



## Goals and Aspirations

A **goal** is defined as the object of a person's ambition or effort; an aim or desired result. An **aspiration** is a hope or ambition of achieving something. What are your goals and aspirations for yourself and your children? What are you doing to achieve them? Who is helping you on your journey? What stumbling blocks are causing you to struggle? What accomplishments are making it easier for you to achieve your goals?

Remember, we are here to help you in your quest to achieve your goals and dreams. Do not hesitate to reach out to us. 417-501-8867.

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**-Check Out This Video-**

## Tell Them Now!



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### - Helpful Resources -

- [File for Unemployment Benefits](#)
  - [Special Unemployment Link for COVID-19 crisis](#)
  - [Legal Services of Southwest Missouri](#)
  - [Child Support questions? Contact Ra'shad Hibler-Family Support Division 573-751-0980](#)
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## Mentoring: A Life-Changing Experience

- If you are interested in having a mentor, or if you are interested in being a mentor, please contact Lisa at the Good Dads office. She will assist you in making the connection.

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### - NPGD SPOTLIGHT -

*Inspiration From New Pathways Dads*

#### Meet Troy Koontz

When Troy was 12 years old, he tried drugs for the first time. It didn't take long for him to be hooked. Troy was an active user for 37 years. During his drug use, he was blessed with two sons. His sons meant the world to him, but he still couldn't quit using drugs. Eventually Troy's sons had children of their own. Troy said, "The worst feeling in the world was when I couldn't be in their lives." Just over five years ago, Troy recognized that a change needed to be made, and he got sober. He has slowly been working his way back into the lives of his children and grandchildren. Troy thanks God for the New Pathways for Good Dads program offered at his treatment center. He was fortunate to meet Dr. Baker and get enrolled in the NPGD. Through NPGD Troy has been able to begin the process of being a grandfather to his grandchildren and restoring his relationship with his sons. He stated, "I am blessed to have them and the Good Dads

program on my side. Thank you from the bottom of my heart!"

## **Congratulations Troy!**



Troy, with his dad, Lloyd, and his son, John

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*New Pathways for Good Dads*  
**- Upcoming Classes -**

More Fatherhood Development classes and Within My Reach relationship classes are on the horizon. If you or someone you know is interested in the FDC or the WMR please contact the Good Dads office. We will add you to our upcoming class lists.

For more information or to enroll, call the Good Dads office at 417-501-8867.

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*This Week's Featured*  
**- Good Dads Podcast -**

**E360 DAD vs DAD - Kirk vs Michael**

Kirk Cocanougher vs Michael Vaughn compete in "DAD vs DAD," which is a list of dad jokes. Whoever laughs the most... loses.

*Click below to listen to an episode on [iTunes](#), or search on any other favorite podcast player - we're on [Google Play](#), [Stitcher](#), [Spotify](#), [TuneIn](#), and more.*



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**- Check this out!-**  
**A camp experience for the whole family!**

(And it is free for NPGD men and their families!)

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THE SCREENS.**

**TURN OFF THE  
TELEVISION.**

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