

# ALUMNI UPDATE

St. Dominic School

Fall, 2019



## Anne Spoeneman Cochran Class of 1973

*Singer-Songwriter*

According to singer Anne Cochran, she began to sing as soon as she began to talk. That gift for music stayed with her throughout her childhood and led her to a career in music that has spanned over three decades. Known for her smooth voice and gentle style, her music, both solo and with longtime collaborator Jim Brickman, has been on the U.S. Adult Contemporary Charts many times. She has performed duets with a multitude of performers, including Michael Bolton, and has been the vocalist for many well known orchestras. And to think she got started at St. Dominic School!

Anne says that from first grade on, she would raise her hand in music teacher Cal Stepan's class, to volunteer for any solo parts. Mr. Stepan, who was also the music director for the church, told one of the nuns that Anne had perfect pitch. The nun shared that with Anne's mother, and the rest is history.

It's no surprise that the highlight of her time at St. Dominic School was the St. Patrick's Day Show, now known as the St. Dominic Show. She couldn't wait to practice for it. Much like today's show, each class would perform a song and dance routine. Besides the show, Anne's favorite memory of her time at St. Dominic was when she played Lucy in *A Charlie Brown Christmas*, which was directed by her English teacher, Mrs. Emerson.

After St. Dominic, Anne went to Beaumont for a year, but then switched to Shaker Heights High School, where she became friends with Jim Brickman, now a Grammy-nominated songwriter and performer. Together, they formed a band and played all over Cleveland. She then continued her education at Case Western Reserve University, earning a B.A. in Theater/Acting.

Throughout her college years and beyond, she sang with a



Anne Cochran in 6th Grade

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Anne Cochran (cont.)

variety of bands - Top 40, R & B, Jazz Fusion - and those experiences helped her grow as an artist, which she says is important.

While raising a family - both of her sons attended St. Dominic School as well - she recorded ten albums and collaborated on an album with Jim Brickman. Her single, "Someone is Missing at Christmas" landed at number 11 on the adult contemporary charts in 2005. She also worked as a studio musician, recording radio and TV jingles. She says that she struggled with the decision to continue touring when her sons were in school, but she credits former principal Sister Mary Ann, who told her, "'Look, you have a God given talent and it would be a sin not to use it.'"

What Anne likes most about her career is performing live. She says, " There is nothing more exciting than the energy you feel from a live audience." She continues to tour and perform.

Her faith plays a big role in her life. She is a parishioner at St. Dominic and she says, "I believe that God is with me every moment of my life."

Her advice to anyone who wants to pursue a career in singing is to take advantage of any educational opportunity offered. She adds, "I would encourage an aspiring artist to take every opportunity to grow. I gained experience as a studio musician recording radio and TV jingles, my own compositions and other artists' material. The voice is my instrument, but I write lyrics and melodies, and collaborate with other songwriters."

To hear some of Anne's music, learn more about her tour plans, or read about her life in more detail, visit her website at [annecochran.com](http://annecochran.com).



## Reggie Flowers, Class of 2012

### Sports Entrepreneur

A lot of kids dream of working in sports as adults, but St. Dominic School graduate Reginald (Reggie) Flowers got a jump on the process by becoming a sports manager before he even finished college. A 2016 graduate from Benedictine High School and current senior at Notre Dame College, Reggie and his partner operate a business called Anth3m that specializes in talent management, digital marketing, content creation, and public relations for professional athletes. Their best known clients include Justin Layne of the Pittsburgh Steelers and Jared Cook of the New Orleans Saints.

Reggie always knew this was the occupation he wanted to get into, and he began working with athletes in college. His first couple of years, he was a runner for another company, helping them to recruit athletes. He says the best part of his job is "being able to help athletes with their off the field endeavors and actually opening their eyes to having a career off the field/court as well as a career on the field/court. I also love the fact that I'm able to travel and explore different parts of the country and potentially the world in the future."

During his time at St. Dominic School, Reggie did well academically and enjoyed playing football and basketball. He came to the school in 6th grade after Our Lady of Peace School closed. His favorite memory of his time at St. Dominic was when the basketball team, (see #24 in the picture below) played against many of his OLP classmates who were now at St. Stanislaus. Though his team lost, Reggie says the experience was great.

Reggie's recommendation for those interested in the sports talent industry is that they learn patience. He says, "Wait your turn because it won't be as easy as you think. Getting clients is harder than it seems, and always make sure you cover yourself. The industry can be shady and if you're uneducated you will get taken advantage of."

Reggie's faith is important to him. He says, "Faith plays a big part in my life. I will always keep God first as He leads my days and guides me when I have tough decisions to make. I thank Him for all the opportunities because without God I wouldn't be in the situation I am now." We are proud to call Reggie an alum of our school and we can't wait to see what else he accomplishes.

