in detail in council minutes on bulletin boards around campus, in the library, and on Fleet Link under "Residents' Council."

The next meeting is scheduled for June 20 in Johnson Hall at 2 pm.

Editor's note: Slides displayed at the meeting can be viewed on Fleet Link under "Residents' Council" and then "Residents' Council Presentations."

In Memoriam

Richard Devane
1934-2023
Wilma Richart
1929-2023

Maury Kuban
1936-2023
Pat Ruthenber
1937B-2023

FLEET BEAT STAFF

Production

Editor.....Enith Vardaman
Copy EditorFran Patterson
Copy EditorBarbara Trevaskis
Photographer.....Ed Hollender
Photographer.....Ann Bell
Photographer and ReporterDita Domonkos

Reporters

Victoria Freeman
Daniel Barry
Maureen Miller
Isobel Spink
Nancy Lundgren
Patricia Payne

Carolyn Stoner
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All the news that fits...

Contributions to FLEET BEAT are welcome. Please place copy or any comments you may have in box 1107 at the Coleman Center. Neither letters to the editor nor anonymous submissions are published but we are, of course, mindful of your comments. Issues of FLEET BEAT can be found at www.fleetlanding.com. Sign into the resident portal and click on "Menu" and then "Publications." Issues can also be found under "Publications" on Fleet Link. A complete run of back issues can be found in the Dinda Library.

Scholarship Celebration

By Chet Davis

Photos by Ann Bell and David Miron



Dale Clifford at the podium and the scholarship recipients who were able to be present



Left: Michele Holley and Samantha Weiss.

Right: Samantha and Brian Weiss.

One of the great things that occur at Fleet Landing is the awarding of scholarships to our staff. This year, the annual scholarship award ceremony took place on May 3. Endowment Fund Scholarship Committee Chair Dale Clifford opened the proceedings by thanking her committee members, Jean Cox, Frances Jones, Jim Joyner, David Miron, Dave Rigg, and Judy Solano. She also thanked Fleet Landing department managers for encouraging staff to apply for the scholarships. She commended residents for their donations and for spreading the word about the scholarships among other residents and the staff.

Fleet Scholars can receive up to \$2,400 to offset the costs of pursuing degrees, certifications, or continuing education credits that can enhance their work at Fleet Landing or advance their career goals. The 36 recipients of the 2023-2024 awards impressed the Scholarship Committee with their energy and commitment to furthering their education.

As each scholarship recipient's name was called, there was an enthusiastic response from everyone present. Throughout the ceremony, the name of each scholarship recipient with the chosen field of education was displayed on the two large screens in Johnson Hall.

The four-year Bratcher scholarship, presented this year for the first time, was established by residents Stella and Ray Bratcher in honor of Stella's mother. Staff members and their children are eligible, and recipients

can receive \$25,000 a year to study at a post-secondary, non-profit institution. Human Resources Senior Director Michele Holley presented the scholarship to Samantha Weiss, the daughter of Chief Operating Officer Brian Weiss. She will attend Clemson University and hopes to pursue a career in law.

Residents support the Endowment Fund scholarship program through individual contributions and by supporting the annual golf tournament. These scholarships are one way to thank employees for helping to make Fleet Landing the wonderful place it is.

Mayoral Debate

By Chet Davis



Donna Deegan and Daniel Davis (third and fourth from left) with MOAA and Residents' Council members who posed questions and kept time

On May 2, Donna Deegan and Daniel Davis, the two candidates for mayor of the City of Jacksonville came to Johnson Hall to answer questions developed with resident input.

The debate format closely followed rules for other such debates during the election cycle. After opening remarks, both candidates responded to each question and then offered closing remarks. Both observed the time limits, with the gong only sounding, very softly, twice.

Both candidates were energized and on point. Unlike the nature of some of the election ads, there was no acrimony and no derogatory comments from either party.

The large crowd in Johnson Hall applauded both candidates with equal fervor and with no discernible preference. The debate was useful and informative.

The Residents' Council and the Military Officers of America Association Historic Mayport Chapter are to be commended for sponsoring this event.

Editor's note: As residents know, Deegan was ultimately the successful candidate.

Fleet's Got More Talent

By Chet Davis; photos by Janet Silvester

Fleet's Got Talent, and boy does it! Following up on their successful February 25 talent show, Coordinators Julia Pet-Armacost and Bob Armacost presented another sparkling FGT show on April 29 in Johnson Hall. Thirty-two residents and two staff members entertained an enthusiastic audience with songs, comedy skits, dance, and the spoken word in a performance lasting over an hour and a half.

Driver Rob Friedman once again displayed his talent for performing country-western music. Residents discovered that the Transportation Department has another talented singer. Marie-Claire Allen sang Peter Gabriel's "Sledgehammer," complete with dance moves plus a leap off the stage and a run up the center aisle to conclude the number.

Resident performances were too numerous to detail here (you can see all of the performers in the photos accompanying this article), but two give a sense of the

scope of talent on display. In "What's So Funny About Dementia," Pam Robbins told an amusing story about her mother, who suffered from this disease. She has published a book by that title and is seeking funny stories about dementia for another book. Charles Winton played an unusual collection of horns ranging from a toy trumpet to a coil of tubing to antelope antlers made into a dual horn. Fascinating, to say the least. One never knew what the next thing coming out of the box of "instruments" would be.

No show can succeed without a support crew, and Don Cooper, Walter Kraslawsky, Sue Myers, and Sandy Pawek admirably fulfilled this role.

With some acts already lined up for the next FGT show on July 1 and another show scheduled for August 26, it will be interesting to see what additional talent may be hidden within Fleet Landing. Don't miss those performances if you want to find out.



Julia Pet-Armacost and Bob Armacost



Left: Bill Query. Right: Pam Robbins.



*Left: Carolyn Johnson.
Right: Paula O'Bannon and Ivy Suter.*



Left: Sandi Smith. Right: Walter Kraslawsky.



Left: Rob Friedman. Right: Mary Steinke.



*Left: Charles Winton. Right: Julie McLaughlin.
(continued on next page)*

Fleet's Got More Talent

(continued from preceding page)



The Boys From Fleet Notes with Karen Sturtevant at the piano



Left: Marie-Claire Allen. Right: Larry Rose.



"Boogie Shoes" line dance



"Big Spender" tap dance

Zone Inspection—What Is It?

By Chet Davis

For those who may not be familiar with US Navy processes and procedures, the term "Zone Inspection" may have little meaning or be misunderstood. US Navy Regulations require zone inspections on all ships and at all shore installations. The regulations state, "Periodic zone inspections ensure proper measures are taken to keep machinery, spaces, and equipment operational, clean, and in a satisfactory state of preservation. All spaces in a ship or installation should

be included in the zone inspection program and visually inspected." These regulations also stipulate that commanding officers participate in these inspections.

Many people with Navy backgrounds were involved in creating Fleet Landing, and this may well have been the origin of Fleet Landing's zone inspection program. The campus is divided into zones that are inspected on a regularly scheduled, rotating basis. Delegated to maintenance staff and a Residents' Council representative, the procedure endures and has had positive results over the years.

Kiwanis Beach Walk

By Karl Price



Resident Karl Price, Kiwanis Club CoPresident, signals the start of the initial participants.

