

## Peachy Cool Yogurt and Granola Parfaits

### Ingredients

2 - Six ounce containers vanilla or peach low fat Greek yogurt.  
4 - medium fresh peaches peeled, pitted and cut into cubes. Canned (drained) or frozen peaches may also be used.  
3/4 cup granola.  
Optional- chopped walnuts, pecans or almonds.  
Garnish with peach wedge if desired.



### Instructions

1. Divide one six-ounce container of yogurt among 4 glasses or cups. Top with half the granola. Divide the cubed peaches among the glasses or cups, top with remaining six-ounce container of yogurt, nuts and remaining granola. garnish as desired

Photo and recipe adopted from <https://bunnyswarmoven.net/>