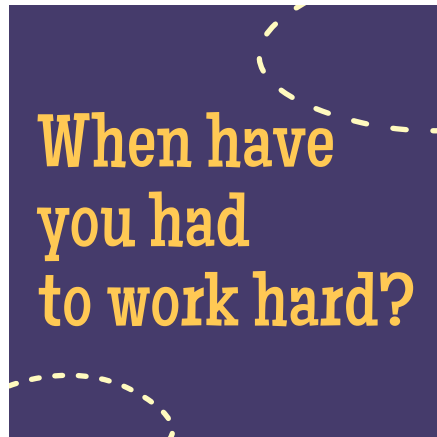


Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Handwriting lines for journaling the response to the question in the purple box.



Day 1

Go to Studio252.tv and watch this week's episode of The So & So Show.

Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked: _____

2. You learned: _____

3. You'd like to know: _____

Day 2

Read Proverbs 6:6-8

King Solomon, the wisest man who ever lived, tells us in Proverbs to consider the ant's ways to find wisdom.

Get a sheet of paper and draw an ant onto it. As you read Proverbs 6:6-8 again, write down some of the things Solomon mentions about the ant around the one you just drew. Then add to it anything else you know about ants and their hard work.

Hang your ant drawing somewhere you will see it this week, and start each day "considering the ant and its ways."

Day 3

Look at the picture you drew yesterday and all the things you listed about the ant.

What can you learn about hard work and responsibility from these tiny creatures?

Now think about an area of your life where you struggle to work as hard as you know you should. What would it look like to apply the characteristics of the ant to your situation? Talk to God about it, and ask Him for wisdom to help you know how you can work harder, the strength to work hard, and the responsibility to follow through.

Day 4

When have you had to work hard?

Find a friend or parent and ask them to step outside with you and find an ant. It shouldn't be too hard—there are over one million ants on earth for every single human! That's roughly 10,000,000,000,000,000 ants!

As you watch the ant hard at work, talk with each other about your observations. Share why it's sometimes really hard to work really hard. Ask your friend or parent about a time when they've had to work hard, and open up about one area in particular that you sometimes struggle to work as hard as you know you should. Come up with a plan for how you will work hard in that particular area this week, and ask your friend or parent to check back in with you in a few days to see how it's going and if you're following through.



Day 5

What is the hardest part about working hard for you?

Maybe you struggle with follow-through. Imagine how bad it would be for the ant if it stopped gathering food before getting enough for the winter!

Or maybe you have a hard time getting motivated to get started? Think of the ant lifting objects 50 times its weight—you can do this!

Figure out what your particular holdup is and come up with a plan to help you work hard like the ant.

If you struggle with...

Getting started → Setting an alarm

Following through → Breaking down the task into smaller steps

When things get hard → Asking a friend to check in and encourage you

Completely finishing a task → Giving yourself a reward for finishing

Circle the one or two things that are the hardest for you, and then take the action step (or come up with your own!). Repeat this process any time you have to do something hard, and before you know it, you'll be giving the ant a run for its money!