

## **Abilene Surgery Center, LLC**

### **Prescribed Medications**

**Norco 5/325 mg/Tramadol 50mg** tablets – Pain medicine, combination of hydrocodone and acetaminophen in tablet form to be taken by mouth. May cause upset stomach, dizziness, constipation. Take only as needed for pain every 4-6 hours, with food.

**Phenergan** 25mg tablet – An antihistamine used to treat nausea and pain after surgery. May cause drowsiness, dizziness, dry mouth. DO NOT DRIVE while taking Phenergan. Take only if needed every 6 hours, by mouth, for nausea.

**Vigamox/Zymar/Tobramycin/Oxafloxacin Eye Drops** – Antibacterial agent. Instill 1 drop in operative eye 4 times a day, until your doctor tells you to stop.

**Cipro** 500mg tablet – Antimicrobial agent (broad spectrum). Take 1 tablet by mouth twice a day for 7 days. May cause drowsiness and dizziness, DO NOT DRIVE if you experience drowsiness. May take with or without food.

**Durezol .05% Eye Drops / Pred-Forte 1% Eye Drops** – A steroid medicine, used to treat eye pain and swelling after eye surgery. Instill 1 drop in the operative eye 4 times a day until your doctor tells you to stop. May cause temporary blurring of vision after instillation. DO NOT WEAR CONTACT LENSES while you are using Durezol or Pred-Forte.

Please read medication insert from your pharmacy for more detailed information on the above medications.

### **EYE DROP INSTILLATION INSTRUCTIONS**

- **First wash your hands. Tilt your head back and press a finger gently on the skin just beneath the lower eyelid, pull the lower eyelid away from the eye to make a space. Drop one drop of the medicine into this space. Let go of the eyelid and gently close the eye. Do not blink. Keep the eye closed and apply pressure to the inner corner of the eye with your finger for 1-2 minutes, to allow the medicine to be absorbed by the eye.**
- **If you think you did not get the drop of medicine into your eye properly, use another drop.**
- **Immediately after using the eye drops, wash your hands to remove any medicine that may be on them.**
- **To keep the medicine as germ-free as possible, do not touch the applicator tip to any surface (including the eye). Always keep the eye drop medicine tightly closed.**
- **Wait at least 5 minutes before instilling a different eye drop.**