The Beaches Kiwanis had a charity fundraising 5K Walk/Run at the Oceanfront Park in Jacksonville Beach on April 29. The event, supported by many Fleet Landers, Beaches residents, and local businesses, raised \$4,300. The club uses the funds to support Fletcher High scholarships; student/leadership clubs from elementary school, high school, and the University of North Florida; and many other children's programs. Thanks to all.

League of Women Voters News

By Bernadette Miron

The League of Women Voters at Fleet Landing (LWV) met on May 27. Resident Frances Jones, a League member, spoke about the League of Women Voters of Jacksonville First Coast (LWVJAXFC) support and advocacy for governmental actions that result in environmental sustainability. Afterwards, members discussed program and direction for September 2023 to June 2024.

On May 20, several LWV members attended an Education Action meeting formed to support Duval County Public Schools. The LWV believes that all children should have access to safe, quality public schools.

In June the group will participate in the annual meeting of LWVJAXFC by Zoom.

The next in-person meeting is scheduled for September 23, 2023, in the Windward Commons second floor classroom, at 12 noon. New members and guests are welcome. Please find us on on Fleet Link under "Groups," or email sawgrassinpyb@comcast.net for information.

Tribute To Gary Reichow

By Daniel Barry



On May 4 in Johnson Hall The FleetLanders presented a musical tribute to Gary Reichow. After nine years of performing, Reichow is retiring. His musical contributions to Fleet Landing include singing



and playing guitar with the Fleet Notes and Fleet Classics and forming and leading the Fleet Trio which, after several iterations (Fleet Five, Fleet Six), is now the FleetLanders. On this occasion, he sang and played bass guitar and was joined by Julia Pet-Armacost (flute, guitar, and melodica), Karen Sturtevant (piano),

Bob Armacost (acoustic guitar), De An Winton (drums), Ivy Suter (violin), Bunky Johnson (clarinet), and Charles Winton (trumpet).

The program featured some of Reichow's favorite songs. On "One for My Baby (And One More for the Road)," a daring piano part was joined by violin and flute and, towards the end of the wandering yet rhythmically insistent ballad, a melancholy clarinet. All of this created a "private melody," which served as counterpoint to Reichow's highly personal approach to the song. "Danny Boy" and "Georgia on My Mind" were similarly characterized by musical arrangements that were tailored to highlight the warm timbre of Reichow's voice.

Reichow also performed a pair of duets with Pet-Armacost: "And I Love You So" and "Some Enchanted Evening." Pet-Armacost soloed on "Memory," "Help Me Make It Through the Night," and "I Will Survive," the Gloria Gaynor disco hit in which she light-heartedly suggested that she had the personal strength to survive breaking up with her principal singing partner. As she sang, photos of her and Reichow singing together through the years were displayed on the overhead screens.

Other numbers included Charles Winton's trumpet solo, "On The Street Where You Live," which was very

well received by the large audience. The a cappella performance by The Boys From Fleet Notes of "My Old Kentucky Home" and "In the Good Old Summertime" was heartfelt and also well-received, as was Bob Armacost's guitar and singing on "Yellow Submarine" and "Luckenbach, Texas." Of special note was an appealing rewrite of a Dan Fogelberg song that was presented by the Armacosts as a "tribute to 'The Leader of the Band.'" In assuming leadership of the band that Reichow founded, they sang of his coming to Fleet Landing with Toni, his wife, and the marvelous results of his musical efforts. "Gary," went the lyrics, "we don't think we said we love you near enough." Although the song was certainly a highlight of the show, Reichow's sublime encore of "One for My Baby" proved to be the culmination of a delightful afternoon.

May WELLInspired Learning Series

By Victoria Freeman



Sue Dukes (l) and Jennifer Joy

Sue Dukes of the Nutrition and Education Group and Wellness Services Director Jennifer Joy spoke on the topic "All Things 'Gutsy'" at the May 17 "WELLInspired Learning Series" talk held in Johnson Hall.

The digestive system was described as a muscular tube approximately 30 feet long. It works to break down food and beverages into smaller and smaller molecules. The blood stream absorbs nutrients from the molecules and moves them throughout the body for cells to use for energy, growth, and repair. Genetics and stress were identified as factors affecting gut health. Digestive disorders such as bloating and stomach pain, gastroesophageal reflux disease (GERD) and Irritable Bowel Syndrome (IBS) affect 60 to 70 million Americans.

Fiber is a necessity. The average American gets between 10-15 grams of fiber each day, while needing 25-40 grams for good gut health. There are many benefits to getting enough fiber. It fills you up and keeps you feeling full. There is less room for undesirable foods, so it may help with weight loss. Sources are fruits, vegetables, whole grains, beans, and supplements if necessary.

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May WELLInspired Learning Series

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Some fiber rich foods contain small carbohydrates called FODMAPs that ferment in the intestines causing stress and pain. A FODMAP diet is a temporary diet that removes high FODMAP foods from the diet and then slowly adds them back in to determine which ones are triggering the discomfort. It may help people with IBS and possibly even other diseases such as eczema, fibromyalgia, and Crohn's Disease. An internet search on "FODMAPs" will yield abundant information on this topic.

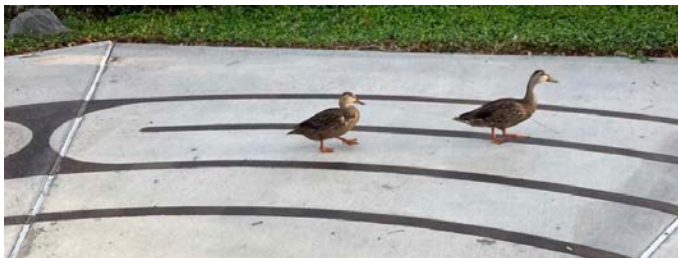
Exercise is vital for good gut health. It aids digestion and elimination. It also aids the digestion of foods that normally take a little longer to digest.

Probiotics and prebiotics can help in promoting good gut health. Food sources of probiotics include yogurt, aged cheese, sauerkraut, and cultured non-dairy yogurts. Sources for prebiotics include bananas, onions, garlic, leeks, asparagus, artichokes, soy beans, and whole wheat foods. A doctor should be consulted before taking probiotic or prebiotic supplements.

A variety of tips for improving gut health were offered: Slow down, chewing your food completely before swallowing. Eat smaller meals. Do not eat within two hours of bedtime. Manage stress. Stress makes it harder to digest food and causes eating and drinking more than usual. Establish a routine. Your digestive tract may work better when it knows what is coming its way.

Fleet Landing: A Wildlife Refuge?

Several wild creatures were spotted on campus recently.



Ducks walk the labyrinth. Apparently mindfulness isn't just for people. (photo by Victoria Freeman)



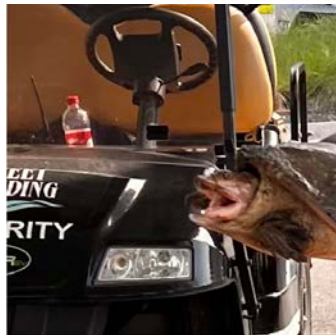
A pair of raccoons visited the backyard of Lynette and Bill Beitz. (photo by Lynette Beitz)



Left: Red-shouldered hawk balancing on one leg (photo by Ann Bell).



