

The Pantheon Rules: COVID-19 Edition

We can't wait to welcome you to The Pantheon. Before you walk through the doors, though, we want to share our rules of engagement for everyone in the building.

Self-Monitor for Common COVID-19 Symptoms

The Pantheon is asking everyone to self-monitor for common COVID-19 symptoms. If you experience any of the following symptoms, even if you assume they are not COVID-19 related (e.g. seasonal allergies or common cold), please stay home until you are symptom-free.

- Cough
- Shortness of breath
- Fever*
- Chills
- Muscle pain
- Sore throat
- Loss of taste or smell

*Everyone is expected to self-check their temperature daily at home before they come to the building. If your temperature is higher than **100.4 degrees F**, please stay home. Please remain home until at least 24 hours after your fever ends (check your temperature without the use of fever-reducing medicines, such as ibuprofen or acetaminophen).

The Pantheon will have a contactless forehead thermometer available for anyone who would like to voluntarily self-check his/her temperature throughout the day. Please ask a staff member for help.

The CDC recommends [everyday preventive actions to help reduce the spread of this illness](#):

- Wash your hands often
- Avoid close contact
- Avoid close contact with people who are sick inside your home
- Put 6 feet of distance between yourself and other people who don't live in your household
- Cover your mouth and nose with a cloth face cover when around others
- Cover coughs and sneezes
- Clean and disinfect
- Monitor your health daily

- Be alert for symptoms of fever, cough, shortness of breath

COVID-19 Testing Sites

For information about COVID-19 testing sites, please check out this [list provided by the Indiana State Department of Health](#).

While Working at The Pantheon

When you arrive at The Pantheon, please note the following protocols.

1. The doors will be unlocked Mon - Friday (8 am - 6pm) otherwise locked. Please use your digital key every time you enter the building. (We are in the process of finalizing our lock system so please note this is not available to members currently). This will allow staff to track who is in the building, so we can keep track of usage and ensure we're staying within our phase capacity limits.
2. Wash your hands (with soap or hand sanitizer) every time you enter or leave the building.
3. Everyone will wear a face mask when at The Pantheon. If you do not have a face mask, we will have a supply available for members. You do not have to wear your mask when sitting at your desk alone. If you are talking to someone or you move from your desk, you will need to put your mask back on. Masks must be worn in the meeting rooms, restrooms, and all other spaces away from your desk. Members in private offices should wear masks when talking or sitting closer than 6 feet. You do not need to wear a mask if you are in the phone booths, or in the meeting room by yourself.
4. There will be hand sanitizers located throughout the building. Please clean a space before and after you use it.
5. Please bring your own dishes. Coffee is made by staff. Please bring your own mug.
6. "Safety check!" reminders will be posted throughout the building. Please help us create an environment of shared concern for everyone's health.

Reminders: Please wash your hands for 20 seconds after you touch your face, use the bathroom, or visit a common area. Please cough or sneeze into your elbow or a tissue--and be mindful that coughing and sneezing may be symptoms. If you have to cough or sneeze more than occasionally, stay home. Be mindful of other people's space, and stay at least 6 feet away from your coworkers.

The Pantheon is working hard to keep our space clean, safe, and healthy for all our members. These measures are only the beginning. If you have feedback or suggestions, please bring them to a staff member. We will do all we can to help.