

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

*MDR=Main Dining Room

ALL ACTIVITIES SUBJECT TO CHANGE!!



October 2021

BEAUTY SHOP OPEN EVERY MONDAY & TUESDAY



1
 9:30 Walk & Stretch
 10:00 Daily Devotion
 10:30 Refreshments
 10:30 Memory Café
 1:30 Trivia & Reminisce
 2:30 Social: Ice Cream Sandwich
 3:00 Artistic Crafts
 4:00 Bingo!!
 6:00 Movie & Relaxation

2
 9:30 Walking Indoors
 10:30 Coffee & Snack
 1:00 Listening to Music
 2:00 Socializing
 2:30 Hydrate & Treats
 6:00 TV Time

3
 9:30 Walking Indoors
 10:30 Coffee & Snack
 1:00 Listening to Music
 2:25 BRONCOS!
 2:30 Church Service MDR*
 2:30 Hydrate & Treats
 6:00 TV Time

4
 9:30 Walk & Stretch
 10:30 Refreshments
 11:00 Balloon Volleyball
 1:30 Humor Hour
 2:00 Hand Lotion Massage
 2:30 Hydrate & Snacks
 3:00 Kenitic Sand
 6:00 Movie & Relaxation

5
 9:30 Walk & Stretch
 10:00 Sensory group w/Legacy
 10:30 Refreshments
 11:00 Tia Chi Exercise
 1:30 Bingo!!
 2:30 Hydrate & Snacks
 3:00 Today in History
 6:00 Movie & Relaxation

6
 9:30 Walk & Stretch
 10:15 Daily Devotion
 10:30 Refreshments
 11:00 Remembering: Greta Garbo
 1:30 Adult Coloring
 2:00 Movin' & Grovin' Fitness
 2:30 Hydrate & Snacks
 3:00 Cornhole Toss
 6:00 Movie & Relaxation

7
 9:30 Walk & Stretch
 10:30 **Scenic Drive**
 10:30 Refreshments
 11:00 Puzzles
 1:30 Nail Care & Polishing
 2:30 Hydrate & Snacks
 3:00 Aromatherapy
 3:30 Trivia
 6:00 Movie & Relaxation

8
 9:30 Walk & Stretch
 10:00 Daily Devotion
 10:30 Memory Café
 10:30 Refreshments
 1:30 Trivia & Reminisce
 2:30 Social: Mish Mash Treats
 3:00 Artistic Crafts
 4:00 Bingo!!
 6:00 Movie & Relaxation

9
 9:30 Walking Indoors
 10:30 Coffee & Snack
 1:00 Name 10 w/Emily!
 2:00 Adult Coloring
 2:30 Hydrate & Treats
 3:00 Puzzles
 6:00 TV Time

10
 9:30 Walking Indoors
 10:30 Coffee & Snack
 11:00 BRONCOS!
 1:00 Listening to Music
 2:30 Church Service MDR*
 2:30 Hydrate & Treats
 6:00 TV Time

11
 9:30 Walk & Stretch
 10:00 Music & Movement
 10:30 Refreshments
 11:00 Balloon Volleyball
 1:30 Humor Hour
 2:00 Hand Lotion Massage
 2:30 CUBBY Visit!!!!
 2:30 Hydrate & Snacks
 3:00 Kenitic Sand
 6:00 Movie & Relaxation

12
 9:30 Walk & Stretch
 10:00 Sensory group w/Legacy
 10:30 Refreshments
 11:00 Tia Chi Exercise
 1:30 Bingo!!
 2:30 **October Birthday! MDR***
 3:00 Today in History
 6:00 Movie & Relaxation

13
 9:30 Walk & Stretch
 10:15 Daily Devotion
 10:30 Refreshments
 11:00 Remembering: Ed Sullivan
 1:30 Adult Coloring
 2:30 Hydrate & Snacks
 3:00 Cornhole Toss
 6:00 Movie & Relaxation

14
 9:30 Walk & Stretch
 10:30 **Scenic Drive**
 10:30 Refreshments
 11:00 Puzzles
 1:30 Nail Care & Polishing
 2:30 Hydrate & Snacks
 3:00 Aromatherapy
 3:30 Trivia
 6:00 Movie & Relaxation

15
 9:30 Walk & Stretch
 10:00 Daily Devotion
 10:30 Refreshments
 10:30 Memory Café
 1:30 Trivia & Reminisce
 2:30 Social: Cheese & Crackers
 3:00 Artistic Crafts
 4:00 Bingo!!
 6:00 Movie & Relaxation

16
 9:30 Walking Indoors
 10:30 Coffee & Snack
 1:00 Listening to Music
 2:00 Socializing
 2:30 Hydrate & Treats
 6:00 TV Time