Right: This great blue heron spent quite a bit of time enjoying the water view from Tom and Jan Hilton's deck chair. (photo by Dick Fuller).



It was Security to the rescue when a Florida softshell turtle was spotted outside the Coleman Center. It was a bit unhappy, perhaps, but it got a ride in a Security golf cart to a more suitable location. (photos by Ann Bell)

Armed Forces Day

Armed Forces Day was observed on May 20 with a traditional flag raising ceremony on the Flag Plaza.



FLiCRA Holds Annual Meeting

(continued from page 1)

A comprehensive list of financial benefits as well as policy successes, such as establishing a resident “Bill of Rights” can be found at flicra.com. At that website, residents can also sign up for the e-newsletter published weekly during the annual session of the Florida legislature.

Hughes noted the legitimate role of lobbying and advocacy. Legislators, especially those who do not have a CCRC in their district, may not understand the possible harmful impact on CCRC residents of proposed legislation. FLiCRA monitors the many bills proposed in each legislative session for their impact on CCRC residents. The criteria for taking a position on bills include assessment of the positive or negative effects on residents’ rights and expenses.

In carrying out its mission, FLiCRA interacts with other organizations and state agencies. Chief among them are LeadingAge Florida, the organization representing providers, and the Office of Insurance Regulation (OIR), which administers Chapter 651 of the Florida Statutes, the law governing CCRCs.

Periodically, FLiCRA, jointly with LeadingAge Florida and in consultation with OIR, develops a bill with provisions strengthening Chapter 651. A bill of this kind was introduced into the 2023 legislative session. The bill includes provisions concerning financial matters, the rights of the residents’ council of a CCRC, and OIR approval of expansions. [The bill passed on May 4 and has gone to the governor for his signature. It will take effect on July 1, 2023.]

Hughes closed his remarks by emphasizing the importance of FLiCRA membership. As his talk illustrated, FLiCRA has a proven record of promoting and protecting the interests of CCRC residents.

Addendum: FLiCRA’s new board met on May 12 to select its officers and directors. Their responsibilities are as follows: Karen Farrell, president; Laurie Page, vice president; Louise Lones, secretary; Ernie Bio, treasurer; Bob Armacost, event coordinator; Carol Smith, legislative affairs; David Miron, membership; Ann Butler, assistant membership; Pat Kluever, director at large (data manager, maintaining the complex spreadsheet that tracks membership); Enith Vardaman, president’s advisor. To get an application to join FLiCRA, contact Farrell. Dues are \$22 for a single person and \$37 for two persons in a unit—a modest cost in light of the annual savings FLiCRA has secured for CCRC residents. Dues appear automatically each year on the September monthly bill. Anyone joining after September of a given year is not charged for dues until September of the following year. All residents receive a copy of FLiCRA’s quarterly newsletter *The Resident Connection*.

The Lubben Brothers Concert

By Isobel Spink



Having written about this trio of Iowa brothers last July (see *FLEET BEAT*, August 2022, page 21), it’s hard to come up with more rave reviews, but I’ll try. On May 5, they were greeted with huge applause and certainly didn’t disappoint the Johnson Hall audience. Tom, Michael, and Joshua each play six instruments, and from looking at them, one wouldn’t have expected Rachmaninoff’s “Vocalise” to be their first number, but it was splendid. This was followed by a Haydn piece, then Bach’s Suite in D major, and we learned that Bach composed a new piece of music each week for his church.

Then this talented family switched to folk and fiddling (with a little fiddle competition between Michael and Joshua). Their original “Progress Express” featured banjo, guitar, bass, and harmonica, with Joshua managing to play harmonica and bass at the same time. Being triplets, their voices are so similar that their harmonies meld into one magic melody.

Three of six brothers growing up on a goat farm in Iowa, they were home schooled. Classically trained, they learned violin at 5 and piano at 6, and have always been together, including as roommates in college. They clearly have such fun playing together, with lots of humor to boot. All are married, with five children among the families, and they live in West Palm Beach.

We were treated to a Celtic jig, another original, called “See the Sun Once Before I Die.” Tom told me that there were several Celtic groups that played in Iowa, which is why they love this genre.

Moving on to bluegrass, Woody Guthrie’s “Do Re Mi” was an audience favorite. Another of their compositions was “Wonder,” which was written to “get over the apathy of doing the same songs in different places, and to love my life again.”

The song about the 2015 Charleston Massacre was as moving as it was in their concert last year, when the killer was amazingly forgiven. The Lubben boys finished up with a pre-Baroque Welsh air from the 1600’s, then an Irish reel. Fleet Landing stood and cheered this amazingly talented trio. They are welcome any time.

Memorial Day Ceremony

(continued from page 1)



The NoteAbles

Theis introduced Colonel Bob Neal, USAF (Ret.), the master of ceremonies, who called upon Colonel Beryl Hubbard, USAF (Ret.), to deliver the invocation. Presentation of the Colors by the Color Guard from Naval Station Mayport was followed by the Pledge of Allegiance. The NoteAbles, under the direction of Ron and Sue Myers, led those present in singing the National Anthem. As always, Karen Sturtevant was at the piano for the musical parts of the ceremony. After the Color Guard retired the colors, the NoteAbles sang “America the Beautiful.”

Neal introduced Brian Weiss, the featured speaker. Weiss came to Fleet Landing in the fall of 2021 as Senior Director of Campus Services shortly after he had concluded his distinguished 27-year career in the US Navy by serving as Commanding Officer of Naval Air Station Jacksonville. He has just been appointed to the position of Chief Operating Officer.

Weiss took the theme of his inspiring remarks from the words of General Martin Dempsey, the 18th Chairman of the Joint Chiefs of Staff: “Make it matter.” Weiss heard those words spoken by Dempsey at a USO event, when the general was responding to a question about the burden of making decisions that cost lives. It turned out that he had cards with a photo and details about the life of each soldier who died under his command. It had become his custom to encourage and inspire those under his charge to do their best by making sure they knew the mission was to “make it matter.” Deeply moved, Weiss concluded that his responsibility as a veteran would be to conduct his life as a living memorial to those who were never able to come home to their families—to make it matter. He challenged the audience to honor the fallen by living lives worthy of their sacrifice. He said, “In all things great and small, make it matter.” Weiss received a standing ovation—a first for a Memorial Day speaker in this reporter’s memory.

After Neal provided a brief history of Memorial Day, the NoteAbles sang “Amazing Grace.” This was followed by the traditional roll call of the Fleet Landing residents who had died since the previous Memorial Day. Commander Pat Kluever, USN (Ret.), tolled the bell as the names were read alternately by Theis and Residents’ Council Vice President, Colonel Bob Peterson, USAF (Ret.).

A special part of the ceremony was a video featuring our own John Rogerson. In the video, he sang

“Here’s to the Heroes” as scenes of military service were displayed. Rogerson, who was singing with the NoteAbles at the Memorial Day ceremony, stood during the screening. (The video can be found on YouTube by searching “Here’s to the Heroes, November 2009.”)

“God Bless America” was then sung, first by the NoteAbles and then by all. After the screening of a video recording of “Taps,” the ceremony concluded with Neal thanking everyone for attending.

This Memorial Day observance, which was a Residents’ Council program and was supported by the Military Officers of America Association (MOAA) Historic Mayport Chapter, was a truly memorable occasion.

