Memory Care

April 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 **9:00** - Seated Chair Exercise **9:30** - Book Reading **10:30** - Pretty Nails **12:30** - Painting Day **1:30** - Bingo **2:30** - Snack & Refreshments All Fools' Day	2 **9:00** - Seated Chair Exercise **9:30** - Bean Bag Toss **10:30** - Outside Relaxation **12:30** - Uno **1:30** - Bingo **2:30** - Snack & Refreshments Good Friday	3 **9:00** - Seated Chair Exercise **9:30** - Easter Nails **10:30** - Easter Trivia **12:30** - Easter Hunt **1:30** - Bingo **2:30** - Snack & Refreshments
4 **9:00** - Catholic Mass **10:00** - Coloring Pages **12:00** - Magazine Readers **1:00** - Puzzles **2:30** - Snacks & Refreshments Easter Sunday	5 **9:00** - Seated Chair Exercise **9:30** - Price is Right **10:30** - Coloring Pages **12:30** - Pretty Nails **1:30** - Bingo **2:30** - Snacks & Refreshments	6 **9:00** - Seated Chair Exercise **9:30** - Ring Toss **10:30** -Trivia **12:30** - Colorful Parachute **1:30** - Bingo **2:30** - Snacks & Refreshments	7 **9:00** - Seated Chair Exercise **9:30** - Craft day **10:30** - Noodle Ball **12:30** - Colorful Parachute **1:30** - Bingo **2:30** - Snack & Refreshments	8 **9:00** - Seated Chair Exercise **9:30** - Book Reading **10:30** - Pretty Nails **12:30** - Painting Day **1:30** - Bingo **2:30** - Snack & Refreshments	9 **9:00** - Seated Chair Exercise **9:30** - Bean Bag Toss **10:30** - Mix & Match **12:30** - Uno **1:30** - Bingo **2:30** - Snack & Refreshments	10 **9:00** - Seated Chair Exercise **9:30** - Bean Bag Toss **10:30** - Outside Relaxation **12:30** - Uno **1:30** - Bingo **2:30** - Snack & Refreshments
11 **9:00** - Seated Chair Exercise **9:30** - Price is Right **12:00** - Storytelling **1:00** - Coloring Pages **2:30** - Snacks & Refreshments	12 **9:00** - Seated Chair Exercise **9:30** - Price is Right **10:30** - Coloring Pages **12:30** - Pretty Nails **1:30** - Bingo **2:30** - Snacks & Refreshments Ramadan Begins	13 **9:00** - Seated Chair Exercise **9:30** - Ring Toss **10:30** -Trivia **12:30** - Colorful Parachute **1:30** - Bingo **2:30** - Snacks & Refreshments	14 **9:00** - Seated Chair Exercise **9:30** - Craft day **10:30** - Noodle Ball **12:30** - Colorful Parachute **1:30** - Bingo **2:30** - Snack & Refreshments	15 **9:00** - Seated Chair Exercise **9:30** - Book Reading **10:30** - Pretty Nails **12:30** - Painting Day **1:30** - Bingo **2:30** - Snack & Refreshments	16 **9:00** - Seated Chair Exercise **9:30** - Bean Bag Toss **10:30** - Mix & Match **12:30** - Uno **1:30** - Bingo **2:30** - Snack & Refreshments	17 **9:00** - Seated Chair Exercise **9:30** -Jenga Blocks **10:30** - Outside Relaxation **12:30** - Bowling **1:30** - Bingo **2:30** - Snack & Refreshments
18 **9:00** - Seated Chair Exercise **9:30** - Price is Right **12:00** - Storytelling **1:00** - Coloring Pages **2:30** - Snacks & Refreshments	19 **9:00** - Seated Chair Exercise **9:30** - Price is Right **10:30** - Coloring Pages **12:30** - Pretty Nails **1:30** - Bingo **2:30** - Snacks & Refreshments	20 **9:00** - Seated Chair Exercise **9:30** - Ring Toss **10:30** -Trivia **12:30** - Colorful Parachute **1:30** - Bingo **2:30** - Snacks & Refreshments	21 **9:00** - Seated Chair Exercise **9:30** - Craft day **10:30** - Noodle Ball **12:30** - Colorful Parachute **1:30** - Bingo **2:30** - Snack & Refreshments	22 **9:00** - Seated Chair Exercise **9:30** - Book Reading **10:30** - Pretty Nails **12:30** - Painting Day **1:30** - Bingo **2:30** - Snack & Refreshments Earth Day	23 **9:00** - Seated Chair Exercise **9:30** - Bean Bag Toss **10:30** - Mix & Match **12:30** - Uno **1:30** - Bingo **2:30** - Snack & Refreshments	24 **9:00** - Seated Chair Exercise **9:30** - Bean Bag Toss **10:30** - Outside Relaxation **12:30** - Uno **1:30** - Bingo **2:30** - Snack & Refreshments
25 **9:00** - Seated Chair Exercise **9:30** - Price is Right **12:00** - Storytelling **1:00** - Coloring Pages **2:30** - Snacks & Refreshments	26 **9:00** - Seated Chair Exercise **9:30** - Price is Right **10:30** - Coloring Pages **12:30** - Pretty Nails **1:30** - Bingo **2:30** - Snacks & Refreshments	27 **9:00** - Seated Chair Exercise **9:30** - Ring Toss **10:30** -Trivia **12:30** - Colorful Parachute **1:30** - Bingo **2:30** - Snacks & Refreshments	28 **9:00** - Seated Chair Exercise **9:30** - Craft day **10:30** - Noodle Ball **12:30** - Colorful Parachute **1:30** - Bingo **2:30** - Snack & Refreshments	29 **9:00** - Seated Chair Exercise **9:30** - Book Reading **10:30** - Pretty Nails **12:30** - Painting Day **1:30** - Bingo **2:30** - Snack & Refreshments	30 **9:00** - Seated Chair Exercise **9:30** - Bean Bag Toss **10:30** - Mix & Match **12:30** - Uno **1:30** - Bingo **2:30** - Snack & Refreshments Arbor Day	

Bethesda Gardens Memory Care • 13825 N. Cave Creek Road, Phoenix, AZ 85002 • 480-417-4668