17
 9:30 Walking Indoors
 10:30 Coffee & Snack
 1:00 Listening to Music
 2:25 BRONCOS!!
 2:30 Church Service MDR*
 2:30 Hydrate & Treats
 6:00 TV Time

18
 9:30 Walk & Stretch
 10:00 Daily Devotion
 10:30 Refreshments
 11:00 Balloon Volleyball
 1:30 Humor Hour
 2:00 Hand Lotion Massage
 2:30 Hydrate & Snacks
 3:00 Kenitic Sand
 6:00 Movie & Relaxation

19
 9:30 Walk & Stretch
 10:00 Sensory group w/Legacy
 10:30 Refreshments
 11:00 Tia Chi Exercise
 1:30 Bingo!!
 2:30 Hydrate & Snacks
 3:00 Jerry Phillips
 6:00 Movie & Relaxation

20
 9:30 Walk & Stretch
 10:15 Daily Devotion
 10:30 Refreshments
 11:00 Remembering: Gene Autry
 1:30 Adult Coloring
 2:00 Movin' & Grovin' Fitness
 2:30 Hydrate & Snacks
 3:00 Cornhole Toss
 6:00 Movie & Relaxation

21
 9:30 Walk & Stretch
 10:30 **Scenic Drive**
 10:30 Refreshments
 11:00 Puzzles
 1:30 Nail Care & Polishing
 2:30 Hydrate & Snacks
 2:30 Country Kitchen Cooking
 3:30 Aromatherapy
 6:20 BRONCOS!!

22
 9:30 Walk & Stretch
 10:00 Daily Devotion
 10:30 Refreshments
 10:30 Memory Café
 1:30 Trivia & Reminisce
 2:30 Social: Cocoa & Brownies
 3:00 Artistic Crafts
 4:00 Bingo!!
 6:00 Movie & Relaxation

23
 9:30 Walking Indoors
 10:30 Coffee & Snack
 1:00 Name 10 w/Emily!
 2:00 Adult Coloring
 2:30 Hydrate & Treats
 3:00 Puzzles
 6:00 TV Time

24
 9:30 Walking Indoors
 10:30 Coffee & Snack
 1:00 Listening to Music
 2:30 Church Service MDR*
 2:30 Hydrate & Treats
 6:00 TV Time

25
 9:30 Walk & Stretch
 10:00 Music & Movement
 10:30 Refreshments
 11:00 Balloon Volleyball
 1:30 Humor Hour
 2:00 Hand Lotion Massage
 2:30 Hydrate & Snacks
 3:00 Kenitic Sand
 6:00 Movie & Relaxation

26
 9:30 Walk & Stretch
 10:00 Rosebel's Choice
 10:30 Refreshments
 11:00 Ring Toss Game
 1:30 Bingo!!
 2:30 Hydrate & Snacks
 3:00 Today in History
 6:00 Movie & Relaxation

27
 9:30 Walk & Stretch
 10:15 Daily Devotion
 10:30 Refreshments
 11:00 Remembering: Roy Rogers
 1:30 Adult Coloring
 2:00 Movin' & Grovin' Fitness
 2:30 Hydrate & Snacks
 3:00 Cornhole Toss
 6:00 Movie & Relaxation

28
 9:30 Walk & Stretch
 10:30 **Scenic Drive**
 10:30 Refreshments
 11:00 Puzzles
 1:30 Nail Care & Polishing
 2:30 Hydrate & Snacks
 3:00 Singing w/Bonnie & Marty
 6:00 Movie & Relaxation

29
 9:30 Walk & Stretch
 10:00 Daily Devotion
 10:30 Refreshments
 10:30 Memory Café
 1:30 Trivia & Reminisce
 2:30 Social: Halloween Treats!
 3:00 Artistic Crafts
 4:00 Bingo!!
 6:00 Movie & Relaxation

30
 9:30 Walking Indoors
 10:30 Coffee & Snack
 2:00 Adult Coloring
 2:30 Hydrate & Treats
 3:00 Puzzles
 6:00 TV Time

31
 9:30 Walking Indoors
 10:30 Coffee & Snack
 1:00 Listening to Music
 2:25 BRONCOS!
 2:30 Church Service MDR*
 2:30 Hydrate & Treats
 6:00 TV Time



Amy Wieser-Dietz 10/4/1935
 Phylis Wagner 10/7/1934
 Dorothy Lunde 10/15/1942
 Roger Story 10/22/1942
 Marilyn Schweizer 10/26/33
 Mary Ann Avery 10/19/1938
 Peggy Butler 10/29/1930
 Claire Madsen 10/29/1935
 Cathy King 10/30/1934
 Happy Birthday!!!!!!!



HALLOWEEN