



FLEET BEAT

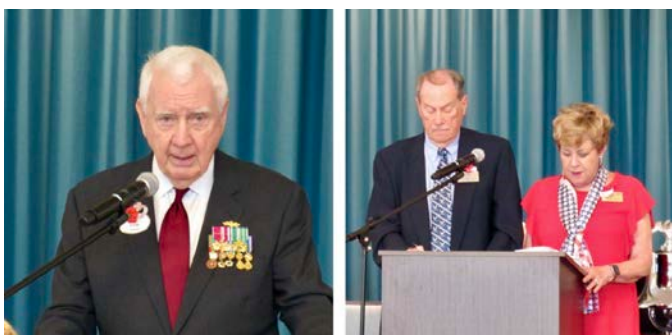
VOL. 31 No. 4

THE FLEET LANDING RESIDENTS' NEWSPAPER

May 2021

Memorial Day Ceremony

By Howard Burdick



Lto R: Tom Dames, Bob Burkart, Eileen Theis



Memorial Day observances are a Residents' Council program and are supported by the Military Officers of America Association (MOAA) Historic Mayport Chapter as well as Fleet Landing management and staff. The May 31 ceremony in Johnson Hall was not

broadcast on channel 267, but it was preceded by a continuous photo loop—shown on both channel 267 and in Johnson Hall—of current and past residents in their military uniforms.

Residents' Council President, Lieutenant Colonel Bob Burkart, USAF (Ret.), welcomed all, noting this day of sacred tradition, which may be our most memorable event of the year. He introduced special guests: Captain Jason Canfield, USN, Commanding Officer of Naval Station Mayport and Command Master Chief Chris Fitzgerald as well as members of the Honor Guard; Major Alan Crouch, USMC (Ret.), Commander of NJROTC at Jean Ribault High School, and its color guard; and principal speaker Captain Bruce Bole, USN (Ret.), a member of the Atlantic Beach City Commission.

Fleet Landing resident and Master of Ceremony, Rear Admiral Tom Dames, USN (Ret.), noted this special day of remembrance. He introduced other residents taking part in the ceremony: Captain Eileen Norrington, Chaplain Corps, USN (Ret.), and Lieutenant Colonel Joe Ruthenberg, USMC (Ret.). Norrington invoked blessings on all who have served and continue to serve in harm's way. She reminded us of the special debt we owe to those who have died to preserve what we have, and she prayed that God would look after their families. Ruthenberg led us through the National Anthem and Pledge of Allegiance.

Bole noted at the outset of his remarks that the Atlantic Beach City Commission was trying to obtain free access to nearby Hanna Park for veterans. He



Bruce Bole

invited residents to visit him at City Hall at any time. In recalling a flood of memories of service as a naval aviator, he noted that those killed in the line of duty in training far exceeded those killed in combat. He reviewed several examples. He emphasized particularly the volunteer care which other service members have provided to the families of those killed—especially the children. In his conclusion, Bole noted that our flag doesn't fly just because of wind, but from the last breaths of those who have given their all.

Dames reviewed the history and traditions of Memorial Day, beginning with its origin as Decoration Day right after the Civil War. He compared the high

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May Residents' Council Meeting

By Howard Burdick

The May 18 Residents' Council meeting, conducted virtually in the Coleman Auditorium, was broadcast on channel 267. Council President Bob Burkart reported that future meetings would be held on the third Tuesday of the month at 2 pm in Johnson Hall. He also extended hearty thanks to all residents for their exceptional participation in the recent election of new council members.

Management Review. Executive Director Josh Ashby thanked residents for their feedback on the planned Coleman Center renovations. The project will not begin until the availability of all supplies needed for its completion is assured. The earliest start will be at the end of summer. More details will be available at the July "Coffee and Conversation With Josh." Human Resources has moved to a new building adjacent to North Point, and the move of accounting there was imminent.

Chief Operating Officer Travis Schryer discussed the hurricane season, the beginning of move-ins to North Point and the 8000 Building, and the Wi-Fi upgrade.

Council Reports.

Council Vice President Eileen Theis thanked those who helped with the council election: residents Meg and Dante Capurro and Mary Pat and Dave Lynch, who served as ballot talliers, and substitute election ballot manager, council Secretary Nancy Russell. She also previewed Memorial Day events.

Finance. Bob Armacost described his role as treasurer. This position, approved by a recent council bylaws change, was created to administer the Residents' Gift Fund. He also serves as council finance liaison, and he attends quarterly meetings of the Board of Directors Finance Committee and of the Residents' Finance Committee. He reported positive financial figures, with days cash on hand above budget and well above requirements. A recent audit was passed with no discrepancies. Residents can contact him with questions about Fleet Landing finances.

Marketing. Eileen Theis noted continued essentially full occupancy of independent living, Leeward Manor, and The Nancy House. All 16 vacant independent living residences are spoken for. There are 351 households in the Atlantic Club and 60 on the 8000 Building waiting list.

Wellness and Transportation. Reporting for Jackie Mears, Theis noted an increase in on- and off-campus activities as a result of the gradual lowering of COVID-19 restrictions.

Human Resources and Dining. Ray Bratcher announced that the April Staff Member of the Month was Billy Mayes of Remodeling Services, who goes above and beyond in all his work. There were 86 Lobster Tales in April, and residents are encouraged to submit them whenever they are pleased with staff per-

formance. Total staff number 471, and the turnover rate year-to-date is 12.2 percent. Bratcher reviewed the operating hours and other information for all our dining facilities and provided instructions on how to access dining memos.

Healthcare. Janice Flock reported about the on-campus facility for borrowing medical equipment such as wheelchairs and crutches. She also described the functioning of the Emergency Call System and smoke detectors in each residence as well as the proper use of individual emergency pendants.

Facilities. Lory Doolittle reviewed recent zone inspection results. Now that the USPS mailboxes are in the apartment buildings, the door to each mail room should be kept open at all times except when the mail is being delivered. The mail room should not be entered when the postal worker is present. Doolittle also named building/area representatives. They can help residents with maintenance problems.

Safety and Security, and Housekeeping. Kerstin Chelius reported that Safety and Security provided around-the-clock service with a staff of 13. Two more staff members are to be added in coming months. She also pointed out the scope of the work of housekeepers and porters, citing statistics that included the number of houses and apartments as well as the total square footage and number of bathrooms.

Resident Suggestions. Russell reported the following suggestions and responses:

- Add golf cart parking near Windward Commons. Some is currently available, with more to come. An evaluation of use will be made.
- Post daily LakeView menus on Fleet Link by 9 am. The need for flexibility makes this impractical.
- Add ergometers to gym equipment. The new equip-

(continued on next page)

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All the news that fits...

Contributions to FLEET BEAT are welcome. Please place copy or any comments you may have in box 1107 at the Coleman Center. Neither letters to the editor nor anonymous submissions are published but we are, of course, mindful of your comments. Issues of FLEET BEAT can be found at www.fleetlanding.com. Sign into the resident portal and click on "Menu" and then "Publications." Issues can also be found under "Publications" on Fleet Link. A complete run of back issues can be found in the Dinda Library.

May Residents' Council Meeting

(continued from preceding page)

ment is considered adequate for most residents. Special outpatient rehabilitation services are available in the Therapy Department.

- Blow leaves and other debris off sidewalks daily. During peak seasons, Fleet Landing staff will supplement the landscaping vendor.

- Add a house salad side option to the Currents Marketplace menu. Starter salads will be available by asking the cashier.

- Add fresh fruit to the LakeView dessert menu. Fresh cut fruit is being added.

- Install curb stops to parking spaces along the sidewalk on the pool side of Windward Commons. They will be added.

