

PHILIPS

RESPIRONICS

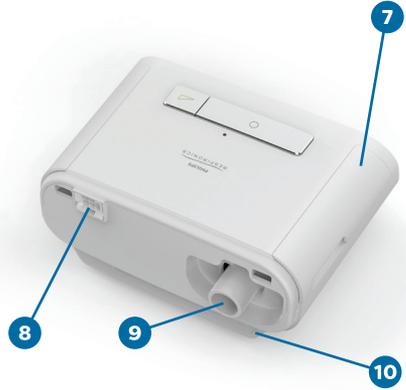
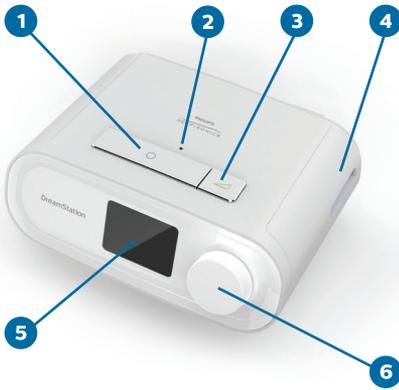
DreamStation

Sleep therapy system

Patient welcome guide

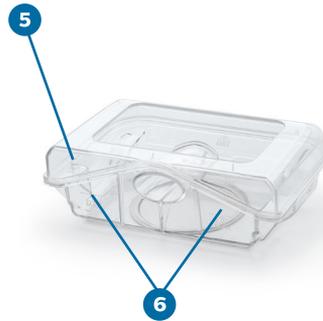
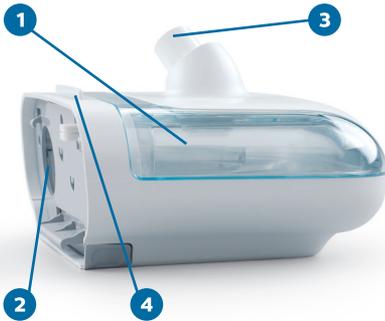


Device and humidifier overview



Device feature

- | | |
|----------------------------------|---------------------------|
| 1. Therapy On/Off button | 6. Control dial |
| 2. Ambient light sensor | 7. Door, accessory access |
| 3. Ramp button | 8. Humidifier connector |
| 4. Door, SD card & filter access | 9. Air outlet port |
| 5. Display screen | 10. Power inlet |



Device feature

- | | |
|--------------------|---------------------------------|
| 1. Humidifier | 4. Humidifier lid release latch |
| 2. Air inlet port | 5. Water tank |
| 3. Air outlet port | 6. Maximum fill lines |

Setup

Your DreamStation sleep therapy system comes with the device, power supply with AC cord, flexible tube and an optional heated humidifier.



1

Apply power

Plug one end of the AC cord into the power supply, and the other end into an electrical outlet. Plug the green power supply connector into the green power inlet on the therapy device.



2

Access the humidifier water tank

Slide the humidifier lid release latch toward the therapy device and lift up on the humidifier lid until it is completely open.



3

Fill the humidifier water tank

Lift the tank out of the humidifier base. Rinse the tank with tap water before your first use. Then fill the tank with distilled water up to the maximum fill line.



4

Replace water tank

Carefully replace the water tank into the humidifier and close the humidifier lid until it snaps shut.



5

Attach the tube and mask

Attach the flexible tubing to the outlet port on the top of your humidifier, or on the back of your therapy device if you are not using a humidifier. Connect the other end of the tubing to your mask and headgear.



6

Starting/stopping therapy

To start or stop therapy, press the therapy on/off button.

Caution: US federal law restricts these devices to sale by or on the order of a physician. Warning: see user manual for complete instructions.

Navigating in the menu

When therapy is on:



Therapy pressure screen

Device feature

1. Therapy pressure
2. Adjustable tube temperature setting
3. Adjustable humidifier setting
4. Enabled features

Humidifier settings

While the device is delivering therapy, you can adjust tube temperature or humidifier settings. Rotate the control dial to choose either setting. Press and rotate the dial to change the setting.

When therapy is off: in the patient menu, you can choose between the following screens. Only the menus available and enabled on your device will display.



My Info

This menu provides summary statistics of your therapy use.



Preheat (if available)

This function lets you warm up your humidifier for 30 minutes before starting a therapy session.



My Provider

This menu contains information that your provider may direct you to read to them so they can better assist you over the phone.



My Setup

This menu contains comfort settings that you can adjust as needed.

Caring for your DreamStation

Cleaning your DreamStation

DO NOT immerse the device in any fluids.

- Unplug the device, then wipe the outside of the device with a cloth slightly dampened with water and a mild detergent.
- Let the device dry completely before plugging in the power cord.

Cleaning the tubing

Clean the flexible tubing before first use and daily.

