

relationships

Here are ideas and curated resources for further exploration of the “Relationships” theme.

These can be integrated into home, school, virtual or core-curriculum-based lesson planning.

They are intended to amplify the themes from the videos, facilitating experiential curriculum customizable to any grade, subject or level.

The learning objectives in the “Relationships” series include: to demonstrate an understanding of the needs of another, and to show mutual respect and care; to build self-efficacy in caring for another; to establish and maintain healthy relationships and to identify who, when, where, and how to seek help from others when needed; to develop, implement, and model effective problem solving and critical thinking skills in caring for another; to understand one’s own feelings through perspective taking.

prompts for further exploration

- What do our relationships with animal friends teach us?
- What words, non-verbal cues or actions help you feel connected to others?
- What strategies are most helpful to understand someone else’s perspective?
- What are some healthy ways to resolve conflicts?
- What are some ways to show gratitude for others in your life?
- What are some ways to demonstrate compassion and empathy for others?
- How can you have a useful conversation with someone you disagree with?



Resources for Further Exploration

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[WholeHealthED](#)

Compilation of best practice resources for whole health education

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[ACT for Youth](#)

"Relationship Skills" guides and activities

[learn more](#)

[Greater Good in Education](#)

Relationship Skills activities and practices

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[Animal Allies](#)

Information about animal allies and the SEL benefits of animal interaction from David Sobel

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[National Geographic](#)

Module on animal partnerships and ecological partnerships, for high school students

[learn more](#)

[National Geographic "Unlikely Animal Friends" Video Series](#)

[learn more](#)

[New York Times article on Animal-Human Friendships](#)



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