

DINNER

1.6.20 - 4.6.20

~ Starters ~  
(Choice of Two)

Soup

SOUP DU JOUR  
SOUP OF THE WEEK

Appetizers

CHEF'S APPETIZER OF THE WEEK

**BRIE EN CROUTE** ✪

Puff pastry wrapped brie cheese, baked to a golden brown and served with our house-made thyme cherry compote.  
*Try a glass of Imagery Pinot Noir*

Salads

**CAESAR SALAD**

Romaine lettuce, topped with parmesan, croutons, and served with Caesar dressing.

CHEF'S SALAD OF THE WEEK

~ Sides ~

|                       |                      |                      |
|-----------------------|----------------------|----------------------|
| Side(s) of the Day    | Regular Fries ✪      | Sautéed Spinach ¥ ✪  |
| Sweet Fries ✪         | Whipped Potatoes ¥ ✪ | Buttered Carrots ¥ ✪ |
| Sweet Potato Mash ¥ ✪ | Glazed Beets ¥ ✪     | Bean Salad ¥ ✪       |

\* Beef & Chicken Gravy Available

~ Entrées ~  
(Choice of One Entrée Accompanied with Two Sides)

**CHEF'S SPECIAL OF THE DAY**

**CLASSIC SPECIAL OF THE WEEK**

**VEGETARIAN OF THE WEEK** ✪

**CHEF'S CATCH OF THE DAY**

**HOUSE ANGUS BURGER**

Served on a brioche bun, with bibb lettuce, tomato, sliced onions, and your choice of cheese.

**BURGER OPTIONS:** Bacon • Mushrooms  
Onions • Swiss • American Cheddar • Gluten-Free Bun  
*\*Salt free upon request\**

**FILET MIGNON**

A 6oz filet, grilled and topped with veal jus  
(Sautéed Mushrooms & Onions, Boursin Cheese, Blue Cheese Available)

*\*Salt free upon request\**

*Pairs well with a glass of Fortress Cabernet Sauvignon*

**CRAB CAKES**

Our house-made crab cakes, served with a remoulade sauce, and fresh lemon.

*Pairs well with a glass of La Crema Chardonnay*

**CHICKEN ADOBO**

Lightly seared chicken thighs, slow braised with garlic, soy sauce, and bay leaves. Served over jasmine rice.

*Try a glass of Dona Paula Malbec*

**PASTA CREATION**

A creation based on your personal choices, utilizing the selection card provided by your server. Accompanied with garlic bread and one side.

**VEGETARIAN BURGER** ✪

Your choice of a black bean burger, Gardenburger, or Beyond Burger™, served on a brioche bun with lettuce, tomato, and onion.

**STEAK & FRITES**

A hand carved herb marinated ribeye steak, cast iron seared and topped with shoestring french fries tossed in garlic and parmesan cheese.

*Enjoy a glass of Murphy Goode Merlot*

**WELL Inspired**™

~ Menu Items ~

~ Starters ~

**PAN SEARED SCALLOPS** ♥

Freshly seared sea scallops, served with our rosemary carrot salad and a saffron olive oil.

*Enjoy a glass of Seaglass Reisling*

**FRESH FRUIT BOWL** ✪ ♥

Seasonal mixed fruit

**HOUSE SALAD** ✪ ♥

Fresh local greens, served with cherry tomatoes, cucumbers, and carrots.

Featuring:



~ Dressings ~

- Balsamic Vinaigrette
- Low Fat Italian Dressing ♥
- Raspberry Vinaigrette
- Oil & Vinegar ♥

~ Entrées ~

**JAPANESE RAMEN BOWL** ✪ ♥

Bok choy, scallions, shitake mushrooms, snow peas, red bell peppers, and a chili garlic oil. Served with house-cooked ramen noodles. Accompanied by a piping-hot vegetable ramen broth.

*Enjoy a glass of Oyster Bay Sauvignon Blanc*

**BROWN RICE & QUINOA BOWL** ¥ ✪ ♥

Served with snow peas, swiss chard, mushrooms, green peas, and fresh tomatoes. Accompanied by a piping-hot herbed vegetable broth.

*Pairs well with a glass of La Crema Chardonnay*

*Add a grilled chicken breast*

*or lightly sautéed shrimp to these entrees for added protein!*

**SALMON** ¥ ♥

Seared, Broiled, Poached, Blackened or Grilled  
(Tartar, Dill & Bourbon Sauce Available)

*\*Salt free upon request\**

**COBIA** ¥ ♥

Seared, Broiled, Poached, Blackened or Grilled  
(Tartar, Dill & Bourbon Sauce Available)

*\*Salt free upon request\**

Featuring: 

**GRILLED CHICKEN BREAST** ¥ ♥

Lightly-grilled chicken breast, served with fresh bibb lettuce and sliced tomatoes.

*\*Salt free upon request\**

**SALAD CREATION**

A creation based on your personal choices, utilizing the selection card provided by your server.

*\*Available with no Seasoning\**

**WELL Inspired**

~ Sides ~

- Asparagus ¥ ♥
- Garlic Green Beans ¥ ♥
- Baked Potato ¥
- Sweet Potato ¥ ♥
- Pan Roasted Mushrooms ¥ ♥
- Pan Roasted Root Vegetables ¥ ♥
- Steamed Spinach ¥ ♥
- Apple Sauce ¥ ♥
- ✪ All Items Vegetarian

¥ = Gluten Free ✪ = Vegetarian ♥ = Heart Healthy

"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness"