

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

JANUARY 2022

							<p>9:30a Morning Exercise 1</p> <p>10:30a Watercolor w/ Lexi</p> <p>11:30a GC 2022 Poster</p> <p>1:30p Movie Matinee</p> <p>2:00p Tailgate Party Bingo</p> <p>3:30p What's New in 2022!</p> <p>5:00p Dingo Categories</p> <p>New Year's Day</p>
<p>9:30a Weights & Bands 2</p> <p>10:30a Zingers</p> <p>11:30a Church Service</p> <p>1:30p Sunday Trivia!</p> <p>2:00p Bible Study</p> <p>3:30p Matching Butterflies</p> <p>4:30p Crossword</p>	<p>9:30a Morning Exercise 3</p> <p>10:00a Hymns w/ Marilyn</p> <p>11:30a Alaska Crossword</p> <p>1:30p March Of Dimes</p> <p>2:00p Junk Drawer</p> <p>3:30p Baked Alaska Soiree</p> <p>4:30p DIY Paper Watch</p> <p>5:30p " Z Party"</p>	<p>9:30a Balance Builders 4</p> <p>10:30a Daily Chronicle</p> <p>11:30a Monthly Theme</p> <p>1:30p Stationary Bike Ride</p> <p>2:00p Creative Writing</p> <p>3:30p Fair Deal</p> <p>5:00p EZ Does It</p> <p>6:30p A Day in 1952</p>	<p>9:30a Strengthening 5</p> <p>10:30a Hymns w/ Gordon</p> <p>1:30p Flock Categories</p> <p>2:30p Scenic Drive</p> <p>3:30p Merryatrics & Coffee</p> <p>5:00p Bird Trivia</p> <p>5:30p Twelfth Night</p> <p>6:00p Movie Night</p>	<p>9:30a Balance Builders 6</p> <p>10:30a Town Hall</p> <p>11:30a Golf Terms</p> <p>1:30p Zoom Calls</p> <p>2:00p Wheel of Fortune</p> <p>3:30p Online Museum</p> <p>5:00p Mocha Categories</p> <p>6:30p Peanuts Comic Strip</p>	<p>9:30a Chair Exercise 7</p> <p>10:30a Daily Chronicle</p> <p>11:30a Painting w/ Lexi</p> <p>1:30p Stationary Bike Ride</p> <p>2:00p Sit & Sip/ Music</p> <p>3:30p Rocks Categories</p> <p>5:00p Memory Books</p> <p>6:30p Pet Rock Making!</p>	<p>9:30a Morning Exercise 8</p> <p>10:30a Watercolor w/ Lexi</p> <p>11:30a Elvis IQ</p> <p>1:30p Movie Matinee</p> <p>2:30p Bike Club</p> <p>3:30p Sit & Sip/ Music</p> <p>5:00p Armchair Travel</p>	
<p>9:30a Weights & Bands 9</p> <p>10:30a Funniest Response</p> <p>11:30a Church Service</p> <p>1:30p Hot Air Balloons</p> <p>2:00p Bible Study</p> <p>3:30p "Come Fly w/ Me"</p> <p>4:30p Matching Soup Cans</p>	<p>9:30a Morning Exercise 10</p> <p>10:00a Hymns w/ Marilyn</p> <p>11:30a Rumble in the Jungle</p> <p>1:30p Football Bingo!</p> <p>2:00p Norman Rockwell Art</p> <p>3:30p One Child Pen Pal</p> <p>4:30p "18 Weird Foods"</p> <p>5:30p Evening Walk</p>	<p>9:30a Balance Builders 11</p> <p>10:30a Coins from Biblical Times Presentation!</p> <p>1:30p Health & Fitness</p> <p>2:00p Four Leaf Clover</p> <p>3:30p Snowflake Craft</p> <p>5:00p Silly Sing-A-Long</p> <p>6:30p Evening Meditation</p>	<p>9:30a Strengthening 12</p> <p>10:30a Daily Chronicle</p> <p>1:30p Hot Tea Puzzle</p> <p>2:30p Scenic Drive</p> <p>4:30p Sit & Sip/ Games</p> <p>5:00p Batman Trivia</p> <p>5:30p Bean Bag Toss</p> <p>6:00p Movie Night</p>	<p>9:30a Balance Builders 13</p> <p>10:30a Sticker Craft</p> <p>11:30a Adult Coloring</p> <p>1:30p Zoom Calls</p> <p>2:00p Frisbee Facts</p> <p>3:30p Who Am I?</p> <p>5:00p Sit & Sip/ Music</p> <p>6:30p Evening Meditation</p>	<p>9:30a Chair Exercise 14</p> <p>10:30a Hand Massages</p> <p>11:30a Fancy Nails</p> <p>1:30p Stationary Bike Ride</p> <p>2:00p Sit & Sip/ Music</p> <p>3:30p Wintertime Classics</p> <p>5:00p Football Toss</p> <p>6:30p Spice Categories</p>	<p>9:30a Morning Exercise 15</p> <p>10:30a Watercolor w/ Lexi</p> <p>11:30a Facts & Myths</p> <p>1:30p Movie Matinee</p> <p>2:00p Smores & Word Game</p> <p>3:30p Evening Walk</p> <p>5:00p Dice & Cards</p>	
<p>9:30a Weights & Bands 16</p> <p>10:30a Baking!</p> <p>11:30a Church Service</p> <p>1:30p Happy Challenges</p> <p>2:00p Piano Music w/ David</p> <p>3:30p Card Making</p> <p>4:30p Evening Walk</p>	<p>9:30a Morning Exercise 17</p> <p>10:00a Hymns w/ Marilyn</p> <p>11:30a Fancy Nails</p> <p>1:30p Bike Club</p> <p>2:00p Who Am I?</p> <p>3:30p Sit & Sip/ Music</p> <p>4:30p Evening Crossword</p> <p>Martin Luther King Jr. Day</p>	<p>9:30a Balance Builders 18</p> <p>10:30a Daily Chronicle</p> <p>11:30a Discuss & Recall</p> <p>1:30p Paint By Numbers</p> <p>2:00p Travelogue</p> <p>3:30p Flower Coloring</p> <p>5:00p Cranium Crunch</p> <p>6:30p Bean Bag Toss</p>	<p>9:30a Strengthening 19</p> <p>10:30a Hymns w/ Gordon</p> <p>1:30p Baking!</p> <p>2:30p Scenic Drive</p> <p>4:30p "About Edgar Allen"</p> <p>5:00p Dolly Parton Crossword</p> <p>5:30p Bean Bag Toss</p> <p>6:30p Movie Night</p>	<p>9:30a Balance Builders 20</p> <p>10:30a Daily Chronicle</p> <p>11:30a Funky Zebra Coloring</p> <p>1:30p Zoom Calls</p> <p>2:00p Indep. Word Search</p> <p>3:30p Book Club w/ Lexi</p> <p>5:00p Z Words</p> <p>6:30p Jigsaw</p>	<p>9:30a Chair Exercise 21</p> <p>10:30a Daily Chronicle</p> <p>11:30a Bird Coloring</p> <p>1:30p Stationary Bike Ride</p> <p>2:00p Sit & Sip/ Music</p> <p>3:00p Merryatrics & Coffee</p> <p>5:00p January IQ</p> <p>6:30p Evening Meditation</p>	<p>9:30a Morning Exercise 22</p> <p>10:00a Brownies & Games</p> <p>10:30a Watercolor w/ Lexi</p> <p>11:30a Building A Snowman</p> <p>1:30p Movie Matinee</p> <p>2:30p Book Club w/ Lexi</p> <p>3:30p Junk Drawer Detective</p> <p>5:00p</p>	
<p>9:30a Weights & Bands 23</p> <p>10:30a Hand Massages</p> <p>11:30a Church Service</p> <p>1:30p Light Painting</p> <p>2:00p Bible Study</p> <p>3:30p Adult Coloring</p> <p>4:30p Football Throw</p> <p>Activity Professionals Week</p>	<p>9:30a Morning Exercise 24</p> <p>10:00a Hymns w/ Marilyn</p> <p>11:30a Daily Chronicle</p> <p>1:30p Stationary Bike Ride</p> <p>2:00p Sit & Sip/ Music</p> <p>3:30p Jigsaw</p> <p>4:30p Evening Walk</p> <p>5:30p Laundry Night</p>	<p>9:30a Balance Builders 25</p> <p>10:30a Adult Coloring</p> <p>11:30a Daily Chronicle</p> <p>1:30p Bike Club</p> <p>2:00p Sit & Sip/ Music</p> <p>3:30p Book Club w/ Lexi</p> <p>5:00p Bean Bag Toss</p> <p>6:30p Jigsaw</p>	<p>9:30a Strengthening 26</p> <p>10:30a Word Search</p> <p>1:30p Jigsaw & Tea</p> <p>2:30p Scenic Drive</p> <p>4:30p Adult Coloring</p> <p>5:00p New Year Res.</p> <p>5:30p Movie Night</p> <p>Australia Day (observed)</p>	<p>9:30a Balance Builders 27</p> <p>10:30a Fancy Nails</p> <p>11:30a Sing- a- Long</p> <p>1:30p Zoom Calls</p> <p>2:00p Stationary Bike Ride</p> <p>3:30p Sit & Sip/ Coloring</p> <p>5:00p Honeycomb!</p> <p>6:30p Who Am I?</p>	<p>9:30a Chair Exercise 28</p> <p>10:30a Sorry!</p> <p>11:30a Baking!</p> <p>1:30p Stationary Bike Ride</p> <p>2:00p Sit & Sip/ Music</p> <p>3:30p Bean Bag Toss</p> <p>5:00p Paper Crafts</p> <p>6:30p Thera-Puzzle</p>	<p>9:30a Morning Exercise 29</p> <p>10:30a Watercolor w/ Lexi</p> <p>11:30a Daily Chronicle</p> <p>1:30p Movie Matinee</p> <p>2:30p Trivia!</p> <p>3:30p Stationary Bike Ride</p> <p>5:00p Sit & Sip/ Table Games</p>	
<p>9:30a Weights & Bands 30</p> <p>10:30a Hand Massages</p> <p>11:30a Church Service</p> <p>1:30p Football Throw</p> <p>2:00p Bible Study</p> <p>3:00p Sunday Sundaes</p> <p>4:30p Bible Trivia!</p>	<p>9:30a Morning Exercise 31</p> <p>10:00a Hymns w/ Marilyn</p> <p>11:30a Daily Chronicle</p> <p>1:30p Mens Group</p> <p>2:00p Stationary Bike Ride</p> <p>3:30p Sit & Sip/ Music</p> <p>4:30p Adult Coloring</p> <p>5:30p Sing-A-Long</p>						

HAPPY NEW YEAR!