Ritz Theatre and Museum Tour

By Carol Smith

Traveling to the LaVilla neighborhood in Jacksonville, residents enjoyed a tour of the historic Ritz Theatre and Museum on May 16. The museum and newly-renovated theater, which opened in 1999, sit on the site of the 1929 Ritz movie house in Jacksonville’s historic African American community of LaVilla. During LaVilla’s height of activity in the period between the 1920’s and 1960’s, it was known as the “Harlem of the South.”

The tour began with a video featuring Jacksonville’s native sons, James Weldon Johnson and John Rosamond Johnson. The video was produced by Sally Industries of Jacksonville, whose expertise includes making robotic characters for use in motion pictures. In the video, the brothers were brought to life, discussing their personal and professional lives and their collaboration of music endeavors and how their song “Lift Ev’ry Voice and Sing” became the African American National Anthem.

Guided through the museum by Archivist Mitch Hemann, residents could feel the 1940’s vibes of the Harlem of the South nightclub and admire the photographs of Ellie L. Weems, who captured on film the vibrant LaVilla neighborhood.

The 425-seat theater has a full calendar featuring concerts, comedy shows, and other community events, such as the upcoming Miss Juneteenth Pageant. In addition, the Ritz offers “The Playground,” a community day, every third Sunday of the month. It encompasses a day of various workshops, panel discussions, poetry sessions, live paintings, free entry into the museum, and more.

Fleet Landing in the News

By Enith Vardaman

The tradition of Fleet Landing residents expressing their views on issues of the day continued with Judy Jameson’s contribution to the “Letters to the Editor” in the May 20 edition of *The Florida Times-Union*.

Hurricane Season Just Started

By Bo Smith

As a dangerous hurricane approached the Texas coast, a local sheriff asked those who planned to ride it out to take a Sharpie and write their Social Security Number on their lower arm so their bodies could be easily identified. I have known several people who joined hurricane parties during major hurricanes to ride it out. Most would not do it again. Ellie and I have evacuated twice, and it was very inconvenient—we had to go to Pensacola, FL, the first time and Birmingham, AL, the second to find a hotel room. Evacuation is a major disruption, but a smart idea. If an order to evacuate the Beaches comes, evacuation is mandatory for Fleet Landing residents.

Here are some fast facts. Hurricanes, typhoons, and tropical cyclones refer to the same type of storm; but they differ in name depending on where they occur. In the Americas, we call them hurricanes. The main hurricane season is from June 1 through November 30, with a peak in September. The number per year varies according to regional and global weather patterns, but there is an average of 14 named tropical storms a year, and about half become hurricanes. The 20 hurricanes in 2005 were a record, and there were none in 1914. Typically, they last only a week or two, but some have lasted for a month. Possibly affected areas receive a Hurricane Watch (or Tropical Storm Watch) three to five days before an expected landfall, alerting the area to begin initial preparations. A Hurricane Warning is issued if a storm becomes likely. Hurricanes are rated 1 to 5 based on sustained wind speeds. Category 1 has sustained winds of at least 74 mph, and Category 5 has sustained winds exceeding 156 mph. Both tropical storms and Category 1 hurricanes generally produce strong winds, heavy rain, local flooding, tree and roof damage, and power outages. Category 5 storms are best described as catastrophic, and fortunately they are very uncommon. A hurricane may push a large amount of water onshore—a storm surge. This is often the most damaging and dangerous part of a hurricane. Recent storm surges in Jacksonville have been 3-5 feet above high tide. (Fleet Landing is about 10 feet above high tide.)

Tropical storms and hurricanes start as a **tropical disturbance** or **tropical wave**. This is a cloudy area of moist air over a body of water warmer than 80 degrees Fahrenheit and is often associated with a trough of low pressure. That temperature is a key to beginning and sustaining the process. If conditions are favorable, a **tropical depression** may form. Thunderstorms are present, rising warm air creates low pressure at the surface, winds rush into the low, circulation begins, moist air spirals upward, and winds are between 25-38 mph. Most tropical depressions simply rain themselves out, but they can be the seeds of something much bigger. If the storm becomes more organized, and sustained wind speeds increase to 39 mph, it is called a **tropical**

storm. A tropical storm starts to look like a hurricane, and it is named from a predetermined list. It is called a **hurricane** if sustained winds reach 74 mph.

Things must line up perfectly for a hurricane to form: warm seas and moist air throughout, light surface winds early on, and weak upper-level winds later. They can develop over any warm tropical or subtropical sea. However, most major storms start as a tropical disturbance in Africa and move westward parallel to the equator until they are nudged northwestward. As they move away from the equatorial region, circulation intensifies around a deepening low-pressure area, and the classic spiral begins to form. At our latitude storms are carried northeastward by westerly winds.

A storm may be stalled, dissipated, speeded up, slowed down, or changed in direction and strength by regional weather. Even loop-the-loops occur. Modern predictions are very good, but not perfect. The National Weather Service provides a map of probable direction and strength for a large area while a storm is well at sea, and accuracy increases when it is within a few days of landfall. Minor shifts are common, and a small change in direction can make a huge difference in damage and loss of life. Predictions are more accurate for direction than for intensity.

It is easiest for me to think about these events in terms of the energy they need to form and grow. Like a car, when it runs out of gas, it stops. Nothing moves without energy, and for these storms, the energy comes from a warm sea and moist air. Try to envision a patch of clouds, a few thunderstorms, and relatively calm winds to allow an area to become loosely organized. Rising warm air creates a low-pressure area that attracts the nearby warm moist air. As the air flows into the low from several angles, it begins to spiral upwards in a column. The rising air cools, the moisture condenses, and that releases the heat energy which powers the system and allows it to build and sustain. Cooler water, dry air, strong upper-level winds, and movement over land will sap the energy and weaken or destroy the storm.

Recall the many satellite photos you've seen of hurricanes. They form a large counterclockwise spiral with long bands bending to the right. That shape is a result of the Coriolis effect. (Look up Coriolis effect—you want to give your brain some extra exercise.) These huge weather events can be 150 to 400 miles wide, with hurricane force winds extending 25 to 150 miles out from the center. At the center is an "eye," a 20-to-40-mile-wide area of calm winds surrounded by a swirling eyewall. The strongest winds occur around the eyewall and in the storm's northeast quadrant.

I am not a climatologist, and all my information has come from the Internet. If you would like to go more in-depth, I suggest the website Tropical Cyclone Climatology. And here's a trivia question for today: why don't hurricanes occur on the equator? (Clue: See the previous paragraph.)

The Commons Putting Course News

By Monica Coté
Commons Course Putters Group



The Commons Putting Course is a new addition to Fleet Landing campus recreation facilities. The putting green is open to all residents and guests. Putters and balls are available in the gazebo. Everyone is welcome to participate regardless of golfing experience.

The four course layouts, in order of difficulty, are Red, Green, White, and Blue. Plans are underway for friendly competitive tournaments: hole-in-ones, match play, four ball, medal play, scrambles, and other formats. Contact Monica Coté at 520 591-0107 or at fleetlandingchapel@gmail.com, or Jim Coté at 520 591-1927 or at pops.cote@gmail.com to set up a neighborhood or apartment building event. Registrations will be available at the Fitness sign-in desk. A traveling Putting Champion trophy will be presented to the winner after each event.

