



**Inspired Instruction, LLC.**  
**Standards Solution Holding**

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# Conflict Resolution Lesson Plan

## Social Emotional Learning (SEL)

### Goal

To demonstrate effective ways to deal with and resolve conflicts

### Objective

Students will practice resolving conflicts using the conflict escalator/de-escalator model

### Materials

Copy of conflict cards cut apart\*

Copy of sample conflict escalator/de-escalator (one per group) \*

Markers

Chart paper

\*Consider laminating materials for future use

### Procedures

#### Whole Group

1. Discuss the definitions of the following words: conflict, resolution, escalate, de-escalate. Discuss the importance of teaching (or reviewing) conflict resolution.
2. Share the Conflict Escalator.
3. Ask students to brainstorm and then share how to identify the possible steps up or down the escalator.

#### Small Group

1. Divide students into small groups.
2. Give each group the completed escalator about Shanda and Tyrone.
3. Have each group discuss the following questions:
  - a. Why is there a conflict?
  - b. How do you think each person is feeling?
  - c. What choices did each person make to resolve the conflict?

- d. Did their choices escalate or de-escalate the conflict?
- e. What are some other ways the students could have resolved the conflict?
4. Ask each group to share one conclusion they drew.
5. Give each group 1 conflict card.
6. Ask the students to create a conflict escalator/de-escalator on chart paper. They can use the sample as a model.
7. When groups are finished, take the chart papers and hang them around the room.
8. Have students engage in a gallery walk so that they can see what each group determined to be effective and ineffective conflict resolution steps.

