



Invited

LENT 2021



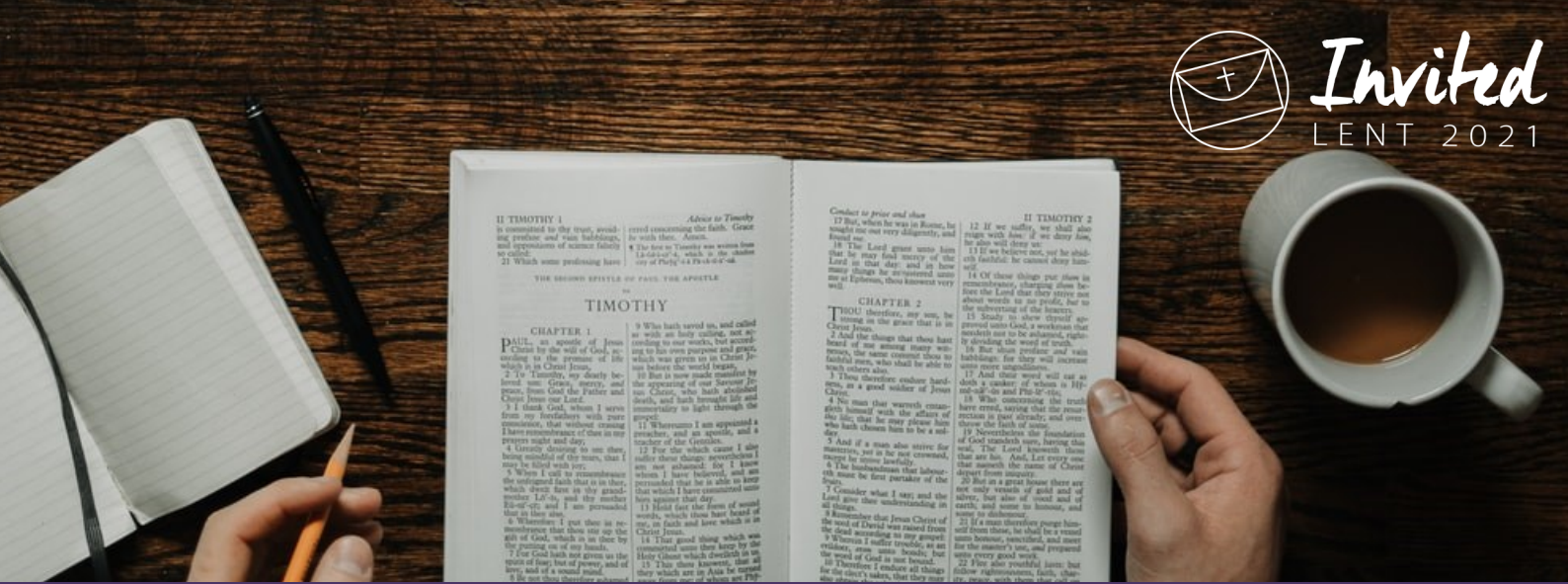
Week Three—Light Journal Prompt Questions

- I imagine Jesus is sitting here with me now. I tell him what I want to say to him. What do I hear Jesus saying to me in reply?
- Do I believe that what Jesus has done is Good News?
- Do I genuinely believe that Jesus has paid for my sins? That with his mercy and grace that I will receive more and more from God and that I will sin less?
- What do I need to bring to the Sacrament of Reconciliation?

This past year has been a difficult time to receive the sacrament of Reconciliation, but it is a great opportunity to personally meet with Our Lord's mercy in an intimate way. We hope this last question will inspire you to seek out the sacrament if you can, and to experience the joy of being united with the one who loves you. And if you haven't been for a long time – do not be afraid – just tell the priest and he will guide you, with such joy in his heart, because a child was lost, and now they are found!



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Scripture Reflection Prompts

Week Three—Ephesians 2:4-10, John 3:14-21

- Spend a few moments to reflect on the following “*God loves you so much, that He gave His only Son for you*”. How does this make you feel?
- “We are God’s work of art, created in Christ Jesus to live the good life” Do you find it hard to believe this? Why?
- “The light has come into the world” All darkness is destroyed in light. How do we /can we allow God’s light into our lives?

Guidance for small group conversations

You may have a facilitator in your group, if this is the case you can relax and count on them to help guide the conversation

If you find yourselves without a facilitator—don’t panic! We all have something in common—we are children of God, and we can share our thoughts and stories with each other without fear of judgement. To begin with, introduce yourselves... and then let the conversation flow from there. Use the reflection prompts if you need to, but enjoy allowing the Holy Spirit to take the lead—you will be amazed where you end up!

Give each other space to share. If you find you are doing a lot of talking, why not pose a question to allow others a chance to get involved? And be patient.... Research shows it takes about six seconds of thinking time to answer a question—especially when thinking about deep issues! This also allows people who are perhaps a bit shy the opportunity to speak.

Love

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Listen

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Laugh