



**BACK TO BASKETBALL  
RETURN TO SPORT UPDATE**

**BC Wheelchair Basketball Society  
August 2020**

# BC Return to Sport - Phase 3

## August 24<sup>th</sup> viaSport CEO Statement

"Now, as we enter Phase 3, we will start to see more sport activities in communities around the province. While these guidelines offer key parameters for the increase in sport activity, **each sport will advance at a different pace depending on community capacity and readiness.**

I want to thank all of the staff, organizers and volunteers who continue to ensure amateur sport in B.C. is safe and fun for everyone. As we move forward, the health and safety of all participants are our number 1 priority."

# Next Steps:

- Update **Back To Basketball in BC** – Return to Play plan for BC Wheelchair Basketball Society by adding:
  - Participant Health Attestation (athlete, coach, volunteers)
  - Event Waiver
  - Illness Policy
- **BCWBS is still recommending** all BCWBS Clubs (training groups/cohorts) continuing to follow Phase 1 & Phase 2 Guidelines and slowly implementing Phase 3 depending on your Club (training group), regional Health Authority and Facility guidelines:
  - Phase 1. Education and Individual Training
  - Phase 2. Continue Individual Training, begin small Group Training

# BCWBS - RETURN TO PLAY – August 2020

- Currently understood best practices for participation in sport for the general population is essential. **IMPORTANT NOTE** \*\*Individuals living with a disability MAY be at greater risk of negative health outcomes related to COVID-19.
- The use of any BCWBS equipment during this time requires a current BCWBS membership and an updated BCWBS wheelchair Loan Agreement
- **All participants and coaches MUST** assess their own unique health risks and the safety/preparedness of their facility when considering returning to play.
- BCWBS Clubs should use a **Risk Assessment and Mitigation Tool** to determine their comfort and readiness to move to Phase 3 options.

- Play only with people within your “training group” (club)
- One ball per player, two players per hoop, one coach
- **DO NOT PLAY** if you are experiencing any symptoms of a cold, flu or COVID-19.
  - OR if you have had those symptoms in the last 10 days
  - OR you have travelled outside Canada in the last 14 days
  - OR you have been in contact with someone who was outside Canada in the last 14 days
- Practice good hygiene – frequent hand washing with soap and water and use of hand sanitizers; avoid touching one’s face; respiratory etiquette; disinfect frequently touched surfaces
- Leave immediately after playing, taking all your equipment with you. When possible minimize use of bathrooms, locker rooms, water foundations and vending machines in the facility.

# BCWBS/WBC Phases

Stage	Distancing + Numbers Guidelines	Notes
1	Remote delivery, no face-to-face	Zoom's stock skyrockets
2	Individual on court training allowed Max 1 person per hoop Max 6 people in the gym (Current PHA guideline)	1 ball per person No contact No drop-ins
3	<b>Small group drills. 2 people per hoop, one coach (participants must also be aware of facility and current RHA guidelines)</b>	<b>1 ball per person No contact No drop-ins</b>
4	Drills up to 3on3 Contact now allowed	Potential for drop-ins w/ waiver
5	5on5 allowed in practice	Potential for drop-ins w/ waiver Potential for cohort competition
6	Full competition can return (5v5) between different training groups	BC-CWBL, inter-provincial competition

# COACHES & CLUBS

- BCWBS will work with clubs and municipalities as things open up to ensure an alignment of the facility and BCWBS protocols. Each club will be required to have a RTP plan in place and approved by BCWBS in order to resume play under our insurance provider.
- BCWBS will provide the required waivers, health declarations, illness policy templates. **Coaches or club leaders will be responsible** for ensuring participants have signed appropriate event waivers, a Health Attestation and have no visible symptoms prior to getting on court.

# Questions?

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# Links:

**Government of BC** – [www.gov.bc.ca/covid19](http://www.gov.bc.ca/covid19)

**Wheelchair Basketball Canada** – Back To Basketball, Return to Play for Wheelchair Basketball

[https://www.wheelchairbasketball.ca/news\\_press/canada-basketball-and-wheelchair-basketball-canada-publish-back-to-basketball-return-to-sport-guidelines/](https://www.wheelchairbasketball.ca/news_press/canada-basketball-and-wheelchair-basketball-canada-publish-back-to-basketball-return-to-sport-guidelines/)

**viaSport Hub** – Return to Sport plans are listed as they are approved by PSO's

<https://www.viasport.ca/return-sport>

**viaSport FAQ's** –

[https://www.viasport.ca/sites/default/files/FAQ\\_Return\\_to\\_Sport\\_FAQ\\_08-24-20.pdf](https://www.viasport.ca/sites/default/files/FAQ_Return_to_Sport_FAQ_08-24-20.pdf)

**BCWBS** – [www.bcwbs.ca](http://www.bcwbs.ca)

# Thank you

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