

# Skokie Montessori Menu

09/27-10/01

10/04-10/08

10/11-10/15

10/18-10/22

MONDAY

CHICKEN STEW  
ROASTED POTATO  
WHOLE WHEAT BREAD  
CABBAGE SALAD  
GRAVY SAUCE  
CHICKEN NOODLE SOUP

GROUND CHICKEN  
TACOS  
STEAMED RICE  
CUCUMBER SALAD  
BEETS SALAD  
MUSHROOM SAUCE  
CAULIFLOWER  
SOUP

GRILLED CHICKEN  
STEAMED RICE  
GARDEN SALAD  
WHOLE WHEAT  
BREAD  
SOUR CREAM  
SAUCE  
SPLIT PEA SOUP

CHICKEN PASTA &  
MARINARA  
ROTINI PASTA  
COLESLAW  
STEAMED BROCCOLI  
MUSHROOM SAUCE  
UKRAINIAN  
BORSCH

TUESDAY

CHICKEN MEATBALLS  
STEAMED RICE  
CARROT SALAD  
STEAMED BROCCOLI  
MARINARA SAUCE  
CAULIFLOWER SOUP

CHICKEN  
MEATBALLS  
STEAMED RICE  
GARDEN SALAD  
WHOLE WHEAT  
BREAD  
SOUR CREAM SAUCE  
CHICKEN RICE SOUP

CHICKEN PASTA &  
MARINARA  
ROTINI PASTA  
CUCUMBER SALAD  
STEAMED  
CAULIFLOWER  
MARINARA SAUCE  
BROCCOLI SOUP

GRILLED CHICKEN  
STEAMED RICE  
GARDEN SALAD  
WHOLE WHEAT BREAD  
SOUR CREAM SAUCE  
LENTIL SOUP

WEDNESDAY

BREADED CHICKEN  
STEAMED RICE  
CUCUMBER SALAD  
STEAM CAULIFLOWER  
LEMON-BUTTER SAUCE  
MINISTRONE SOUP

GRILLED CHICKEN  
ROTINI PASTA  
CUCUMBER SALAD  
STEAMED  
BROCCOLI SALAD  
MARINARA SAUCE  
UKRAINIAN  
BORSCH

GROUND CHICKEN  
TACOS  
ROASTED POTATO  
CABBAGE SALAD  
WHEAT TORTILLA  
GRAVY SAUCE  
MINISTRONE SOUP

BREADED CHICKEN  
STEAMED RICE  
CUCUMBER SALAD  
STEAMED CARROTS  
LEMON-BUTTER SAUCE  
BROCCOLI SOUP

THURSDAY

CHICKEN PASTA &  
MARINARA  
ROTINI PASTA  
STEAMED BROCCOLI  
STEAMED CARROTS  
SOUR CREAM SAUCE  
FRESH CABBAGE  
SOUP

BREADED CHICKEN  
ROTINI PASTA  
STEAMED CARROTS  
GARDEN SALAD  
CHICKEN OATMEAL  
SOUP

MEAT BALLS  
ROTINI PASTA  
CARROT SALAD  
STEAMED BROCCOLI  
MUSHROOM SAUCE  
CHICKEN NOODLE  
SOUP

GROUND CHICKEN  
TACOS  
ROASTED POTATO  
CUCUMBER SALAD  
WHEAT TORTILLA  
CHICKEN  
OATMEAL SOUP

FRIDAY

GRILLED CHICKEN  
ROTINI PASTA  
GARDEN SALAD  
WHOLE WHEAT BREAD  
MUSHROOM SAUCE  
SPLIT PEA SOUP

CHICKEN STEW  
ROASTED POTATO  
COLE SLAW  
WHOLE WHEAT BREAD  
LENTIL SOUP

BREADED CHICKEN  
STEAMED RICE  
STEAMED  
CAULIFLOWER  
CUCUMBER SALAD  
LEMON-BUTTER  
SAUCE  
FRESH CABBAGE  
SOUP

CHICKEN MEATBALLS  
ROTINI PASTA  
BEETS SALAD  
STEAMED CAULIFLOWER  
MARINARA SAUCE  
CHICKEN RICE SOUP

