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Medications Safe in Pregnancy

Medicamentos Que Puede Tomar Durante el Embarazo

Prenatal Vitamins with DHA Daily / Vitamina Prenatal Con DHA Diario

Headache/Body aches / Para dolor de cabeza o cuerpo
Tylenol/Acetaminophen (max does/maximo doses- 1,000mg every 8 hours)

Heartburn / Para acidez del estomago
Mylanta, Maalox, Ripoan, Tums, Roloids, Prilosec

Hemorrhoids / Para las hemorroides
Tucks, Anusol (Suppositories/Cream) Preparation H (Suppositories/Cream)

Congestion (Flu/Cold) / La Congestion (La gipa)
Vicks vapor, Tylenol Cold, Triaminic (Syrup/Tablets), Saline nose drips, Sudafed

Yeast Infection / Infection de hongo
Monistat 7, Gyne-Lotrimin

Allergies / Alergies
Benadryl, Claritin D, Allegra D, Zyrtec D

Nausea/Vomiting / Para la nausea y vomito
Emetrol, Vitamin B6 (25 - 75mg/Day), Ginger

Diarrhea / Diarrhea
Kaopectate, Imodium A-D

Constipation / Para el estreñimiento
High fiber diet/ dieta alta en fibra, Increase fluid intake/Aumentar líquidos, Metamucil, Perdiem, Milk of Magnesia, Stool softeners: Colace, Ducolax

Sore Throat / Para el dolor de garganta
Throat lozenges, Tylenol/Acetaminophen (max does- 1,000mg every 8 hours)

Cough / Para la tos
Cough drops/lozenges, Robitussin (CF or DM), Triaminic (expectorant/DM)

Itching/Irritation / Picazón/Irritación
Hydrocortison cream OTC, Benadryl