- Disconnect the flexible tubing from the device.
- Gently wash the tubing in a solution of warm water and a mild detergent. Rinse thoroughly. Air dry. Inspect the tubing for damage or wear.
- Refer to the humidifier manual for the instructions on how to clean the optional heated tube.

Caring for the filters

Note: The disposable, light-blue ultra-fine filter should be replaced after 30 nights of use, or sooner if it appears clogged. DO NOT rinse the light-blue ultra-fine filter.

Caution: Clogged inlet filters may cause high operating temperatures that may affect device performance. Regularly examine the inlet filters as needed for integrity and to check for accumulated debris.

- If the device is operating, stop the airflow. Disconnect the device from the power source.
- Remove the filter(s) from the device.
- Take the reusable filter to a sink, turn it upside down, and run warm tap water through the white middle portion of the filter to rinse away any debris.
- Shake the filter to remove as much water as possible.
- Allow the filter to air dry completely before reinstalling it. If the filter is damaged, replace it. (Only Philips Respironics-supplied filters should be used as replacement filters.)
- Reinstall the filters.



Warning: see user manual for complete instructions.

Mask options

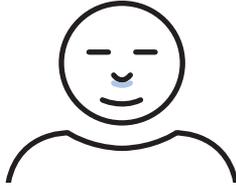
A comfortable, well fitted mask is one of the key factors to therapy success.

With innovative cushion designs for excellent seal and comfort, our Philips Respiroics masks help CPAP users get the sleep they deserve.



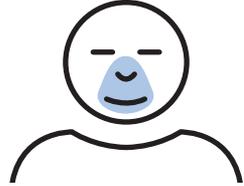
Nasal masks

Nasal masks are generally smaller and lighter than full face masks and may be better for higher air pressure than minimal contact masks.



Pillows masks

These masks may be a good solution if you feel claustrophobic, if you are an active sleeper, or if you have facial hair that interferes with other masks.



Full face masks

This mask may be ideal if you suffer from nasal obstruction or frequent congestion from allergies or cold symptoms. It's also suitable if you continue to breathe through your mouth at night.



DreamWear
Nasal mask



DreamWear
Gel pillows mask



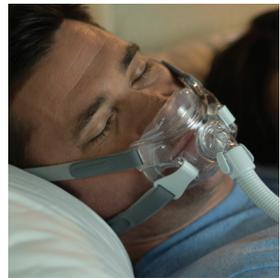
DreamWear
Full face mask*



Wisp
Minimal contact
nasal mask



Nuance and Nuance Pro
Pillows mask



Amara View
Full face mask

For more information contact your provider or visit [sleepapnea.com](https://www.sleepapnea.com)

*Availability may vary

DreamStation accessories



CPAP battery kit

Lithium ion battery with integrated uninterruptible power supply (UPS) for DreamStation therapy device.



DreamStation travel case

The DreamStation travel case* gives patients a convenient, compact, and discreet way to travel with their DreamStation sleep therapy system and supplies.



CPAP travel briefcase

The CPAP travel briefcase** gives patients an all-in-one carrying option that accommodates most CPAP therapy systems and humidifiers, a laptop, and other small items.

For more information contact your provider or visit sleepapnea.com/products/accessories/travel-accessories

DreamStation Go portable travel CPAP machine



DreamStation Go

DreamStation Go is an indispensable travel partner, packing powerful performance into a light, streamlined package.



Heated humidifier

Water-based heated humidifier that conveniently uses tap, bottled, or distilled water.***



Optional overnight battery

Compact and lightweight with a recharge time of just 4-5 hours.

For more information contact your provider or visit sleepapnea.com/dreamstationgo

*DreamStation, mask, and tubing not included. The case accommodates the Philips Respironics DreamStation sleep therapy system (blower only, no humidifier), the patient's mask and tubing, a 65W power supply w/ USB port, and a removable luggage strap.

**DreamStation, power supply and tubing not included. The briefcase accommodates most CPAP therapy devices and accessories and standard-size laptop computers.

***In areas with very hard water, it is recommended that you use distilled or bottled water.

Your replacement schedule

The replacement schedule provided below are general guidelines for CPAP therapy equipment. Everyone's insurance replacement schedule will vary. Please check with your home care provider to determine what your insurance coverage allows.

Equipment	Schedule	My insurance plan
Mask	1 per 3 months	_____
Nasal replacement cushion	2 per month	_____
Pillows replacement cushion	2 per month	_____
Full-face cushion	1 per month	_____
Headgear	1 per 6 months	_____
Tubing (standard or heated)	1 per 3 months	_____
Filter disposable	2 per month	_____
Filter reusable	1 per 6 months	_____
Water chamber	1 per 6 months	_____
Therapy device	1 per 5 years	_____

Keep a record of your CPAP information

Your provider name: _____ Number: _____

Device name and serial number: _____

Humidifier serial number: _____

CPAP settings: _____ Flex (if applicable): _____ Ramp: _____

Mask name and size: _____

Setup date: _____

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