- Post the days and hours of operation and whether alcohol is available in the various dining venues. Information for each venue was in the works.

- Remove or trim palmettos too close to the southwest corner of Fleet Landing Boulevard to improve visibility. Management agrees that this needs to be done.

- Install coat hooks in outpatient physical therapy entry. A coat rack will be placed in the small waiting area in the outpatient therapy gym.

- The absence of a covered walkway from the bus stop to the Mainstreet dining building is inconvenient in inclement weather. Umbrellas will be available.

- What is the relationship of independent living residents to the Clinic and Dr Messinese? The health services section of Fleet Link will be updated with this information. In addition, a "Quick Start" guide for new residents will provide information about this and other important topics.

- Assign someone to view the slides shown on channel 267 for proper fit and currency of announcements. Management will review its process to ensure timely, accurate, and well formatted content.

- Alphabetize the headings in Fleet Link. Pending. [subsequently implemented]

Editor's note: Meeting minutes and complete member reports can be found in the Dinda Library.

Tour of St. Augustine Wild Reserve

By Kristin Perry

The tour to this exotic animal sanctuary on May 24 was filled to capacity with 21 residents plus Driver Rob Friedman and trip leader Mary Faria, Manager, Wellness Services. And, as the tour guide at the sanctuary (Karen Malfy) said, everyone had on "good shoes."

The Wild Reserve is a rescue center for lions, tigers, wolves, jaguars, bears, leopards, and other species that have come from places where they were abused, injured, or neglected. In the sanctuary, the animals have become healthy and calmer. They live in large, multi-area cages with perches and baths. They are fed high-quality food,

and their cages are clean and surrounded by a natural environment with plants and water.

The Siberian lynx (the largest lynx), with big tufts of fur at the tip of her ears, crept closer and stared warily at us. She had been purchased by a woman as a household pet and was kept in a closed garage for one and a half years and thrown meat under the garage door. She was traumatized when she came to the sanctuary, but has become calmer in her three years there. A black leopard lost her leg when her original owners took her for a walk, and she stepped in a wolf trap. The golden tabby tiger has not been seen in the wild since 1950. The two jaguars represent a population that has drastically dropped with destruction of their Amazon habitat.

Many of the large cats are crossbred like the liger—a mix of lion and tiger. One liger came to the sanctuary with hip and back problems. He weighs 1,100 pounds and could not survive in the wild. Two Bengal Siberian tigers are young sisters and share the same cage; another Bengal Siberian tiger is nearly white, missing a gene for color.

The baby cougar, only five months old, came bouncing out to see the visitors and wanted to play.

The two spotted hyenas are not related to dogs or cats and are in a genus by themselves. The female hyena is dominant and larger, and she swatted the male in the face when he came to the fence to see the visitors.

There are several wolves at the sanctuary. The British Columbia wolf can exert 1,500 pounds per square inch of bite pressure. Two tame white-tailed deer wandered outside the wolves' cages.

The large Florida black bear that weighed about 600 pounds strolled to his bathtub and climbed in for a cool soak.

There are other animals here: a sleek and healthy coati with a long, striped tail; a dovecote of pigeons; a Florida coyote (a small coyote that will live close to humans); a large-maned lion; and, a possum sleeping with his dinner pan over his head.

The big cats like to be petted and rubbed by sanctuary staff. This is done carefully, outside the cage. The young animals need a lot of cuddling and interaction. In the case of a large Bengal Siberian tiger, this cuddling stopped when she reached 400 pounds. Many of the big cats are walked on a leash and some swim in the pond on their leashes.

A flock of vultures eyed the meat in the cages. Last week, one dove into a cage and was killed—but not eaten because nothing will eat a vulture.

A large open gravel path loops through the animal cages, and there are trees and pavilions for resting in the shade. This is a wonderful place to take visitors and spend the afternoon. The sanctuary needs your help, the animals love your company (it is their main diversion), and you will be glad you spent your time with animals.

Editor's note: Photography was not allowed.

Meet Sacasha Brown, Administrator, Skilled Nursing

By Chet Davis

Sacasha Brown joined the Fleet Landing staff in early March of this year. A native of Jamaica, Brown came to the US in 1988. Her academic record includes a B.S. from Georgetown University, an MBA from Harvard, and a master's in health care administration from Florida Atlantic University. She also studied French at McGill University in Canada.



Brown comes to us from South Florida. She received her Nursing Home Administrator license while working at John Knox Village, a continuing care retirement community in Pompano Beach. She served there as assistant administrator. Subsequent time at Miami Jewish Health Systems, Inc. and Aventura Plaza Rehabilitation & Nursing Center, as nursing home administrator assisted in honing her passion for customized care that would result in shorter nursing home stays and a return to independent living. After a brief period as chief operating officer of a real estate investment company, the pandemic resulted in her returning to health care at the Gardens Care Center in the North Miami area. There she set up policies and procedures which resulted in the opening of a 30-bed COVID-19 unit. In December 2020, she received a call from our Human Resources Department, and the rest is history.

When asked about her opinion of Fleet Landing since her arrival, Brown commented on her surprise at seeing Derfer Pavilion residents thanking the staff for their efforts, an unusual occurrence in her previous jobs. She considers herself fortunate to have such a strong, supportive, compassionate, and competent team.

Brown has developed concepts of outcome-related care that clearly align with Fleet Landing's future-focused approach to care, which will enable long-term independent living.

We welcome Brown to Fleet Landing.

Library Notes

By Enith Vardaman

We thank our recent donors: Myron Allen, Harriet Clinton, Anne and Richard Conway, Bob Dinda, Lory Doolittle, Lorie Holmes, CeCe Lichtenstein, Dottie Mann, Fran and Pete Sheridan, Robert Stockho, and JoAn Tetrick.

Reminder: Please contact Enith Vardaman if you have more than 10 books to donate. The library's shelf space is limited, as is storage for books for a book sale.

Yacht Club News

By Howard Burdick; photo by Jack Silcox



Howard Burdick tows one of the old sailboats to the part of the lake nearest the Selva gate.

If you're confused, we were known as the Sailing Club until our new Commodore, Carol Silcox, stepped us up in the world. She and her husband, Jack, have been a whirlwind of activity, with management support, in procuring three new boats (only one here so far) and arranging for donating our old (20+ years old) boats to the Jacksonville University (JU) Sailing Team in honor of our late resident, and their former president, Fran Kinne. In mid-May, the JU team was scheduled to come and take our old boats away, so we pre-positioned two of them near the Selva gate for trailer pickup before we learned that their team would have to delay. Many of you wondered why they were there.

Even though the new American boats are not that much bigger than our old Hunters, they are much more stable, and can handle more crew. When the remaining two boats arrive, and the waterfront dockage is upgraded to support them, we expect the sailing programs to perk up—especially with the arrival of many younger residents of the 8000 Building.

If you're interested, we'll provide sailing lessons and be happy to have you aboard.

Fleet Landing in the News

By Enith Vardaman

The late Dr. Frances Bartlett Kinne, who was a Fleet Landing resident, was the subject of a lengthy article that began on the front page of the Metro section in the May 21 edition of *The Florida Times-Union*. The article was occasioned by what was then the upcoming May 23 Jacksonville University celebration of Kinne's impact on the university in her roles as professor, dean, president, and chancellor. (See article on page 5.)

Fran and Pete Sheridan contributed to the "Letters to the Editor" column of the June 2 edition of *The Florida Times-Union*.

