

Paediatric Developmental and Behavioural Assessment

兒童智力發展及 行為評估計劃

Intellectual development is one of the key predictors for education, career and life success in general. Children as early from a few months of age can be assessed on their cognitive, language, motor and socio-emotional development as well as adaptive behaviour for early identification of developmental delays and learning difficulties. For older children, they can be tested using standardized IQ tests as their intellectual ability becomes more stable. Sometimes, children at the extreme ends of the IQ spectrum such as intellectual giftedness or mental disability are identified.

Autism is one of the most common neurodevelopmental disorders, affecting 3 in every 100 school-aged children. Signs of autism can be detected as early as 2 years of age. It is important for children with autism to be identified early for prompt training referral and future planning.





Why taking the Assessment is important?

Developmental tests can help identify developmental delays in cognitive, language, motor, socio-emotional development as well as adaptive behaviour. For older children aged 5 or above, IQ testing is the gold standard to identify children across the spectrum from intellectual giftedness to those with mental disability for early education planning.

For autism screening, different trainings are available to improve the symptoms and enhance functioning in school and everyday life for children and adolescents with autism. Education for parents to provide an optimal environment for the children to learn is also important for them to achieve their full potential for life. Trainings are best when given as early as possible. Therefore, early detection is very important.

What is included in the Assessment?

For developmental test, a series of play-based activities will be carried out to test the cognitive, language, motor, socio-emotional abilities of the child. For example, children will be asked to follow commands, build blocks, stand on one foot, repeat words, match colours, etc.

For IQ testing, children will be assessed on their verbal performance, perceptual-reasoning, processing speed and working memory based on a series of activities and questioning.

For autism screening, children will go through a brief screening on signs of autism using a validated screening test for autism. Parents will be interviewed and clinical observations will be made to assess children's behaviours, social communication skills, language and interests, etc.

Children detected with intellectual giftedness or mental disability will be given advice for education planning and be referred for training if applicable. Children who exhibit signs of autism can promptly be referred for early training in social communication, language and behaviour by psychologists and speech therapists. Parents will be provided with education and advice on home training and behavioural management.

Who should take the Assessment?

Children as young as 1 month can receive developmental testing. Children aged 5 or above can receive IQ testing. Children aged 2 or above can receive screening for autism.

智力發展是學業、工作和其他人生事項成功的重要指標之一。早在幼兒數個月大時，已經可以開始評估他們的認知、語言、身體能力、社交情感、和適應性行為的發展情況，以及早發現發育遲緩和學習困難等問題。對於年齡較大的小童，他們的智力相對較穩定，可以使用標準化的智商測試來評估他們的智力，還有機會識別智商較極端的情況，如資優及智力障礙。

自閉症是最常見的腦部發展疾病之一，每 100 個學齡兒童中，便有 3 個受到影響。自閉症的徵狀可早在兩歲時便可偵察出來。對自閉症兒童來說，能夠及早得到識別，然後儘快替他們安排訓練及訂立未來計劃乃非常重要。

接受這項評估有何重要？

發育測試可以幫助識別認知、語言、身體能力、社交情感發展以及適應行為的發展遲緩。對於 5 歲或以上年齡較大的孩子，智商測試是評估智力的黃金標準，此測試可用於識別資優或智力障礙，以方便及早制定合適的教育計劃。

對於自閉症篩查，目前有各種訓練可改善自閉症兒童和青少年的症狀，提高他們在學校和日常生活的表現。與此同時，教導父母為孩子提供最佳的學習環境也是非常重要，好讓孩子的潛能充分發揮。惟及早讓兒童接受訓練，才能達到最佳效果，由此可見及早識別自閉症至為關鍵。

評估涵蓋的服務及特點

發育測試包含一系列以遊戲為主的活動，以測試兒童的認知、語言、身體能力及社交情感能力，例如要求兒童聽從指令、疊砌積木、單腳站立、重複詞彙，配對顏色等。

智商測試則是透過一系列的活動和對答，評估兒童的言語能力、感知推理、處理速度和工作記憶力。

自閉症篩查包括使用獲驗證的篩查測試工具，為兒童進行自閉症徵狀的簡短篩檢，加上家長面談及兒童臨床觀察環節，以全面評估兒童的行為、社交溝通技巧、語言及興趣等。

當發現兒童有資優或智力障礙情況時，我們的專家會提供教育計劃建議，並視乎情況轉介孩子接受合適訓練。出現自閉症徵狀的兒童可獲立即轉介予心理學家和言語治療師，進行社交、語言及行為的初期訓練。我們的專家亦會向家長提供家庭培訓和行為管理的指導及建議。

誰應接受此項評估？

小至一個月大的兒童已可以接受發育測試；5 歲或以上的兒童則會進行智商測試；2 歲或以上的兒童可以同時接受自閉症篩查。

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兒童智力發展及
行為評估計劃

Developmental / IQ Testing 發育 / 智力測試

Standardized developmental / IQ tests for up to 2 hours

- Merrill Palmer-Revised Scale of Development, WPPSI-IV[HK] or WISC-IV[HK] for local children & adolescents
- Merrill Palmer-Revised Scale of Development, WPPSI-IV[CN] or WISC-IV[CN] for mandarin speaking children & adolescents
- Merrill Palmer-Revised Scale of Development, WPPSI-IV[UK] or WISC-V[UK] for English-speaking children & adolescents

標準化智能測試（長達 2 小時）

- 美林 - 帕爾默兒童智力測驗修訂版，韋氏幼兒智力量表第四版 [香港] 或韋氏兒童智力量表第四版 [香港] 予本地兒童及青少年
- 美林 - 帕爾默兒童智力測驗修訂版，韋氏幼兒智力量表第四版 [中文] 或韋氏兒童智力量表第四版 [中文] 予國語為母語的兒童及青少年
- 美林 - 帕爾默兒童智力測驗修訂版，韋氏幼兒智力量表第四版 [英國] 或韋氏兒童智力量表第五版 [英國] 予英語為母語的兒童及青少年

A test report will be provided
評估報告

Referral for training services if needed
轉介學習訓練（如有需要）

Autism Early Screening 自閉症早期篩查

Clinical interview and child observation for autism symptoms
臨床晤談及觀察兒童自閉症徵狀

Parents education and consultation
家長指導及諮詢

Referral for training services if needed
轉介學習訓練（如有需要）



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