2021 ANNUAL REPORT

Healthcare Services with **Your Family** in Mind

Five Rivers Health Centers, a federally-qualified health center, is committed to providing access to quality, comprehensive and respectful care for our patients and community.



## Support that

# "feels like family"

#### **PICTURED TO THE RIGHT:**

DONNA MCGHEE (CERTIFIED COMMUNITY HEALTH WORKER), MARKEYTA AND HER CHILDREN - MARIANA & MARQUIS



arkeyta wasn't even sure that she could get pregnant, so when she discovered that she actually was, she was scared and overwhelmed.

A Google search led her to Five Rivers Center for Women's Health in 2017 and she has been a part of the family ever since.

Markeyta learned that she would have a challenging pregnancy at her first appointment when our providers diagnosed her with pre-eclampsia.

"Even though I was scared and didn't know what was going to happen, I was so excited to join a Centering Pregnancy group at Five Rivers," she said. "I wasn't the only one going through all these things."

Donna McGhee, certified community health worker, helped guide Markeyta through her difficult pregnancy along with other staff and providers.

"I didn't expect everyone to care as much as they did," said Markeyta. "When I needed help, someone was always there, giving me the tools and resources I needed."

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She learned what to expect in labor and delivery during the Centering sessions and worked hard to avoid a C-section. Mariana came into the world on March 2, 2018, and is now a regular pediatrics patient at Five Rivers.

Markeyta is happy to share that her second experience with the women's health department was even better and she joined a Centering group again. This time, she was "the expert", the only expecting mom that had given birth before and could talk to the other patients about what they were feeling and how to have positive pregnancy and childbirth experiences.

"I tell everyone...there's nothing out there like Five Rivers Health Centers," Markeyta shared. "The midwives and staff are so supportive and helpful. They all feel like family now."

The Five Rivers team is thrilled to welcome Markeyta, Mariana and Marquis into our Health Start family.

### MESSAGE from the CEO

e are proud to present to you our 2021 Annual Report. 2021 was another remarkable year for our FRHC team from a patient, quality, and strategic perspective. We saw more than 27,000 patients, surpassed eight of our quality measurements, became the only Medicaid group in the Comprehensive Primary Care program to reduce our total cost of care two years in a row, and completed our 2022-2024 Strategic Plan which goals include: increasing patient accessibility; enhancing staff recruitment and retention; focusing on population health; leveraging technology to improve quality; and remaining financially stable.

GINA MCFARLANE-EL, CEO

After the surprise of what a pandemic was in 2020 in our rear-view mirror, at FRHC we were prepared to find relief in 2021 knowing that a

vaccine was on the way. Little did we know that having a vaccine, and getting everyone to take the COVID vaccine, would be the next challenge that 2021 had in store for all of us. Despite it all, FRHC became one of the first sites in Montgomery County to offer the vaccine. Gone are the days when patients circled the park lot trying to find the last doses for the day so that no vaccines were wasted. We are grateful that more vaccine is now available for more age groups, and we are extremely proud of our patients that choose and continue to choose to vaccinate themselves against this dangerous disease.

Our Board of Directors charged us to create a racial and social justice agenda that includes creating a health equity center, improving the patient experience, reviewing all employee recruitment and retention initiatives, evaluating our vendor relationships and creating more diversity and equity programs over the next three years.

Through funding through the American Rescue Plan, Five Rivers Health Centers was able to add a pharmacy robot to help provide quicker access to our low-cost pharmacy exclusively available for our patients; to add patient transportation program to assist patients' in getting to their appointments, develop a care management program, expand Betsy' Bra Bank (the idea from Women's Health employee Elizabeth Mourouzis, RN) to more pregnant women, and to reduce the cost of medical insurance to our employees.

We were honored to partner with Miami Valley Housing Opportunities to manage the new Shower Trailer (the brainchild of the Samaritan Health Center's Nurse Practitioner Laura Hovanec) that allows our street homeless patients to take a hot shower and wash their clothes for free. Good Samaritan Hospital Foundation generously contributed to our new St. Vincent DePaul Family Shelter clinic. PulseWorks helped us provide free Lifeline phones for our patients.

None of these achievements and more are possible without a courageous Board of Directors, caring employees and providers, well-informed patients, fierce supporters, and generous partners and friends. We look forward to opening our new Edgemont Center in 2022, and we thank each and every one of you for your unfailing encouragement of our mission.

Gina McFarlane-El

Chief Executive Officer

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#### We Added Providers in 2021









1 NURSE **PRACTITIONER** 



1 DENTIST



**Awarded American Rescue Plan funds** for tuition reimbursement, COVID-19 hazard pay, as well as a reduction in health care costs for employees.



• 130 employees participated in the Fitness Fanatics incentive program and more than 100 of those earned the quarterly **incentive** for meeting the walking/fitness goal.

**Exceeded** eight HRSA quality **measurements**, despite the pandemic

**modules** to include pregnancy, care management, dental integration, referral management and transitions of care.



Received our largest grant ever, \$4.4 million, to:

- Increase the number of **dieticians**
- Develop a transportation program
- Establish a care management program
- Create Betsy's Bra Bank
- Increase Reach Out and Read programs



Partnered with Miami Valley Housing Opportunities and purchased a new trailer, Project Clean, for street homeless patients to shower and do laundry at no-cost.



Piloted Produce Perks program with 59 pregnant patients who received free weekly produce from local farmers.