May Day Hole-in-One Stroke Tournament



Bob Hunter (second from left) holds trophy.

On May 6, thirty brave, waterproof putting enthusiasts showed up to compete in the May Day Hole-in-One Stroke Putting Tournament. This time, it was held on the more difficult Green Course Layout.

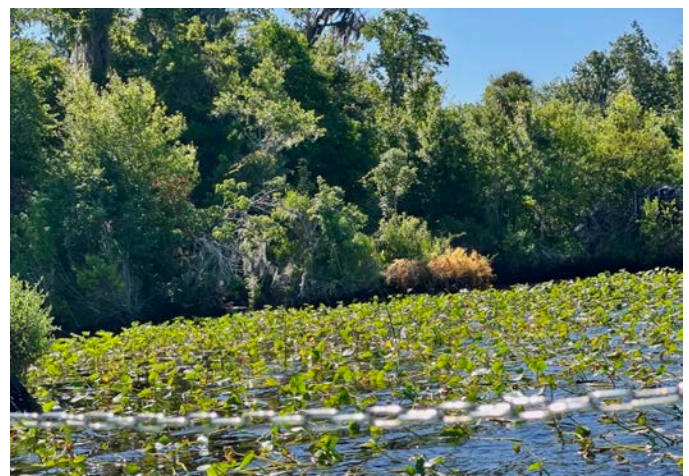
There were six finalists: Bob Chrisman, Bob Hunter, Bruce Osborne, Kandi Osborn, Dave Rasmussen, and Bob Taylor. Each of them had sunk 2 hole-in-ones during tournament play.

The sudden death playoff was won by Bob Hunter on the first playoff hole. Congratulations to Hunter, who is the second recipient of the Fleet Landing Putting Champion Trophy. Good Luck to all the putters at the June Putting Event.

Sea Dragon Airboat Tour

By Dita Dmonkos

Photos by Dita Dmonkos, Ann Bell, and Chris Stanley



Spatterdocks

(continued on next page)

Sea Dragon Airboat Tour

(continued from preceding page)



Alligator snapping turtle and alligator

It was exciting speeding along Six Mile Creek on the beautiful spring day of May 8. Divided into two groups, we boarded two Sea Dragon airboats at Trout Creek Memorial Park, 18 miles west of downtown St. Augustine, for a one-and-a-half-hour ecological tour of this freshwater, non-tidal tributary of the St. John's River. We were in the middle of a beautiful 50-mile area of protected wetlands, reminiscent of old Florida.

After gliding through an open path in a floating blanket of spatterdocks, resembling water lilies, we barreled along the open waters of the creek at 40 mph, passing kayaks and fishermen. When we stopped, we took off our noise canceling headphones so that Captain Becca could tell us about the alligator we spied sunning on a log, a snake hiding in a tree, turtles, manatees, and the many birds which live along the creek.

Captain Becca explained that the reason we weren't being eaten alive by mosquitos as we sat in the water was that spatterdocks, indigenous to the area and floating along the shoreline, act as a natural insecticide, killing insect larva in the water. In the past, they had been used as navigational tools by early lumbermen as they only grow in three to five feet of water.

After an instructive and exhilarating airboat tour, we headed back to the more familiar transport of our bus to travel home.

Chips & Putts

By Isobel Spink

The May 11 FLAG (Fleet Landing Association of Golfers) event made history because, for the first time, one team had more than one lady golfer. Monica Côté and Sharyn Jenkins were on Team 1, which was captained by Ray Rigney and also included Bob Neal. Unfortunately, the two-lady team didn't make a nickel, finishing 5th with a 78 and one birdie. Rigney requested a redo. However, Jenkins took the Ladies' Longest Drive prize with no problems—until later.

First place Team 5 with Captain Syd Jenkins, Maura Kelly, Jim Wayrynen, and Lindsay Norman had a great 71 and three birdies. Wayrynen's long drives were credited for their low score and birdies. Wayrynen made a 30-foot putt on hole #4, Norman made some trick shots, Jenkins had a great short game, and Kelly

said she had a great time with her three gentlemen. She clearly also helped with that 71.

Second place went to Team 3, Stephen Dick Captain, Joan Moorhead, John Coman, and Bob Hunter, with 75 and two birdies. This team won in a prolonged scoring playoff with Team 4 down to hole #1, where Team 3 had a birdie and Team 4 had a par. That meant that Captain Paul Donohue's Team 4, with Bobbie Fost, Mike Moorhead, and Miles Nogelo came in a close third place, having missed some short birdie putts (as did Team 2). Moorhead won the Ladies' Closest to the Pin prize.

Fourth place went to Team 2, with 76 and two birdies. Captain Dick Beltson made some amazing putts, although putting was definitely not the team's strength. Isobel Spink, Paul Mocko, and Price Schwenck rounded out the team. Schwenck won the Men's Closest to the Pin. He was also our main "driver" of the day.

Now the Longest Drive contests were a real doozie. Jenkins's Ladies Longest Drive passed the men's sign. Because her sign was mistaken for the men's, Bob Hunter's name went on it. Discovering he was on the ladies' sign, Bob Hunter refused to "switch gender" and gratefully accepted the Men's Longest Drive prize money.

A 6-foot alligator was seen on hole #14, in and out of the pond, and gulls gathered on each hole, just waiting for someone to get a "birdie." All in all, a beautiful day with lots of fun for everyone.

Next month's tournament will be June 8 at Jax Beach Golf Club. Nine-hole summer tournaments will begin in July.

Editor's note: Côté and Kelly provided input for this article.

Cards for a Cause

Text and photo by Isobel Spink

Kathy Carter has made and donated over 200 cards to Cards for Kindness, an organization that provides them to hospitals for use by doctors and nurses to brighten a patient's day. The photo below shows samples of her handiwork.



Memorial Day Observances

By Enith Vardaman; photos by Dita Domonkos, Ann Bell, and Janet Silvester

The flag raising and parade, the first two-parts of Fleet Landing's May 29 Memorial Day observances, had all the traditional elements. Residents and the kazoo band met on the Flag Plaza for the flag raising ceremony. As parade participants gathered in front of the Coleman Center for the start of the parade, they had a lovely view of the flags aloft. There were lots of golf carts. Cyclists rode on traditional and recumbent bicycles. One of the recumbents was built for two, and there was even a unicycle. Our furry residents also turned out—several dogs as well as a cat, who also took part in the St. Patrick's Day this year. Attire in patriotic colors was everywhere. The beautiful spring day was a bonus. (For the third part of the observances, the Memorial Day ceremony, see article on page 1.)