Remembrance Ceremony for Frances Bartlett Kinne

By Joan Carver; photos by Monica and Jim Coté



Jacksonville University celebrated the legacy of Dr. Frances Bartlett Kinne on May 23, the 104th anniversary of her birth. It was a day that matched her



character—sunny with a light breeze, beautiful campus and beautiful music, and a general aura of good will. Kinne came to Jacksonville University (JU) in 1968 to teach humanities for a year, with no plans to stay. Instead she spent the next 50 plus years at the university, serving as professor, dean, president, and then chancellor. Her im-

pact on the university and its students and on Jacksonville and the educational community was great. A Fleet Landing bus took a number of Kinne's Fleet Landing neighbors to the program. Kinne lived at Fleet Landing for over a decade.

The "Legacy Ceremony" was held on the Science Green at JU. The program was billed as "Remembrances of the Life and Legacy of Dr. Kinne in Music, Words, and Stories." Tim Cost, the president of the university, presided over the ceremony and was joined by eight community leaders and alumni who shared their memories and stories about Kinne. Cost stated that Kinne had asked him to ensure that "when the time comes, there would be music and laughter," and that was the tone of the entire program. Sharing their thoughts about Kinne were community leaders J.F. Bryan and Preston Haskell; CEO of Mayo Clinic-Jackson-

ville Dr. Kent Thielen; and JU alumni Marty Chomiak, 1981 and 1984; Dr. Marvin Wells, 1973; Linda Berry Stein, 1969; and Artis Gilmore, 1971. Dr. Timothy Snyder, Dean of JU's Linda Berry Stein College of Fine Arts gave the closing remarks. The speakers emphasized Kinne's empathy, optimism, vision, and leadership. Bryan marveled that as Kinne handed out diplomas at a graduation ceremony he attended, she seemed to know each of the 550 students. Those personal ties were illustrated by Artis Gilmore, who said that when he was inducted into the Basketball Hall of Fame, he introduced Kinne as his mother—to Kinne's delight and the puzzlement of some. Wells described how she became his mentor when he was elected student body president, putting him on many committees and introducing him, a science major, to the arts. Berry Stein said Kinne told her that every day when she woke up, she decided she would be happy. She called Kinne the matriarch of JU. Thielen noted Kinne's long interest in health as well as education, and he stated that she had been a mentor to him and to all the Mayo Clinic-Florida chief executives.

There was music throughout the program: "Welcome Music" by a violin quartet on entry to the Howard Building, "Gathering Music" by the Kinne Trio (JU faculty of piano, violin, and cello) before the program, "Music Interludes" by the Children's Chorus that Kinne helped found, a piano and violin piece, and a Beethoven sonata. The closing selection was Kinne's favorite, Grieg's "Jeg Elsker Dig."

Following the "Legacy Ceremony," the attendees were invited to the dedication of the Kinne Plaza in front of the Student Center and the bronze statue unveiling as well as for champagne, punch, and sugar cookies with Kinne's profile on them. The statue is of Kinne sitting on a bench with a welcoming expression. Her legacy in bronze is there to welcome future generations of students, the matriarch of the university as Berry Stein suggested.

The third part of the program, a self-guided exhibition illustrating Kinne's life, was missed by Fleet Landing residents who took the bus. Time ran out, and the bus had to return to Fleet Landing. All is not lost, however, for the exhibition will be available for viewing in the Phillips Fine Arts Building from 9 am to 4:30 pm, Monday through Friday, until July 16. It can also be viewed at https://www.ju.edu/cfa/docs/Kinne_Catalog.pdf.

Your reporter visited the exhibition later and found it added to the Kinne profile. The exhibit includes the 79 pictures of Kinne with celebrities, including the one of her being kissed by Jack Benny and Bob Hope. There are two videos of interviews with and about Kinne, pictures of Kinne, and items from various stages of her life. The items displayed include two long dresses (one from Saudi Arabia) and one of her trademark red suits.

USS Stark Memorial Service

Text and photo by Rae Donnelly



Rear Admiral Doug Venlet, USN (Ret.), attended the USS Stark memorial service at Beaches Veterans Memorial Park on May 17, the 34th anniversary of the attack on the Stark in the Arabian Gulf that caused 37 deaths. After the Stark was repaired, Venlet served on the ship for two years.

Fleet Scholars Honored

By Enith Vardaman



Lory Doolittle (l) and Olivia Bush

The May 12 Scholarship Reception celebrated the 39 staff members who had received Endowment Fund scholarships. The ceremony was held in Johnson Hall, where a continuous loop showing each recipient was playing on both screens.

Director of Charitable Gift Planning Olivia Bush led off the proceedings by thanking residents for their support. She announced that a donation of \$20,000 to the Scholarship Fund was another option for becoming a member of the Spinnaker Society.

Resident Lory Doolittle, chair of the Scholarship Committee, spoke next. She thanked Bush as well as the other members of the committee, residents Dave Rigg, Izzy Spence, and Cindy Tomlin, for their efforts. She also thanked residents for their financial support. She said that any staff member who had worked at Fleet Landing for at least three months was eligible to apply for up to \$2,400 a year for coursework in any area,

including ESL, a GED, certification in a special field, continuing education credits, and advanced studies toward a degree. A one-time application for a computer is also possible. This year, some residents encouraged staff members to apply. Doolittle thanked them and asked those present to consider doing this. She welcomed the recipients and their families to the ceremony honoring them and their course of study.

After Tomlin read a letter of heartfelt thanks from a scholarship recipient, Doolittle announced the name of each recipient. Those who could be present came up to receive an award certificate. The reading of each name was greeted with warm applause.

In her concluding remarks, Doolittle encouraged residents to contact Bush about how to contribute to the Scholarship Fund. She reported that a golf outing, which had been a successful fund raiser previously, would be held again at a date still to be determined.

Following the ceremony, those present enjoyed refreshments and offered good wishes to the honorees.

Special Orchid



Anne Leyden took this picture and supplied the background information. When Sue English died in 2017, many of her plants were still in the arbor at the back of her house, and people were told they were available. Mary May chose this one and obviously took very good care of it.

May has put the orchid and sign out in front of her house. The sign pays tribute to English with these words: "Many of you remember my amazing neighbor Sue English, who, though blind, lived a totally independent life and grew gorgeous red geraniums out front and exotic orchids inside! I thought you would like to see one of her favorites that is blooming now. This is a special orange cattleyas "Singapore" whose slight magenta tinge on the lips suggests it has been sipping wine."

Garden Tour

By Victoria Freeman; photos by Ann Bell, Ed Hollender, Rick Rochelle, and Belinda Vrielink



LtoR: Lory Doolittle; Lorie Holmes, Victoria Freeman



Sally Pitard, Susan Titus



Constance Miller, Ray and Camille Rigney, Julie Rochelle



Jane and Howard Burdick, Janice Flock, Mary Alice Westrick

The May 10 "Fleet Landing Garden Tour" featured flowers, ornamental plants, herbs, and vegetables in a variety of settings. The tour began at the raised garden plots at the Annex. Lorie Holmes discussed her plantings of lush tomatoes and other vegetables, carefully supported in wire enclosures. She was one of the pioneer Fleet Landing gardeners who planted in-ground plots before the raised garden plots were created. Master Herbalists Lory Doolittle and Constance Miller explained the herbs in their respective raised plots. Master Gardener Victoria Freeman introduced the audience to British Intensive Gardening, a technique that allows no visible soil, but produces lush flowers, herbs, and vegetables.

At the Coleman Center, Miller explained the plantings in the Olive Sorenson Jones Memorial Herb Garden, also called the Chef's Culinary Herb Garden. She encouraged individuals to take cuttings to use in their own cooking.

