

A-Zmall World Menu

10/04-10/08

10/11-10/15

10/18-10/22

MONDAY

GROUND CHICKEN
TACOS
STEAMED RICE
CUCUMBER SALAD
BEETS SALAD
MUSHROOM SAUCE
CAULIFLOWER SOUP

CHICKEN KEBAB
MASHED POTATOES
GARDEN SALAD
WHOLE WHEAT
BREAD
SOUR CREAM SAUCE
SPLIT PEA SOUP

CHICKEN PASTA &
MARINARA
BUCKWHEAT
COLESLAW
STEAMED BROCCOLI
MUSHROOM SAUCE
UKRAINIAN BORSCH

TUESDAY

CHICKEN MEATBALLS
MASHED POTATO
GREEN PEAS
WHOLE WHEAT
BREAD
SOUR CREAM SAUCE
CHICKEN RICE SOUP

CHICKEN PASTA &
MARINARA
ROTINI PASTA
CORN SALAD
STEAMED
CAULIFLOWER
MARINARA SAUCE
BROCCOLI SOUP

CHICKEN KEBAB
MASHED POTATO
GARDEN SALAD
WHOLE WHEAT
BREAD
SOUR CREAM SAUCE
LENTIL SOUP

WEDNESDAY

CHICKEN KEBAB
BUCKWHEAT
CORN SALAD
STEAMED BROCCOLI
SALAD
MARINARA SAUCE
UKRAINIAN BORSCH

GROUND
CHICKEN TACOS
ROASTED POTATO
CABBAGE SALAD
WHOLE WHEAT BREAD
GRAVY SAUCE
MINISTRONE SOUP

FISH CUTLETS
STEAMED RICE
CUCUMBER SALAD
STEAMED CARROTS
LEMON-BUTTER SAUCE
BROCCOLI SOUP

THURSDAY

FISH CUTLETS
ROTINI PASTA
STEAMED CARROTS
GARDEN SALAD
LEMON-BUTTER SAUCE
CHICKEN OATMEAL
SOUP

MEAT BALLS
BUCKWHEAT
CARROT SALAD
STEAMED
BROCCOLI
MUSHROOM SAUCE
CHICKEN NOODLE
SOUP

BEEF STEW
ROASTED POTATO
GREEN PEAS
WHOLE WHEAT
BREAD
CHICKEN OATMEAL
SOUP

FRIDAY

NO MEAL DELIVERY

NO MEAL DELIVERY

NO MEAL DELIVERY