Flag Raising



Parade



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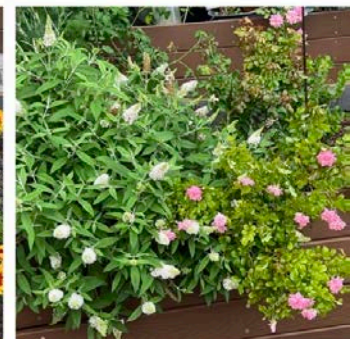
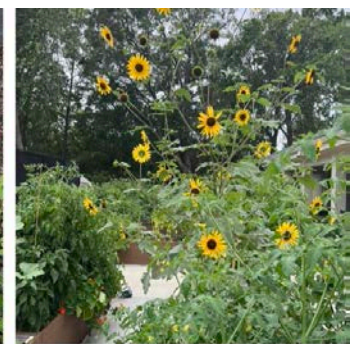
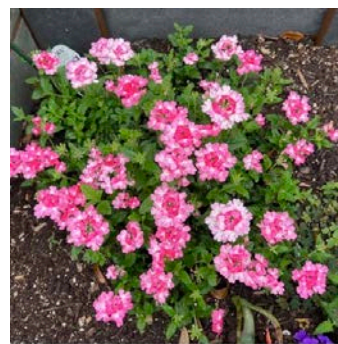
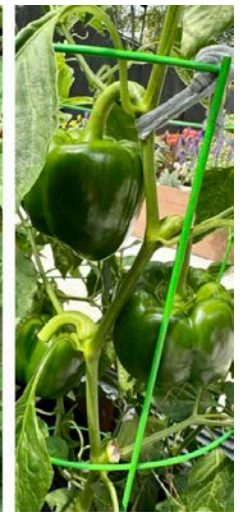
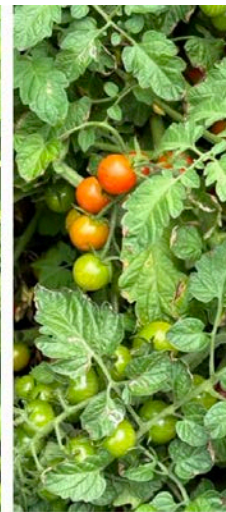
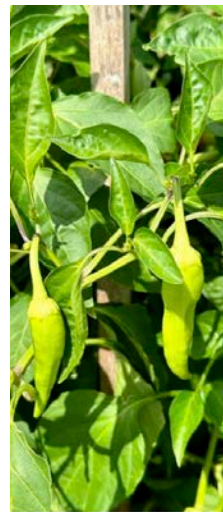
Memorial Day Observances

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Garden Beds

As these photos by Janet Silvester and Paul Mocko show, the residents' raised garden beds are thriving. Colorful vegetables and flowers abound. (Reminder: To appreciate the colors, view *FLEET BEAT* on Fleet Link under "Publications.")



Welcome Aboard

5619 Judy Solano (March '22)



Although Judy was born in a military family, their moves corresponded to segments of her school years. She was born in the Panama Canal Zone, then the family moved to Arlington, VA, for five years, to Germany for four years, and then back to Arlington for her high school years. She switched her major from math to psychology at Penn State and went on to earn an M.S. and Ph.D. in higher education administration at Florida State University. After graduating, she worked for the Board of Regents of the State University System of Florida and learned computer skills. She became so adept with computers that she taught computing at the University of North Florida and was with the State University System for 35 years.

After retiring, she traveled internationally (China, Australia, Portugal, Spain, Costa Rica, Panama, and Ecuador). She also traveled across the US and to South America, on a volunteer basis, to review college and university computing and engineering programs for professional accreditation. Judy is still working as a volunteer with this accreditation group.

Judy knew several people who lived at Fleet Landing or were on the waiting list and decided to come here to prepare for her future care needs. Her son lives in Maui, HI. He has three children. Her dog, Nika, a yellow lab, was in training as a service dog, but became a "change of career dog" (this is an official designation) with a new career of being Judy's pet. Judy used to train and show dogs for obedience competitions.

—Kristin Perry

8537 Kathy and Jerry Carter (October '21)



Kathy is from New Jersey, and Jerry is from Alabama. They both worked for the same company, but in different locations for several years before meeting. They were married in 1995. Between them, they have three children and six grandchildren living in California, Texas, and Alabama. The Carters maintain a second home in Cashiers, NC, where they spend several months a year. Buster and Judy Hagenbeck were their sponsors upon arrival at Fleet Landing. Buster was Jerry's West Point classmate.

Jerry was the Senior Vice President, Human Resources, for International Paper Company, and Kathy was the Administrative Assistant to the CEO of Bush Boake Allen, a subsidiary of International Paper that manufactured flavors,

fragrances, and aroma chemicals. Prior to his civilian career, Jerry was an artillery officer and helicopter pilot in the US Army. The Carters are inveterate travelers and try to visit numerous countries when overseas. Their next trip is to Italy this fall with the Hagenbecks.

Post retirement, Jerry became an arbitrator for labor disputes between labor organizations and employers. He enjoys fly fishing, exercise, and playing pickleball, and he wants to learn to surf fish. Any instruction would be welcome.

Kathy is an incredible crafter, and makes glorious handmade cards for special occasions. For information about how she uses this skill to benefit others, see article on page 12.

The Carters have settled in well, enjoy Fleet Landing, and are welcome additions.

—Isobel Spink

8526 Jane and Price Schwenck (January '22)



Jane, originally from Mississippi, and Price, from New York, met on a blind date in Florida, and it was love at first sight. Price was in the Navy, but on his release two years later, he phoned Jane, and they were married within two months in Mississippi, honeymooning at a Holiday Inn. Price returned to college and over the next decade attained two master's degrees.

Jane, while Price was in graduate school, taught fourth grade and earned her PHT, which means "Put Husband Through." They have two children. Their daughter, Fraley, lives nearby with two sons, and their son, Price, is in Atlanta.

Price moved into the banking world where he excelled for 50 years in management and leadership. He was a founding director of The Jacksonville Bank and held key leadership positions in several other banks. Price's book, written in 2014, titled *The Journey of an Enlightened Leader*, explains his fascination with the dynamics of management and leadership. The book's goal is to assist management teams in finding ways to significantly improve their effectiveness. He's currently working on another book. Price is also an accomplished golfer.

Jane is a bridge player and loves to cook—so much so, that their daughter's family has been coming to their home for Sunday dinner for the past seven years in Ponte Vedra, and now comes to their home here. The food must be plenty good! Jane and Price are happy residents and great additions to Fleet Landing.

—Isobel Spink

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Welcome Aboard

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8328 Nettie and Don Pond (December '21)

Nettie lived in Haines Falls, NY, in the Catskills, and Don also grew up in the Catskills in Hunter, NY. They met



when attending the same high school. After moving to Syracuse, NY, Don earned a B.S. in math and became an actuary. He worked for Connecticut Mutual Life Insurance, retiring as President of Connecticut

Mutual Financial Services. He then did consulting for Deloitte, and he and Nettie traveled all over the world for consulting assignments and personal travel. Throughout his career, he was very involved with the Hartford community, including serving as president of a soup kitchen and as a hospice volunteer as well as working to reduce infant mortality.

The Ponds lived in Enfield, CT, for many years. Nettie returned to school there and earned a B.S. in social work and psychology. She then worked in a home for teenage girls with babies and in a battered women's shelter. They have three children, two girls and a boy. One daughter lives in the Jacksonville area. Long Boat Key, FL, was a frequent winter vacation spot for them.

Italy is a favorite destination for the Ponds. This year, they will start their summer at their vacation home on Cape Cod, make their way to Italy again, then return to Cape Cod before coming back to Fleet Landing in the fall.

Over the years, the Ponds have taken classes to learn Italian. They also enjoy kayaking and the activities at Fleet Landing, especially the exercise classes and music programs.

