



Science. 1984 Apr 27;224(4647):420-1.

View through a window may influence recovery from surgery.

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Abstract

Records on recovery after cholecystectomy of patients in a suburban Pennsylvania hospital between 1972 and 1981 were examined to determine whether assignment to a room with a window view of a natural setting might have restorative influences. Twenty-three surgical patients assigned to rooms with windows looking out on a natural scene had shorter postoperative hospital stays, received fewer negative evaluative comments in nurses' notes, and took fewer potent analgesics than 23 matched patients in similar rooms with windows facing a brick building wall.

PMID: 6143402 DOI: [10.1126/science.6143402](https://doi.org/10.1126/science.6143402)

[Indexed for MEDLINE]

Publication types, MeSH terms, Substance

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