

MEET UPS

TODAY IN YOUR MEET UP

Passage: Matthew 11 v 28-30:

Take a minute in silence and then have one person read the verses out (very slowly) giving time for the verses to 'sink in'.

Then spend a minute silence as you reflect on the beauty of Jesus.

1. Why is it important to know Christ's heart?
2. If an unbeliever asks about Jesus, how would you describe His gentle and lowly character?
3. What is your natural instinct about who Christ is? How does that impact your relationship with Him?
4. What burdens are weighing down your life right now? After reading, what hope are you able to have in Christ?