—Kristin Perry

8518 Paul Gscheidle and Robert Giebeig (February '22)

For about 20 years, Paul and Robert have owned



Robert Giebeig (l) and Paul Gscheidle

residences in England. One dated back to the 1500's and the other to the 1600's. These properties have associations with historical events, beginning with

the time of Oliver Cromwell and including WWII, the Profumo Affair, and much more.

Robert, with graduate degrees in Latin American and modern European history was appointed by the governor of Florida to the Florida Historic Advisory Council. During graduate school, Robert taught history, and after a short career with the US government, he went into business in

retail and real estate and now owns property in St. Augustine. His business partner, Dan Pingel, is also a Fleet Landing resident. They traveled extensively in Asia searching out product for their businesses.

Paul was born and lived in New York City through his college years at Fordham University. He worked mainly in the Northeast as a travel agent for American Express before starting a career marketing credit card services. He was transferred to Jacksonville, before moving on to Dallas and England, where he worked as a marketing director for Barclays Bank.

Paul and Robert have traveled mostly in Europe and North America for the last 25 years. Each year, they divide their time equally between residences in England; Santa Fe, NM; and St. Augustine..

Robert and Paul are are oenophiles and enjoy Fleet Landing's wine tastings. They also conscientiously follow the exercise programs established for them here by Exercise Physiologist Alisa Blanchard and her staff.

—Kristin Perry

World Tai Chi Day 2023

By Nancy Lundgren; photos by Craig Miller



Left: Maureen Miller (far right) leads the Tai Chi for Arthritis demonstration.

Right: Dan Jones.



Fleet Landing's Tai Chi Fan group

Fleet Landing residents participated in World Tai Chi and Qigong Day 2023 on April 29 on the beautiful grounds of The Foundation Academy, a private school on San Pablo Road. Tai Chi for Health & Wellness sponsored the celebration with a day-long family event

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World Tai Chi Day 2023

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featuring tai chi demonstrations, group practices, and a mini-retreat. More than 60 people representing several tai chi societies from Jacksonville and St. Augustine participated in the event.

World Tai Chi and Qigong Day is celebrated annually on the last Saturday of April by providing a global vision of cooperation for health and healing purposes across geopolitical boundaries. The event begins in the earliest time zones of Samoa at 10 am, and then moves across Oceania, Asia, Africa, Europe, North America, and South America. There are celebrations in 80 nations and several hundred cities, ending in the last time zones of Hawaii, almost an entire day later.

Sheri Nicholson was an exceptional Master of Ceremonies. Her Opening and Closing ceremonies emphasized cooperation and community. Deirdre Dwyer “wowed” the crowd with our Fleet Landing Tai Chi Fan group. Fleet Landing resident Maureen Miller expertly led a Tai Chi for Arthritis (TCA) demonstration and practice. Dan Jones worked with the group moving through an Animal Frolic practice that included “tiger growls.” He followed the tiger fun with an impressive Yang Cane demonstration.

World Tai Chi Day 2024 will be celebrated at the same location next year. The Foundation Academy has graciously offered the use of their grounds and facilities.

Residents Support First Coast No More Homeless Pets

By Enith Vardaman; photo by Janice Flock



An article about a visit to a First Coast No More Homeless Pets facility appeared in the May issue of *FLEET BEAT* (page 28). The constant need for sheets, towels, and blankets was noted, as was the intention of Janice Flock and Isobel Spink to help by collecting donations of these items from Fleet Landing residents. The photo above shows the results of this effort, which exceeded their expectations. The only way Flock could stuff everything into her car was to put the seats down. She thanks everyone who donated.

Singers by the Sea Return

By Chet Davis; photo by Janet Silvester



On the afternoon of May 11, an appreciative audience welcomed the return of Singers by the Sea. This vocal group has been performing in the Jacksonville area for over 30 years. They last performed in Johnson Hall during the holiday season in 2019. Concerts, held in abeyance for over two years because of the pandemic, just started up again this year. This performance was the first of three before the group's annual concert at Palms Presbyterian Church scheduled for June 4.

The program, which began, appropriately, with “Another Op’nin’ Another Show,” included a variety of tunes: a madrigal parody, a Hebrew folk song, gospel music, a tune by Andrew Lloyd Webber, songs popular in the 1960’s, and songs based on poetry by Yeats and Burns. There were some opportunities for audience participation. Becky Schumann, who has led the chorus since 1989, and Teresa Mowbray, who became Co Director in 2019, took turns conducting.

Four residents are members of the group: Julia Pet-Armacost (soprano and flute), Jackie Mears (alto), John Rogerson (tenor), and Bill Query (bass). Several residents who are former members were in the audience.

Singers by the Sea ended their program with “Why We Sing.” Residents were glad they do and happy to have them back in Johnson Hall.

Ambassador Meeting

By Carol Smith

Gathering together many of the 222 Fleet Landing



Resident Ambassadors in Johnson Hall on May 12, April Morin, Sales and Marketing Senior Director, shared the latest news of her department. The hardworking Marketing Team of Connie Wheat, Carrie Conrad, Kathy DeSiena and Jill Pennington was introduced, and Morin elaborated on the role Ambassadors can play to enhance their efforts. Knowing the effectiveness of direct contact, she

thanked Ambassadors who host prospective residents for meals and events or invite them into their homes when they are on a campus tour.

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Ambassador Meeting

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Morin reported that the Atlantic Club had 554 households. She enumerated benefits available to those on the list. For example, some resident clubs can invite Atlantic Club members to join in their activities. She said that many members attended the April 19 Club Fair and were pleased to learn of these opportunities. Marketing strategies include traditional means, such as through *The Florida Times-Union* and the Military Officers of America Association (MOAA), as well as digital means, especially the Internet. Morin said that advertising was necessary despite the size of the wait list. The situation can change, some are on the list with a long timeline, and some may never come. Other topics she addressed included an expedited residency offer process, remodeling guidelines and move services for new residents, and Ambassador best practices.

Flamboyance!

By Carol Smith; photos by Nancy Russell



Led by Fleet Landing's own Lory Doolittle, 20 residents traveled to the Cummer Museum of Art and Gardens on May 3 to view "Flamboyance! A Topiary Menagerie." The museum's first horticultural exhibition features 50 topiary flamingos planted with pink begonias and posed throughout its gardens. ("Flamboyance" is the word for a group of flamingos.) The steel frames of the flamingos are on loan from the Franklin Park Conservatory in Columbus, OH. They were planted with the begonias and grown for display

by Cummer volunteers under the direction of Patrick MacRae, the museum's Doolittle Family Director of Gardens and Horticulture. MacRae's recent influence in the gardens was shown in the growth of several new species and displays of container arrangements throughout the English and Italian Gardens.

A lovely lunch was served on the outside terrace by the museum's cafe, and folks had a little time to check out several inside exhibits and the gift shop before boarding the bus for home.

Douglas Anderson School of the Arts Jazz Ensemble 1

By Chet Davis



Fleet Landing has a tradition of hosting concerts by award-winning musicians. In March and April alone, residents enjoyed the music of Ulysses Owens, Adam Sadberry, Victor Wainwright, and Robin and Linda Williams. The trend continued on May 17 with a performance by the Douglas Anderson Jazz Ensemble 1. As one of the leading high school jazz bands in the country, it has been the recipient of many awards.