**Added Medically-Assisted Treatment** and Hepatitis C treatment for patients.

#### Community Awareness



Provided **COVID-19 vaccines** to **8,496 people**.



**Opened clinics** in St. Vincent Family **Shelter** and **Gem City Market**.

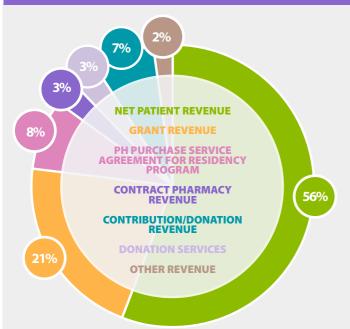


**Became the 2nd FQHC in Ohio** to pass the Utilization Review Accreditation Commission (URAC) for pharmacy, which allows FRHC to provide specialty medications to patients.



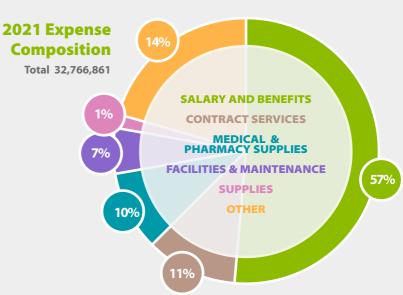
Raised \$1.35 million for the
Edgemont Campus, including donations from Delta Dental, Miami Valley
Association of Physicians of Indian
Origin, Centene Foundation, Physician's
Charitable Trust, CPPS Heritage Mission
Fund, DPL Foundation and other donors.

#### **Financial**



| Revenue Composition                                 |            | REVENUE<br>COMPOSITION |
|---|------------|------------------------|
| Revenue Source                                      |            |                        |
| Net Patient Revenue                                 | 21,626,848 | 56%                    |
| Grant Revenue                                       | 7,890,419  | 21%                    |
| PH Purchase Service Agreement for Residency Program | 3,052,825  | 8%                     |
| Contract Pharmacy Revenue                           | 1,218,108  | 3%                     |
| Contribution/Donation Revenue                       | 1,138,890  | 3%                     |
| Donation Services                                   | 2,829,327  | <b>7</b> %             |
| Other Revenue                                       | 614,655    | 2%                     |
| Total Revenue                                       | 38,371,072 |                        |
| Expenses  |            |                        |
| Total Operating Expense                             | 32,766,861 |                        |
| Net Income  | 5,604,211  |                        |

- Received SBA Paycheck Protection Plan loan forgiveness at 95% level for a total of \$2,677,919.
- Generated \$8.9 million in revenue from in-house and contract pharmacy, a 31% increase from 2020.
- Delivered 16,090 prescriptions to patients' homes, a 59% increase from the previous year.
- Recorded \$19,046,105 in patient service revenue.
- Received a Comprehensive Primary Care total cost of care payment for performance of \$1,243,293.





#### **Board of Trustees**

Amy Wiedeman Board Chair, retired montgomery county administrator, community volunteer

Dwight Brown BOARD SECRETARY, COMMUNITY MEMBER

Jo Bouchard COMMUNITY MEMBER

Rona Clark BOARD VICE CHAIR, COMMUNITY MEMBER

Tischa Coates COMMUNITY MEMBER

Jeff Cooper Health Commissioner Dayton & Montgomery
COUNTY PUBLIC HEALTH

Richard Goshay COMMUNITY MEMBER

Brenda Roman, MD WSU BOONSHOFT SCHOOL OF MEDICINE CHAIR DEPARTMENT OF MEDICAL EDUCATION

Nancy Schiffer BOARD TREASURER, COMMUNITY MEMBER

Paula Thompson Premier Health - Fidelity Health Care PRESIDENT & CEO

Dawn Walker COMMUNITY MEMBER

Diane Welborn OMBUDSMAN, DAYTON/MONTGOMERY COUNTY

#### **Administrative Team**

Gina McFarlane-El CHIEF EXECUTIVE OFFICER

Dr. Mamle Anim CHIEF MEDICAL OFFICER

Tara Roesch CHIEF FINANCIAL OFFICER

Diane Cummins CHIEF OPERATING OFFICER

Mindy Lindsey CHIEF PEOPLE OFFICER

#### **Contact Us**

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**DAYTON PUBLIC SCHOOL BASED HEALTH CENTER** 1923 W Third Street Dayton, OH (937) 965-8694

MAIN CAMPUS

DENTAL
INTERNAL MEDICINE

PEDIATRICS SPECIALTY CLINICS

WOMEN'S HEALTH

(937) 281-6800

**FAMILY HEALTH CENTER** 2261 Philadelphia Drive Dayton OH (937) 734-4141

**GEM CITY MARKET** 324 Salem Avenue, Suite 100 Dayton, OH (937) 813-4732

GREENE COUNTY HEALTH CENTER

360 Wilson Drive Xenia, OH (937) 708-3400

PHARMACY-FAMILY HEALTH CENTER

2261 Philadelphia Drive Dayton, OH (937) 802-9381

**SAMARITAN HEALTH CENTER** 921 S. Edwin C. Moses Blvd. Dayton, OH (937) 461-1376

**ST. VINCENT DE PAUL** 120 W. Apple Street, Suite C Dayton, OH 45409 (937) 496-5613

STAR PEDIATRICS 1659 W. Second Street Xenia, OH

TROTWOOD-MADISON SCHOOL BASED HEALTH CENTER 3594 N. Snyder Road Trotwood, OH (937) 960-4050



FiveRiversHealthCenters.org