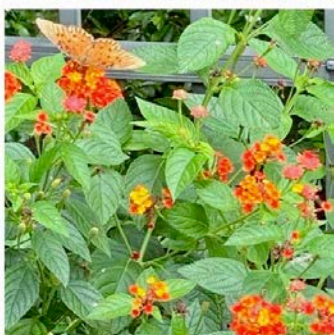
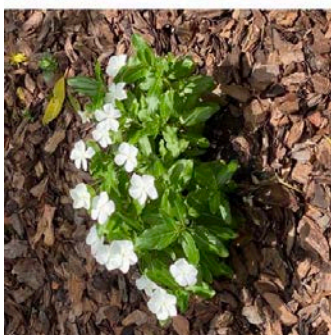
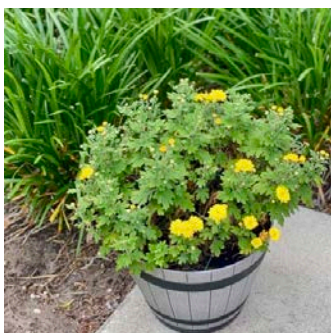
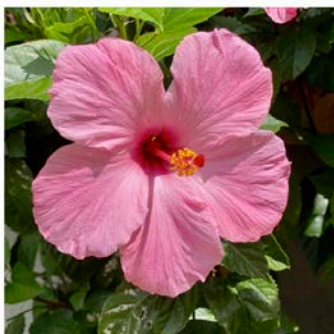
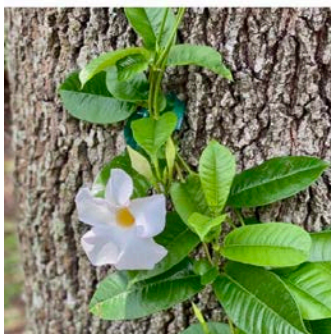
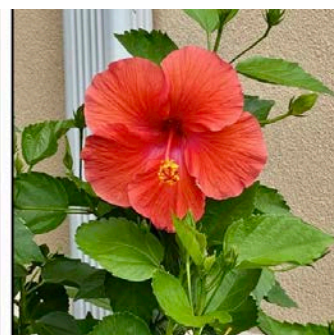
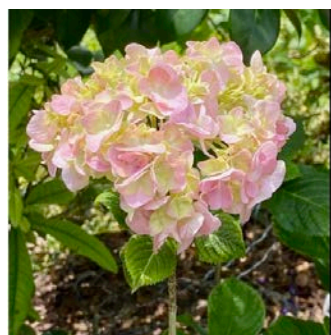
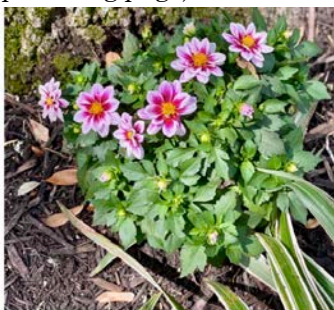
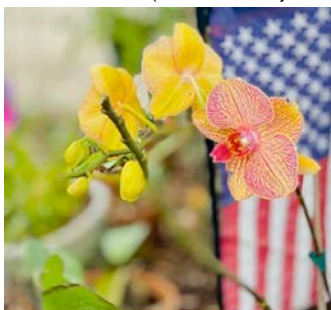
Following Miller's presentation, the participants followed tour organizer Mary Faria, Manager, Wellness Services, to view gardens at the houses of Howard and Jane Burdick (5105), Janice Flock (5109), and Mary Alice Westrick (5812). Westrick also led the tour group to the gardens of 5800 Court residents Ann and Larry Magner, Charon Sisler, and JoAn Tetrack. The tour also included the gardens of Camille Rigney and Julie Rochelle at the 2000 Building and Sally Pitard and Susan Titus at the 4000 Building. The variety of plants and of colors in these gardens was amazing—all adding to the beauty of the Fleet Landing campus.



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Garden Tour

(continued from preceding page)



Avian Visitors and Residents

Photos by Cynthia Graham and Enith Vardaman



Left: Goose and goslings by the lake.

Center: Hawk by the labyrinth.

Right: Great egret by the 3000 Building.



Screenshot of our osprey family (one parent and three chicks)

In Memoriam

Jerry Disch
1925-2021

Linda Fylling
1946-2021

Billy Williams
1929-2021

Fleet Landing Wins Two Bell Ringer Awards

By Dave and Mary Pat Lynch

Fleet Landing was the recipient of two awards from the Salvation Army for our participation in the 2020 Bell Ringer Campaign. The first award was for having the largest number of Bell Ringers. The residents of Fleet Landing should be proud of their efforts in achieving this prize. The second award was for generating the most donations. We collected over \$19,000 in 19 days. For this



achievement, we thank the generosity of the patrons of the Neptune Beach Publix. Our total does not include the value of a 1.75 carat diamond ring deposited in our kettle. It will be sold by the Salvation Army in the near future. Our awards are located on the round table near the concierge desk.

Hurricane Season Has Begun

By Enith Vardaman

At the May 26 FNN broadcast, Chief Operating Officer Travis Schryer presented information on preparedness for the 2021 hurricane season. The season extends from June 1 to November 30.

Fleet Landing's Comprehensive Emergency Management Plan for residents of the Derfer Pavilion, The Nancy House, Leeward Manor, and North Point has been approved by the Division of Emergency Preparedness of the Jacksonville Fire and Rescue Department. There are two evacuation sites that will provide 24-hour care. Residents of the healthcare facilities will be transported by Fleet Landing vehicles and private ambulance. Supplies such as food, water, medications, and medical records are transported by trucks.

Independent living residents should have already turned in the form with their plans. Those comfortable self-evacuating were encouraged to do so. There was a 30 percent increase in residents wanting to evacuate with Fleet Landing this year. This could result in up to three to four residents needing to share a room. Fleet Landing will have contracts for transportation and hotel accommodations for independent living residents, with the expense shared among all the participants. It was stressed that this will not be a vacation.

The Emergency Broadcast System (call and text) will be used to communicate if an evacuation becomes necessary. Any resident who did not receive alerts during the pandemic should contact Executive Assistant Megan Clemensen (ext 1105) to be entered

into the system. During an evacuation, the emergency hotline (904) 694-2448 will be the source of updates. Social media such as Facebook will not be used.

In the event of an evacuation, residents self-evacuating are requested to check out at the Welcome Center. Evacuation of the campus is mandatory for all residents. Traffic will be limited to the Mayport Road gate. The campus will not be staffed during the storm.

Some tips for how to prepare:

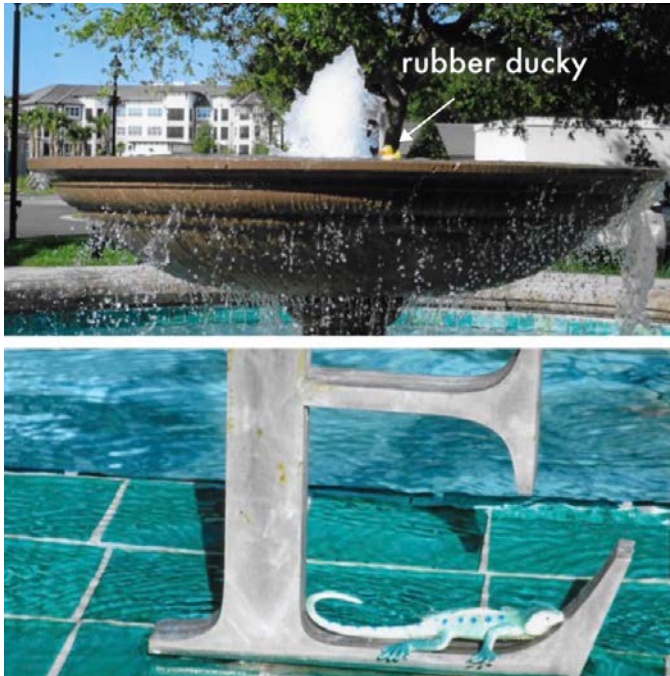
- Residents self-evacuating should figure out a safe place to go and how to get there.
- Make two emergency kits, one to take and one for when returning home. (Remember pets when making the kits.)
- Know important numbers such as emergency contacts and the hotline.
- Have a plan for pets.

