

## Support Budgets

Fact sheet



Easy English



## Hard words

This fact sheet has some hard words.

The first time we write a hard word

- the word is in **blue**
- we write what the hard word means.

## You can get help with this fact sheet



You can get someone to help you

- read this fact sheet
- know what this fact sheet says



- find more information.

## About this fact sheet



This fact sheet is about the **National Disability Insurance Scheme** or NDIS.



The NDIS helps people under 65 with a **permanent** and **significant** disability.

Permanent means the disability will **not** go away.

Significant means the disability affects the things people need to do every day.



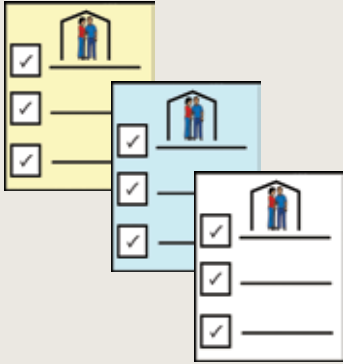
People with an NDIS plan will get

- supports

and

- services they need.





There are 3 types of support **budgets** that might be in your NDIS plan.

**1. Core Supports budget**

**2. Capacity Building Supports budget**

**3. Capital Supports budget**

Budget means the money you get to buy the supports and services in your NDIS plan.

## Core Supports budget



**Core Supports** means supports that help you with things

- you do every day
- that help you with your disability
- that help you meet your **goals**.



Goals are things you want to happen.

For example

- get a job
- make friends.



The Core Supports budget gives you the most control over your plan money.

Core Supports budget has 4 support areas.



1. Help with your day to day activities.

For example, a cleaner for your house if you can **not** clean it yourself.



2. **Consumables.**

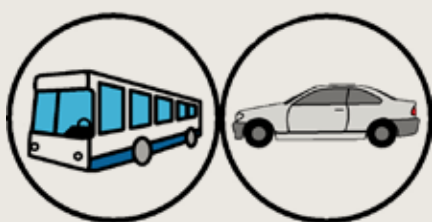
Consumables means supports you need every day.

For example, continence items.



3. Help to be part of the community.

For example, a support worker to help you be part of community activities.

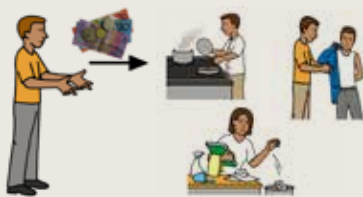


4. Transport.

For example, a support worker to help you travel to work.

You can use money in the Core Support budget for all 4 support areas of your plan.

## For example



You get money in your Core Support budget to help with things you do every day.

For example, get dressed.

After you start to use the support for things you do every day

- you may become more **independent**

Independent means you can do things

– by yourself

– with less help.

- you can change how you use your money in the Core Supports budget.



You can choose to

- use less money for support to help get dressed because you can do it yourself
- use more money to pay someone to help you go to a swimming group.



## Capacity Building Supports budget



**Capacity Building Supports** means supports to help you

- be more independent
- learn skills to meet your goals.



You can use money in a Capacity Building Supports budget to pay for support to help you



- find a place to live.



- find a job.
- meet and talk to other people.



- be healthy.
- For example, help you learn about what you should eat and cook your own meals.



- learn at school.
- get new skills.





You can use money in a Capacity Building Supports budget to pay for a

- Support Coordinator

or

- Plan Manager.

You can choose to spend your Capacity Building Supports budget on similar things if it is allowed in your plan.

## Capital Supports budget



**Capital Supports** means things that you only buy once to help you with your disability.



Capital Supports could be

- technology to help you talk to other people.

- equipment to help you in your house or car.

For example

- a wheelchair
- change your car so that you can drive.



You can **not** choose to spend your Capital Supports budget on different things.



## More information

Go to our website

[www.ndis.gov.au](http://www.ndis.gov.au)



Call 1800 800 110

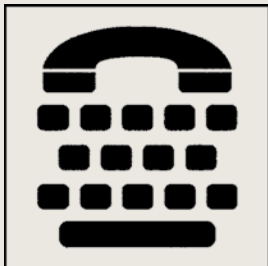
Monday to Friday

8 am to 8 pm



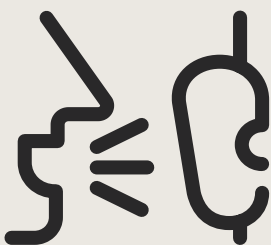
## Telephone Interpreting Service

131 450



## TTY users

133 677 then ask for 1800 800 110



## Speak and listen users

1300 555 727 then ask for 1800 800 110

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Scope's Communication and Inclusion Resource Centre

wrote the Easy English in August 2018. [www.scopeaust.org.au](http://www.scopeaust.org.au).

To see the original contact The National Disability Insurance Agency

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