



Habits of Mind

Cultivating Real Life Behaviors and Skills

What Are Habits of Mind?

These habits consist of 16 behaviors which will support communication, collaboration, responsiveness, resiliency, problem solving, citizenship, and innovation

| Habits of Mind | |
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|  <p>Thinking independently: Take your time! Think before acting. Remain calm, thoughtful, and deliberate.</p> |  <p>Thinking and communicating with clarity and precision: Be clear/force for accuracy in written and oral forms. Avoid overgeneralization, distortion, distortion, and exaggeration.</p> |
|  <p>Learning with understanding and empathy: (Understanding others) Decode things/situations to another person's thoughts and ideas. Make an effort to understand another's point of view and emotions.</p> |  <p>Using, managing, and assessing: Try a different way! Generate new ideas, fluency, and originality.</p> |
|  <p>Persistence: Stick to it! Persevere to completion. Remain focused. Look for ways to reach your goal when stuck. Don't give up.</p> |  <p>Responding with wonderment and awe: Have fun, having it our! Find the world awesome, mysterious and be intrigued with phenomena and beauty.</p> |
|  <p>Thinking flexibly: Look at it another way! Be able to change perspectives, generate alternatives, and consider others.</p> |  <p>Finding humor: Laugh a little! Find the whimsical in your world and unexpected. Be able to laugh at yourself!</p> |
|  <p>Striving for mastery and excellence: Check it yourself! Always do your best. Let high standards. Check and find ways to improve consistently.</p> |  <p>Thinking interdependently: Work together! Be able to work in and learn from others in reciprocal situations. Team work!</p> |
|  <p>Questioning and problem solving: How do you know? Have a questioning attitude. Know what data are needed and develop questioning strategies to produce those data. Find problems to solve.</p> |  <p>Taking responsible risks: Venture out! Be adventurous. Live on the edge of your competence. Try new things carefully.</p> |
|  <p>Gathering data through all senses: Use your senses/pothood! Pay attention to the world around you. Gather data through all the senses. Look, touch, smell, hear, and taste.</p> |  <p>Thinking about your thinking (Metacognition): Know your knowledge! Be aware of your own thoughts, strategies, feelings and actions and their effects on others.</p> |
|  <p>Applying and extending prior knowledge: Use what you know! Access prior knowledge. Transfer knowledge beyond the situation in which it was learned.</p> |  <p>Learning automatically: Have as much more to learn! Have humility and pride when admitting you don't know. Accept compliments.</p> |

Integrating Habits of Mind into the Curriculum

- The questions you should ask when unit planning are:
 - What processes do I want my students to practice and develop?
 - What thinking skills will be necessary to activate their mind?
 - How might I directly teach those thinking skills?

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