What a Difference a Year Makes

The first photo below was published in the May/June/July 2020 issue of *FLEET BEAT* (page 12) as a sign of the times: The pandemic-caused curtailment of Fleet Landing events left the activities board bare. The second photo is a sign of progress: The flyers show that Fleet Landing is returning to its former abundance of activities.



Fleet Landing Mysteries



Charlene Kurth called attention to two mysteries with these photos. How did a rubber ducky get in the fountain, and how did a rubber gecko find itself in one of the "E's" in the Coleman Center sign?

Fleet Classics: A Hybrid Philharmonic

By Howard Burdick

On the rainy afternoon of June 3, we were treated to a most enjoyable and full program of classical and semiclassical music by Fleet Classics, our own resident musicians, who hope to entertain us in this mode from time to time. The ensemble, created when COVID-19 restrictions eliminated live classical music performances, broadcast its first four concerts over channel 267. It has grown from its original three members to its current six: Karen Sturtevant on piano; Julia Pet-Armacost, flute and piccolo; Bob Armacost, narrator and twelve-string guitar; Gary Reichow, electric guitar; Charles Winton, French horn; and Phil Martin, double bass. Now that live music has returned to Fleet Landing, the June 3 concert took place in Johnson Hall.

While all the selections were classical, they were well known, comfortable pieces, which made you smile inside—no atonal adagios nor dreary dirges! In some cases, a movement of a larger composition was played. Classical masterpieces included Beethoven's "Für Elise," "Ode to Joy," and Piano Concerto No. 3; Mozart's Minuet in F major and "Eine Kleine Nachtmusik"; and Haydn's Symphony No. 97. Baroque favorites were Bach's Minuet in G minor (now believed to have been composed by Christian Petzhold), Bourrée, and "Jesu, Joy of Man's Desiring"; Jeremiah Clarke's Trumpet Voluntary; and Handel's "See, the Conquering Hero Comes" (from *Judas Maccabaeus*) and Largo (from *Xerxes*). Other selections

included Symphony No. 1 by Brahms, a waltz by Chopin, Tchaikovsky's Symphony No. 5, Dvořák's Largo (from *New World Symphony*), Zdeněk Fibich's Poem, MacDowell's "To a Wild Rose," and "The Swan" by Saint-Saëns. Sousa's "Washington Post" march was the rousing finale.

Arranging the music for a hybrid ensemble—the instruments are not the ones for which the pieces were written—had to be a labor of love, and it was clear that the audience loved all of it.

The Fleet Classic's next performance by Fleet Classics will be on July 1 at 4 pm in Johnson Hall. See you there!

Ready for Memorial Day



The horse belonging to Susan and Dick Titus displays a patriotic spirit. Who provided the attire was at first a mystery, but was later determined to be their 4000 Building neighbor, Althea Palven.



Virginia Byrd's pigs never pass up an opportunity to observe a holiday.

Memorial Day Ceremony

(continued from page 1)

number of deaths in that conflict with a similarly high number of deaths from COVID-19 in a much shorter period, but with a much larger national population.

Commander Pat Kluever, USN (Ret.), a Fleet Landing resident, described the flag folding ceremony conducted at many memorial services. He then introduced two members of the Naval Station Mayport Honor Guard, who demonstrated the folding ceremony with the flag of deceased resident Rear Admiral Ron Kurth and presented it to his widow, Charlene. Then they presented already folded flags to five other spouses of resident service members who died in the past year. Burkart and Residents' Council Vice-President Eileen Theis read the names of the 47 residents who died since last Memorial Day, with a tolling of the bell for each.

Following a moving bugling of "Taps" and the singing of "America the Beautiful," Theis closed the ceremony, noting that freedom is not free; that we are free because of the brave; and that all service members gave something, but some gave all.

A very well attended and appreciated ceremony!

A Hall Full of Music

By Chet Davis



Just about all the seats in Johnson Hall were taken.



The musicians



The performers' sound engineer at work



Wine bar

As our community's opening up continues, music is making a welcome return to Johnson Hall. May 21 saw well over 100 residents enjoying the music of Victor Wainwright, who kicked off Fleet Landing's Summer Concert Series. A Savannah, GA, native, Wainwright is a Grammy-nominated composer, producer, vocalist, award-winning entertainer, and piano player. Noting that this was only his second live performance since COVID-19 closed down all venues, Wainwright said that his vocals and keyboard accompaniment were usually backed by a six-piece band. For this concert, he was joined on some numbers by Tony Holiday, a harmonica player from Memphis, TN.

During the rousing hour and a half of music that ranged from boogie-woogie to rock and roll, Wainwright enlightened his audience about the origins of various genres of music and other musical history facts. He also emphasized the influence of his grandfather and father, who were well-known musicians. He got everyone involved in the show, at times encouraging them to sing and clap along. Virtuoso performances by Wainwright and Holiday garnered enthusiastic applause both during and after each number, and they got a standing ovation at the end of the concert.

A wine bar was available, and it should be noted that it did a good bit of business as well.

It was a fun afternoon, with residents out in force and rekindling relationships after so many months of hibernation. The remaining concerts in the summer series (June 11, July 16, and August 6) will feature outstanding musical ensembles performing bluegrass, jazz, and more.

History of the St. John's River

By Daniel Barry



Box with a photograph of the Brock House, a hotel in Enterprise, FL



Martin Johnson Heade's "Florida Marsh"



Thomas Moran's "Ponce de Leon in Florida." This painting, which was purchased by Henry Flagler for one of his St. Augustine hotels, now hangs in the Cummer Museum of Art & Gardens.



On May 11 at Johnson Hall, historians Gary Monroe and Mallory O'Connor, co-authors of *Florida's American Heritage River: Images From the St. Johns Region*, spoke on "The History of the St. John's River." First explored by naturalist William Bartram in the 1760's, the St. Johns River stretches 310 miles along Florida's East Coast, making it the longest river in the state. It was the first "highway" through the once wild interior of Florida. Bartram exulted in its green wilderness, describing it as a kind of Eden—never allowing the heat, insects, or alligators to interfere with his accounts. After the end of the Civil War, wealthy leisure travelers and adventurers made Florida a winter destination. For most, the journey ended in Northeast Florida. Entrepreneurs saw an opportunity and began to build an infrastructure to bring these tourists to Florida. Henry Flagler built the Florida East Coast Railroad, and commercial steamships carried passengers up the St. Johns to Enterprise, Sanford, Silver Springs, and Palatka.

Monroe and O'Connor told how commercial image-making was important to the early success of Florida tourism. Real estate developers invited well-known photographers to take pictures of their hotels to attract tourists. Florida began to open up, and this set the stage for many of America's greatest landscape artists to include Northeast Florida as part of the "grand tour" and further enhance its allure. Martin Johnson Heade, Thomas Moran, and Laura Woodward, to name a few, had art studios at Flagler's Ponce de Leon Hotel in St. Augustine.

Today, one is more likely to hear about challenges to the health of the St. Johns River. However, for one afternoon, residents of Fleet Landing were able to establish a connection with a place once loved for its untamed beauty.

Spring Fling

By Isobel Spink

May 8 was drop-dead gorgeous. The Windward Commons parking lot was humming with activity. The crowd was so happy to be out and about, able to be maskless for the first time in over a year. We could all actually see each other's smiles for a change.