The ensemble played big band compositions of Jimmy Dorsey, Benny Goodman, Duke Ellington, Stan Kenton, and Harry James, among others. There were many opportunities for solo performances, including one by the band's director, Don Zentz, on saxophone.

The sparse audience (attendance was likely influenced by a severe thunderstorm a little earlier in the afternoon) was treated to superb musicianship and a remarkable display of talent. The ensemble included eight seniors who have amassed over \$1 million

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Douglas Anderson School of the Arts Jazz Ensemble 1

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in scholarship offers. A trumpet player has been invited to play at a California event as one of only 18 invited from the entire country.

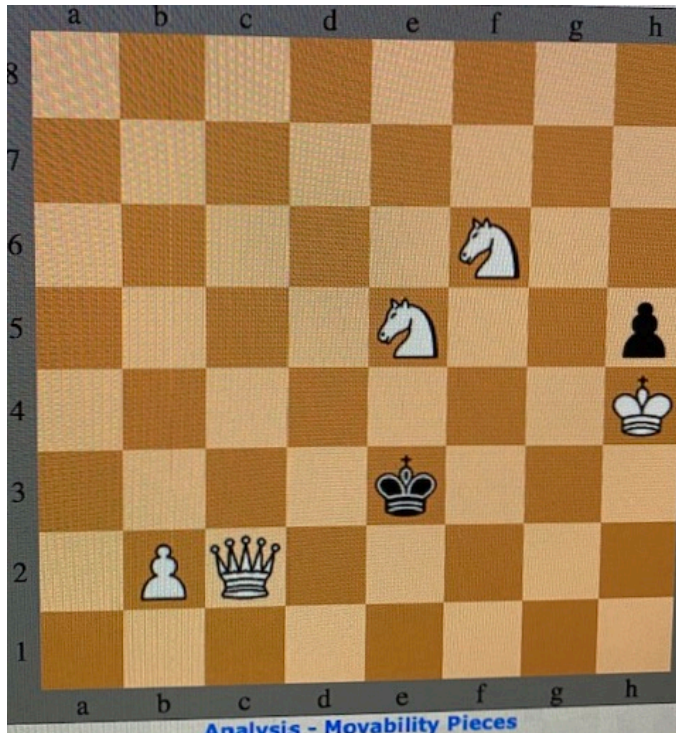
The presentation equaled, or even surpassed, that of other big band groups. It was truly wonderful to hear such familiar tunes as "Two for the Road," "Mood Indigo," "Sentimental Journey," "In the Mood," and more during the one-and-a-half-hour musical treat.

Those who missed the concert should hope for a return visit.

Chess Club News

By Richard Wong

The Chess Club meets every Tuesday at 1-3 pm in the Windward Commons lobby.



White mates in two moves

Drumming Circle

By Kristin Perry



Alisha Ross Ramcharitar (l) and Cynthia Graham



Dorothy Cabinillas (l) and Imogene Coleman



Left: Carol Bowser and Carl Tungli-Giese.

Right: Kristin Perry (l) and Nancy Patterson.

Our innate rhythm reflects the ebb and flow of our lives, and a drumming circle, a circle of people using percussion instruments and chanting, taps into that life force. It is a mesmerizing and invigorating way to spend the afternoon.

The drumming program on May 18 in Johnson Hall was sponsored by the Wellness Department and organized by resident Cynthia Graham through her contacts with drumming circle leaders. The leader, Alisha Ross Ramcharitar (her organization is Just Add Rhythm), uses drumming to promote health benefits, such as reducing anxiety and stress, controlling chronic pain, lowering blood pressure, and improving coordination.

The group, sitting in a large circle of about 25 people, used large and small drums to build on simple rhythms to form more complex beats, sometimes accompanied by chants. When asked for comments on the effects of drumming, participants usually said they felt calmer.

TPC Sawgrass Tour

By Carol Smith

Photos by Dita Domonkos and Janet Silvester



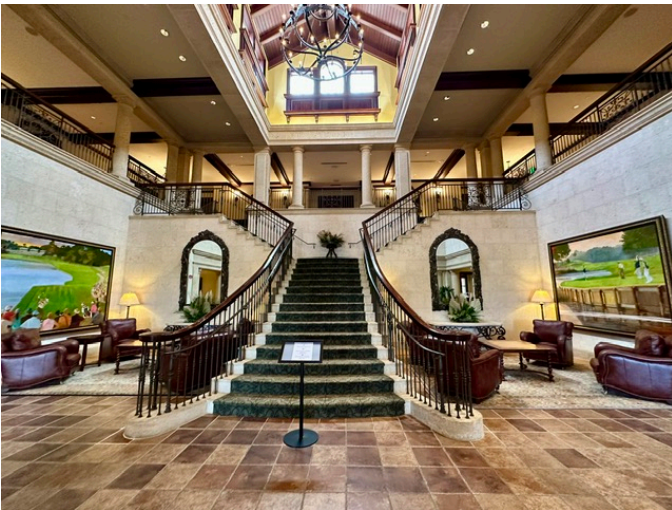
Twenty Fleet Landing residents traveled to Ponte Vedra Beach on May 15 to learn about TPC Sawgrass, the unique golf course that hosts THE PLAYERS Championship each year in March—the only event owned by players of the PGA TOUR. The club is the fulfillment of the dream of PGA commissioner Deane Beman who managed to acquire the 415-acre site for \$1. Local landowners Jerome and Paul Fletcher shared Beman's vision and enthusiastically sealed the deal with the sale. The framed dollar bill is proudly displayed in the clubhouse.

Volunteer tour guides drove residents past the 77,000-square-foot clubhouse to the 17th and 18th greens where the unique layout and ambitious landscaping could be appreciated.

Built with spectators in mind, Sawgrass is the first true Stadium Course and is designed to enhance the overall fan experience. Gently sloping mounds up to 30 feet high offer thousands of spectators unobstructed views of tournament play. In addition, the TPC makes the course accessible to all golf fans—unlike the private clubs where most of the great tournaments are played. Golf course architect Pete Dye aimed to create a balanced golf course that would favor no particular player or style of play. With no two consecutive holes ever played in the same direction, the wind coming off the ocean has a more balanced influence on the field of players.

The unique and popular 17th island green captured everyone's attention. It is perhaps the most famous par 3 in the world. Dye credits his wife, Alice, with the concept of building it on the island. Many determined amateurs who play the course during the 11 months not set aside for the tournament attempt to put the ball on the green, resulting in plenty of balls in the water. Last year alone, divers removed over 200,000 balls from the lake.

The tour concluded in the beautiful Italian-style stone clubhouse. Surprisingly, it actually has a faux stone facade that has to be redone every 10 to 15 years. Inside were photographs, paintings, memorabilia, and the Gold Man trophy. Residents enjoyed lunch in one of the large dining rooms and were excited to learn that one of our own, Bob Neal, has actually played the course. In fact, he only put one ball in the water on the 17th and got the second ball within a foot of the hole, and he sank the putt for 1 over par! Congratulations, Bob. You make us proud.



Exterior and interior views of the clubhouse



Two views of the famous 17th hole, one with the hole in the foreground and one with it in the background.