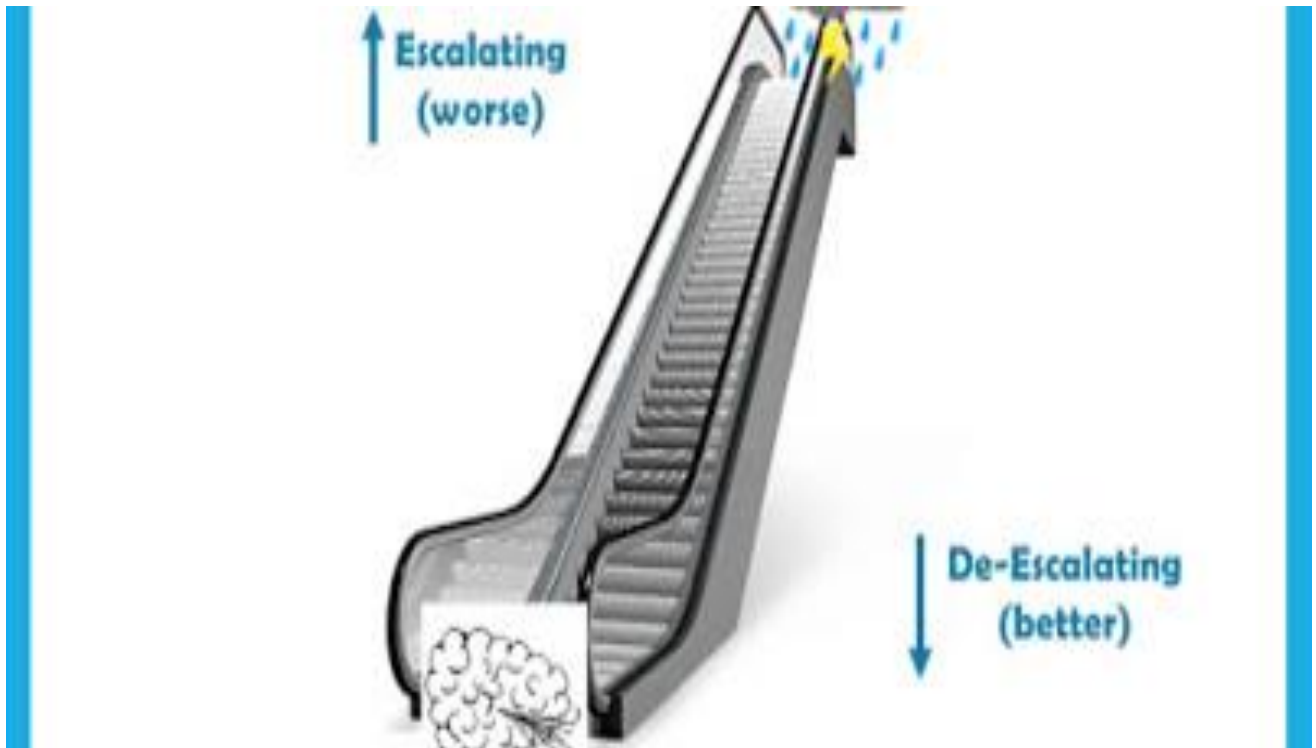
### **Conclusion**

1. Have each student complete an exit slip stating 1 or 2 things he/she learned from today's activity.

### **Extension Activity**

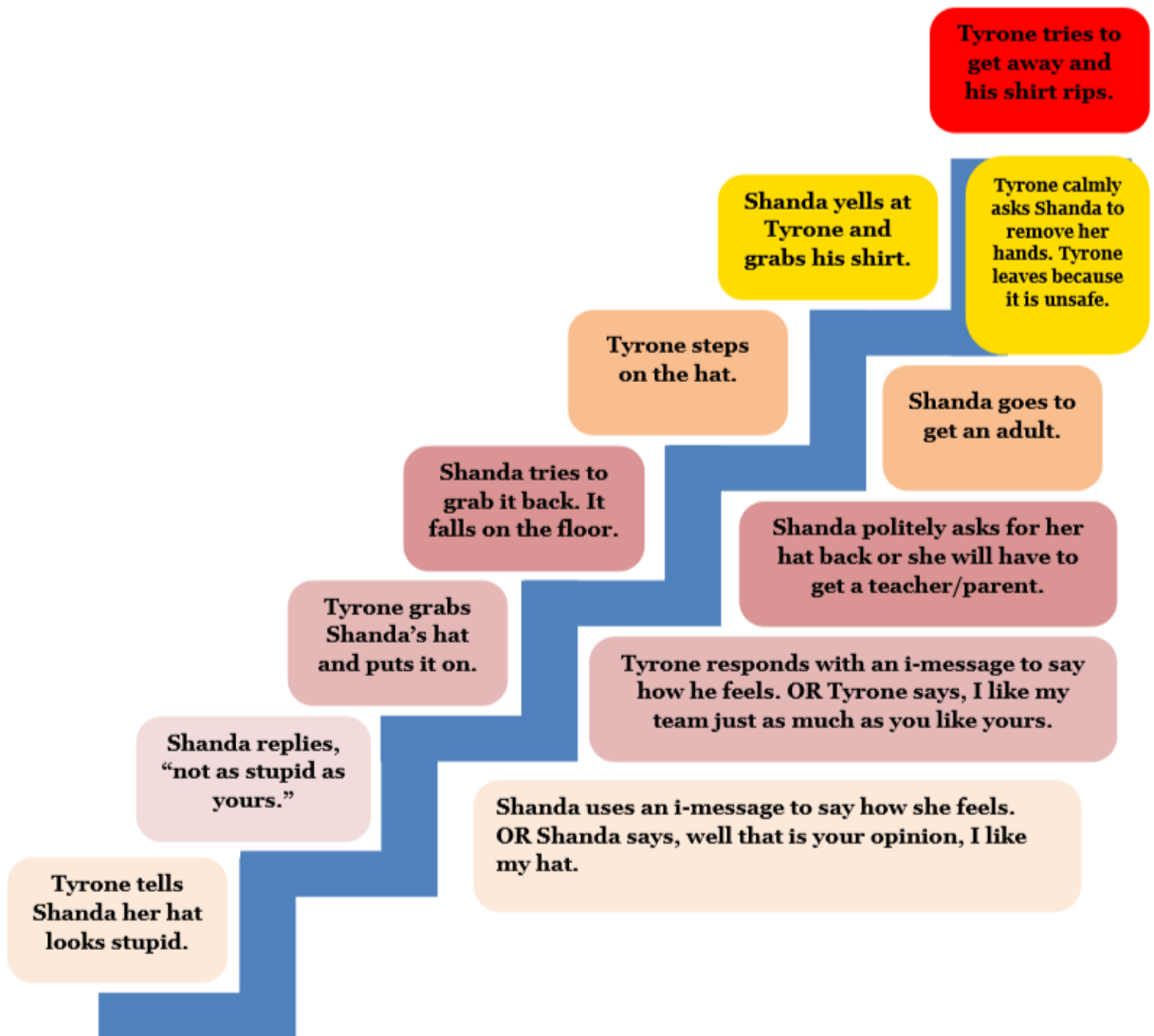
Have the students role play their conflict resolution steps instead of (or in addition to) the gallery walk.

## Conflict Escalator



Adapted from Elementary Perspectives 1 by William Kreidler. © 1990 Educators for Social Responsibility by the University of Maryland Francis King Carey School of Law Center for Dispute Resolution (CDRUM).

## Sample Completed Conflict Escalator



## Conflict Cards

Your trust has been betrayed by a friend.

You've been blamed for something someone else did.

A classmate makes a remark that you find offensive in a class discussion.

A friend keeps playing pranks on you and you don't think it's funny anymore.

A friend borrowed an expensive item and broke it.

A classmate won't let you speak during group work.