Fabulous vintage cars were on show, plus numerous stalls dotted the area with paintings, jewelry, rock art, art photographs, food, and best of all—free healthy chocolate products. The food truck was extra busy with burgers, hot dogs, barbecue and shrimp rolls, and the Hyppo ice cream truck and wine and beer areas were also plenty busy.

The Driftwoods kept our toes tapping and fingers snapping. A group of almost-residents were there with their sponsors and enjoyed being introduced to many of their new Fleet Landing family members at the “Spring Fling.” All in all, it was a wonderful event in every way. My only caveat: wear a hat next time as there was no shade.



A portion of the large crowd that welcomed this social event



A long line at the food truck and a lull in the line at the ice cream truck



*Some of the food and art stalls
(continued on next page)*



The Driftwoods provided a musical background.

Spring Fling

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The cars on display ranged from a very early model to a sleek modern race car.



Residents Lew Connell (yellow convertible Volkswagen Beetle) and Buzz Hassler (red Volkswagen Beetle) contributed to the display of vintage cars.

MOAA's Historic Mayport Chapter News

Members of the Military Officers of America Association (MOAA) Historic Mayport Chapter have been busy as can be seen in the items below.

On April 27, chapter USMC Program Lead Lieutenant Colonel Joe Ruthenberg was at Jean Ribault High School to present the MOAA Medal to Cadet 2nd Lieutenant Kurtis Weimann, a participant in the school's USMC JROTC program.

On May 4, chapter volunteers were at USO Mayport helping to prepare and distribute "Taco Tuesday" free dinners, provided on a drive-thru basis, to 100 enlisted active duty military families.

Volunteers were back at USO Mayport on May 5 in support of the Healthy Military Family Initiative, a program that provides fresh meats, vegetables, fruit, breads, and desserts to be prepared at home. Diapers,

wipes, pet food, and assorted supplies are also available. Again, 100 enlisted active duty military families participated.

Chapter President Pat Kluever his wife, Mary, and three other Fleet Landing couples attended the Florida Council of Chapters MOAA Convention at the Sarasota Westin. They presented a United States Space Force ceremonial flag to Florida Council President Colonel Mike Borders, USA (Ret.). The flag was donated by Fleet Landing as a sign of its continued support of the council and the annual convention.

April MOAA Meeting

By Chet Davis



LtoR: Megan DeGance, Pat Kluever, Joyce Schellhorn, Charlie Tramazzo. (Masks were still required.)

MOAA's Historic Mayport Chapter conducts monthly meetings featuring programs of general interest. The meetings are open to all residents. The April 29 meeting, presided over by Pat Kluever, chapter president, highlighted the United Services Organization (USO), which has supported the military since its founding in 1941. The USO is a non-governmental agency and receives no government funding, relying instead on contributions as a 501(c)(3) nonprofit organization.

The USO representatives speaking about the organization were Regional Development Manager Charlie Tramazzo, Mayport Center Director Joyce Schellhorn, and Fields Program Specialist Megan DeGance. USO programs highlighted included the virtual art series that linked families at home with those deployed; "Nutrition in the Kitchen," featuring local chefs who coach families; and meditation and yoga classes. The programming developed using virtual technology has expanded the organization's reach and has proven valuable during the pandemic. Other activities include no-dough dinners, and a Healthy Military Families Initiative food bank that provides for the needs of many military families. The local USO chapter supports all military facilities in the Jacksonville area as well as those located in other parts of the state.

The Historic Mayport Chapter has donated time, effort, and significant funds. At this meeting, a check for \$2,500 was presented to the USO in addition to a promise

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MOAA's Historic Mayport Chapter News

(continued from preceding page)

of over \$1,500 yet to come for gift cards and a no-dough dinner.

There are many opportunities for volunteers to assist the USO, and one need not be a MOAA member to volunteer.

May MOAA Meeting

By Enith Vardaman



LtoR: Jim and Gayle Cargilo, Pat Kluever

Jim Cargilo, guest speaker at the May 27 MOAA meeting in Johnson Hall, is a member of St. Augustine's MOAA Ancient City Chapter. In introducing Cargilo, Historic Mayport Chapter President Pat Kluever thanked him for being the driving force behind the St. Augustine Military Heritage Trail Ride. The Historic Mayport Chapter takes high school students on this tour. They go to Fort Mose, site of the first free Black community in what is now the United States. The community was made up of escaped slaves, who, having made their way there, were granted freedom by the Spanish king. In exchange, they did military service, defending the fort, which protected land approaches to St. Augustine. The tour includes a visit to the oldest hospital in St. Augustine for some eye-opening descriptions of medical procedures at the time as well as a visit to the St. Augustine National Cemetery. The students are also "treated" to MREs (Meals, Ready-to-Eat). (For more information about Fort Mose, go to fortmose.org.)

Cargilo began by describing how his wife, Gayle, volunteered him for his next project, an upcoming art exhibit at the St. Augustine Art Association, where she is an active member. The exhibit is dedicated to military artists who use art to heal the emotional wounds from being in a war situation. At a meeting the couple attended about the exhibit, Jim was inspired by the person to whom the exhibit is dedicated to create a presentation with the title "Imagine" He asked the audience to imagine a box that was 8' long, 5' wide, 7½' high, with one tiny window, that you had to live in alone for 4½ years as a POW. Imagine being brutalized. Imagine that, after living through all of this, getting to tell your story and healing through painting, poetry, and sketching. The person who experienced all of this is

Major Ted Gostas, USA (Ret.), who was a POW in the Hanoi Hilton. He will be at the exhibit on July 2 and 3.

Cargilo also spoke of an idea generated in concert with Jerry Domask, USA (Ret.), another Vietnam veteran. Domask and Gostas supported each other as members of Foxhole Buddies, an organization that paired people suffering from the inside wounds of war in order to help them get through those wounds. The idea was to build a replica Gostas's cell. It is currently being constructed and will be part of the exhibit. Some Vietnam artifacts to put in the cell will come from a military museum in Green Cove Springs, FL.

The exhibit, which will run from July 2 to August 22, will be called "Then & Now: 50 Years of Veteran Experiences." The St. Augustine Art Association describes the exhibit as demonstrating "the healing power of art by showcasing eight individuals who use painting, sculpture, photography, poetry, and other creative outlets to work through the trauma and grief they have incurred through their military service."

Cargilo then described "Movies & MREs," another initiative at the St. Augustine Art Association. Participants in these events can view the TV show *M.A.S.H.* while partaking of a genuine MRE. The venue is a former bank building, which is now the headquarters of the Cowan Financial Group, sponsor of these events. The old vault is used for the bar on these occasions. While these are fun gatherings, they have a serious purpose: The proceeds are used to help cover expenses related to the "Then & Now" exhibit.

In a follow-up to the meeting, Kluever reported that Mary Faria, Manager, Wellness Services, will look into a Fleet Landing bus outing to St. Augustine for a guided tour of the "Then & Now" exhibit, with lunch afterwards at a nearby restaurant. The Historic Mayport Chapter will see about having a private "Movies & MREs" event in St. Augustine.

The next meeting of the Historic Mayport Chapter will be on June 23 at 12:30 pm in Johnson Hall. The town hall format will feature Rory Diamond, the Jacksonville City Council member who represents the Beaches.

Chips & Putts

By Helen Craig

May 20 was a delightful day for the monthly Fleet Landing Golf Tournament, and 15 players (five ladies and ten men) gratefully assembled at Blue Sky Golf Club for an 8:50 am shotgun start. No rain showers to wash out the day, and plenty of warm sunshine to brighten the way!

Taking full advantage of the weather, the team coming in first place chalked up a total of seven birdies (yes, seven birdies) and a winning score of 67. Captained by Nick Malie, this team's other members were Ray Rigney, Charlie Ford, and Rick Rochelle. In second place was the team of Tom Gonwa (captain), Miles

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Chips & Putts

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Nogelo, Julie Rochelle, and Jim Coté, with four birdies and a score of 69. Then in third place, with one birdie and a score of 72, was the team of Sally Pitard (captain), John Coman, Mike Marchetti, and Isobel Spink. In fourth place was the team of Larry Magner (captain), Monica Coté, and John Neyhart, with a score of 74, including two birdies. A good batch of birdies flew in on this day. Congratulations, all!

Special prizes for individuals were awarded for the “Longest Drive” on hole #9, with Pitard winning for the ladies and Nogelo for the men. The prizes for “Closest to the Pin,” on the par-3 hole #6, went to Spink for the ladies and to Magner for the men.

Coté was awarded the Sandbagger Trophy by Gonwa because of Coté’s good play all day, including second place in the “Longest Drive” contest, plus two birdie putts. Nice work, all agreed, especially for his first golfing venture in about a year. Malie then awarded the Birdie Trophy to Ford for her good putting and other contributions to the first place team. Way to go, Charlie!

The Fleet Landing tournament for June will be held at Windy Harbor Golf Club on June 10, the second Thursday of the month, and we will resume our Golf Dinners that evening in the Atlantic Room. Socializing will begin at 5 pm and dinner at 5:30 pm (not what is shown in the Fleet Landing Golf Group page on Fleet Link.) Tournament Chairman Bob Mills offered a “Thank you” to Dining Services Manager Rachel Carmack for setting that up, and he noted that an email for the tournament, with dinner reservations and meal choices, will be out in a week or so.

Welcome Aboard

2205 Sandy and Chris Martin (April)

Chris Martin was raised in Illinois, while Sandy is a second generation Jacksonville native. Sandy



attended Florida State University for two years and then received her degree from the University of Florida. After working in bank-

ing, she pursued a career as a paralegal. Chris has a degree from Concordia Seminary in St. Louis, MO, and a Master of Arts in Teaching from Webster University, also in St. Louis. He served in the Lutheran ministry and then in the Episcopal priesthood. Chris was rector of St. Mary’s Episcopal Church in Green Cove Springs, FL, for 23 years, and he guided that church from mission into parish status. In between his two priestly callings, Chris worked in education and life insurance.

The Martins have been married for 29 years. Each

has two children from a first marriage. Chris has two daughters and five grandchildren. Sandy has a daughter, a son, and one grandson.

Both Martins have been very active in a number of civic arenas. Chris champions reproductive rights and was a founding member of the Clergy Consultation Service. He was on the board of both Episcopal Children’s Services and Planned Parenthood. Sandy is deeply involved with both the League of Women Voters and Beaches Habitat for Humanity.

When asked why they selected Fleet Landing for their retirement, the Martins spoke of their many friends here, plus our community’s freestanding, nonprofit corporate structure and the abundance of creative opportunity. Also, they had lived just a few blocks away for years, and they loved this area.

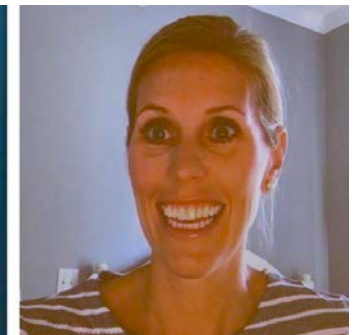
—Victoria Freeman

May WELLInspired Learning Series

By Enith Vardaman and Victoria Freeman



John Robinson and Dabrina Moore



Jennifer Joy (l) and Sue Dukes

The theme of May’s WELLInspired Learning Series was bone health. John Robinson, Physical Therapist Assistant, and Registered Dietician Dabrina Moore spoke on May 6. Jennifer Joy, Director, Wellness Services, and Sue Dukes, a nutritional consultant from the Jacksonville area who participated via Zoom, spoke on May 20. The talks were held in Johnson Hall.

Although the speakers delivered their remarks from the perspective of their area of expertise, there was considerable overlap in the points they made. This article will combine a summary of information common to the presentations as well as information specific to an individual talk.

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May WELLInspired Learning Series

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Bone health is important because bones protect major organs, and they help support the body and allow movement.

Some interesting facts about bones were presented:

- Bones are constantly reconstructing.
- Bone marrow is where three types of blood cells are made. Red blood cells carry oxygen around the body, white blood cells make up the body's immune system, and platelets are used for clotting.
- About 99 percent of calcium in the body is found in bones and teeth.

So, how to maintain strong, healthy bones? The two major dietary requirements are calcium and vitamin D. The body needs the latter in order to absorb calcium. If calcium is inadequate for the body's needs, it will be stripped from the bones, thereby weakening them. Physical activity, especially weight-bearing exercise such as walking, is also essential. Activities such as biking and aquatic exercise are not weight bearing.

A number of dietary sources of calcium and vitamin D (some fortified with calcium or vitamin D) were cited: sardines, mushrooms, milk, plant based milks, yogurt, cereals, and orange juice. Some calcium-rich foods offered on the LakeView menu are hummus, very berry salad, salmon, and charcuterie.

Exposure to the sun also provides vitamin D, but follow the advice of a dermatologist about the level of exposure.

Other vitamins and minerals important for bone health include magnesium, potassium, and vitamins A and K.

Caution in using supplements was advised because they cannot duplicate what foods offer naturally. A doctor should be consulted before taking calcium or vitamin D supplements. Taking too much vitamin D can weaken bones.

Osteoporosis, a bone disease affecting mostly people over the age of 50, was named as a global health problem. Bones can become brittle and fragile over time. Bone health is linked to younger years, but it is not solely determined by youth. The means for maintaining bone health discussed above can slow down the progression of osteoporosis.

Bloodwork is the way to verify adequate vitamin D in the body. If the bloodwork result is unsatisfactory, individuals can ask for another test in three months.

COVID-19 has had a negative impact on physical health. Physical activity was significantly reduced when gyms, parks, and stores were closed, and the necessity to stay at home translated into a lot of sitting. Routine activities no longer contributed to the body's need for physical activity.

Moore added a bit of levity when she closed her remarks with this bone-related quote from Reba McEntire: "To thrive in life, you need three bones. A wish-

bone. A backbone. And a funny bone.

Editor's note: The slide deck for the May 20 presentation can be downloaded from Fleet Link. Look for "WELLInspired Learning Series" under "Fleet Landing Presentations."

Sip and See: Ballroom Dance Performance

By Chet Davis



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Sip and See: Ballroom Dance Performance

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On May 14, Fleet Landing residents sipped a variety of wines while being treated to a very energetic demonstration of ballroom dancing by the team of Julie Korsog and Mike Singleton. The team demonstrated four dances: the East Coast Swing, a waltz, a rumba/bolero combination, and a foxtrot/cha-cha combination. The beautifully costumed dancers were greeted with loud applause, both for their costumes and their spectacular dancing. Between dances, the team walked through the audience answering questions while catching their breath.

For residents, it was one more step in getting back to normal, with Johnson Hall hosting a large crowd. The audience was lively as the wine flowed freely, and there was plenty of resident interaction—all of which gave the impression that normal might really be here. It was a very pleasant way to spend a Friday afternoon..

Korsog and Singleton are now offering a ballroom dancing class on Wednesdays at 3 pm in Studio A at Windward Commons.

Bridge News

By CeCe Lichtenstein

The Official Encyclopedia of Bridge (newly revised sixth edition) has been added to the Dinda Library. It is **not** the most recent edition, but it has many articles of interest. Among the really useful items are the explanation of just about every bidding convention anyone might want to use. Because it is an encyclopedia, there are many that only very sophisticated players would use. Additionally, there are some articles concerning play of the hand.

The book can be found in Reference under Games/Bridge.

The Fleet Landing Bridge Club is obtaining some new boards for the cards. In case you don't think we need them, you are mostly correct. However, we have been able to obtain the use of a card dealing machine once a month—at least for a beginning. What this means is there will be hand records of all cards played. Just in case you have no idea what this means, here is a brief explanation: After the game, a sheet with a printout of all hands played will be available. You will then be able to look at the hands and see why you did or did not do so well on a specific board. Since this will be new for most players, I will hold at least one get-together to explain how to use the hand record. Typically, this allows partnerships to analyze their mistakes in an effort to improve their game.

New Resident Social

By Isobel Spink



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New Resident Social

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The crowd trickled in slowly for the “New Resident Social” on May 27, but soon there was an extra-long line for the bar, and lots of animated conversation going on. Steve Chapman, a long-time Fleet Landing guest performer, was at the piano and entertained us the whole time. The social was for those who had moved in during 2021, and the two big screens showed us who they were. Delicious, dainty hors d’oeuvres were passed, and anyone could see there was a happy, smiling, laughing crowd in Johnson Hall. Everyone had on name badges, except for me, who forgot it, as usual.

Chief Operating Officer Travis Schryer quieted us down and gave a lovely welcome, introducing the new residents. Jennifer Joy, Director, Wellness Services, decided we all needed a little therapy and instituted a delightful game for the crowd to make connections with others who may have shared some of the same life events. She began with “Who has had twins?” and followed with “How many grandchildren do you have?” The winner of that one has 22 grandchildren! Some more questions: Who is left handed? Who plays golf? Who is ambidextrous? How many foreign languages do you speak? (Jon Vrielink won with four.) How many countries have you lived in? (I think there was a tie for eight.) The questions and answers kept everyone looking around to realize how many of their neighbors shared their talents, and I feel sure connections were made.

It was a lovely afternoon that we all enjoyed, especially having the chance to mix and mingle, maskless, and talk to so many other residents.

Radio Controlled Sailboat Club News

By Jim Leipold

The members of the Radio Controlled Sailboat Club at Fleet Landing would like to welcome our new residents and invite



them to join us on the Coleman Center dock Saturdays at 10:30 am. The boats we use are easy to sail and hard to sink (unless you are Captain Jim)! We open with time to work on your skills or just have fun in the wind. We then move to races. As serious

as that may sound, the variable winds on our lake level the playing field and the best and worse seem to end up undifferentiated. We have members who can help you find a boat, help when a repair is needed, and give you a chance to try out their boats. Join us for the fun of feeling the wind and sun and fellowship without getting wet.

If you have any questions, feel free to call Captain Jim at (904)746-3322 or send him an email at JCthecaptain@gmail.com.

Flag Ceremonies: Memorial Day, May 31, 2021

Flag Raising



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Flag Ceremonies: Memorial Day, May 31, 2021

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Flag Retrieval



8000 Building First Look

Residents enthusiastically responded to an invitation to a drop-in on the afternoon of May 21 to see the common areas of the first and second floors of the 8000 Building. Below is a selection of photos of those areas by *FLEET BEAT* staff photographer Ed Hollender.



View from the outside



LtoR: Carrie Conrad, April Morin and Kathy DeSiena from Sales and Marketing were on hand.



A view of part of the first floor lobby



Another view of part of the first floor lobby



*Part of the mail room on the first floor
(continued on next page)*

8000 Building First Look

(continued from preceding page)



Staircase leading to the second floor



Gathering area on the second floor

Mallets and Wickets: Croquet Club Tournaments 2020/2021

By Jim Kolster; photos by Nancy Russell

The impact from COVID-19 for the Croquet Club has been both positive and negative. Inter-club play in our First Coast Croquet League has been cancelled for the most part. However, croquet activity being a 100 percent outdoor activity with personal distance essentially automatic, participation in games on the intra-club basis has even increased once limited access to the courts was possible in late 2020. Hence, both annual club championship tournaments have taken place despite the pandemic.

The 2020 Six Wickets Tournament began in November and ended Jan 3, 2021. An initial signup of seven generated a playoff of four players. The Champion for 2020 is John Neyhart, with a win over Marilyn Heberling for second place honors, followed by Jean Cashin in third place, with a win over Carla Philcox in the consolation match.

The 2021 Golf Croquet Tournament spanned late March through mid-May with a roster of 16 players. The initial round with each player playing each other player

generated a total of 120 singles matches. This produced a bracketed playoff—a first round of eight matches leading to quarterfinals of four games, then two semifinal matches ending in the championship and consolation games on May 10. Champion for 2021 is Jim Kolster, with a win over Miles Nogelo for second place. Connie Kolster captured third place in her win over Lory Doolittle in the consolations match.

The trophies were presented at the Croquet Club meeting on May 17.



John Neyhart, Six Wickets Tournament Champion, with Marilyn Heberling, second place (second from right); Jean Cashin, third place (far left); and Carla Philcox, fourth place



Lory Doolittle readied her next move in the Golf Croquet Tournament.



Golf Croquet Tournament Champion Jim Kolster (center), with Miles Nogelo, second place; and Connie Kolster, third place. Not pictured: Lory Doolittle, fourth place.

Memorial Day Parade

The May 31 Memorial Day parade drew a large number of participants by bicycle, tricycle, scooter, golf cart, and in cars ranging from Volkswagen Beetles to sporty models. Safety and Security personnel were on hand to keep everyone safe.



Scenes From National Senior Fitness Week

Photos by Alisa Blanchard, Ed Hollender, and Nancy Russell

Fleet Landing activities during the week of May 24-28 included a table tennis tournament on May 4 and a beach walk on May 26.



Participants in the table tennis tournament. Winner Don Husmann is in the center. Second place went to Miles Nogelo (third from right) and third place went to Kurt Medina (third from left).



The tournament in progress.



The beach walkers had a nice day and the beach pretty much to themselves.

Museum Tour

Text and photos by Ann Bell

On May 4, a group of Fleet Landing residents had the opportunity to tour the multifaceted Beaches Museum. The main building houses permanent and temporary displays of many aspects of life in the Beaches area, and the History Park features a locomotive and buildings of historical interest moved from elsewhere, plus a garden.



Flowers, teas, and vegetables in the garden are maintained by The University of Florida's Institute of Food and Agricultural Sciences (UF/IFAS) Master Gardener Volunteers.



*Exterior and interior views of the house purchased by Henry Flagler for the railroad foreman and his family. The furnishings are donated, not original. It was constructed ca. 1900 and moved to the History Park in 1979.
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This locomotive, which was built in 1911, belonged to the Cummer Lumber Company for logging near Tampa. It was brought to the History Park in 1982.

Museum Tour

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Oesterreicher-McCormick Homestead, a rare example of Florida Cracker architecture with shaded front porch. It was built in 1873 and moved from Palm Valley in 2015.



Post office boxes and scales in the Pablo Beach (former name of Jacksonville Beach) post office. Built in 1903, it was moved to the History Park in 1986.



Left: Florida East Coast Railway map on display in the Mayport train depot, built ca. 1900 and moved to the History Park in 1981.

Right: Current exhibit in the museum.



Exterior and interior views of the Beaches Museum Chapel. Built in 1887, it was the original St. Paul's by the Sea Episcopal Church building. It was moved to its current site in 2012.

Downtown Murals Walking Tour

Photo by Mary Faria



The tour group. Look for more about this outing in the next issue of FLEET BEAT.